

## RSE and PSHE CYCLE Year R

Week	Autumn		Spring		Summer	
	1	2	1	2	1	2
1		Unit 3: Emotional Well-Being Session 1 I like, you like, v	Unit 1: Religious Underst Session 1 Role Model		Unit 1: Religious Understan Session 1 God is love	Unit 2: Living in the Wider World Session 1 Me, you, us
2	New term welcome week	Session 2 Good feelings bad feelings		Unit 3: Keeping Safe Session 1 Safe inside and out	Session 2 Loving God loving others	
3	Unit 1: Religious Understanding Session 1 The story of creation	14 <sup>th</sup> -18 <sup>th</sup> Nov- Anti-Bullying Week  18 <sup>th</sup> Nov- Children in Need	Unit 2: Personal Relationships Session 1 Who's who?	Session 2 My body my rules		
4	Unit 2: Me, My Body, My Health Session 1 I am me	Session 3 Let's get real	Session 2 You got a friend in me	Session 3 Feeling Poorly		
5	Session 2 Head, shoulders, knees and toe	Unit 4: Life Cycles Session 1 Growing up	6 <sup>th</sup> -12 <sup>th</sup> Feb- Children's Mental Health Week  7 <sup>th</sup> Feb- Internet Safet	Session 4 People who help us		
6	Session 3 Ready Teddy  10 <sup>th</sup> Oct- Wear Yellow- Mental Health		Session 3 Forever Friends			Transition
7						
8						

*Change 4 Life- January and July*

*Global Money Week - June*

*Climate Change Week- July*