

RSE and PSHE CYCLE

Year 5

Week	Autumn		Spring		Summer	
	1	2	1	2	1	2
1	New term welcome week	Sharing- isn't always Caring Module 2 Unit 3 Lesson 1	Living in the wider world One world Lesson 2	The Trinity Module 3 unit 1 lesson 1	Living in the wider World Aiming High Lesson 1	Calming the Storm Unit 2 Me, my body, my health Session 1
2	Is God Calling You Module 2 lesson 1	Cyberbullying Module 2 Unit 3 Lesson 2	Living in the wider world One world Lesson 3	Catholic Social Teaching Module 3 Unit 1 lesson 2	Living in the wider World Aiming High Lesson 2	Calming the Storm Unit 2 Me, my body, my health Session 2 & 3
3	Under Pressure Module 2 Unit 2 lesson 1	14 th -18 th Nov- Anti-Bullyi Week 18 th Nov- Children in Need	Living in the wider world One world Lesson 4	Reaching Out Module 3 Unit 2 lesson 1	Living in the wider World Aiming High Lesson 3	Emotional Well being Unit 3 Sessions 1,2,3 and 4
4	Do you want a piece of Cake? Module 2 Unit 2 lesson 2	Types of abuse Module 2 Unit 3 Lesson 3	Living in the wider world One world Lesson 5 Lesson 5		Living in the wider World Aiming High Lesson 4	Leavers preparation/ Moving on Unit 4 Life Cycles
5	Self-Talk Module 2 Unit 2 lesson 2	Impacted Lifestyles Module 2 Unit 3 Lesson 4	6 th -12 th Feb- Children's Mental Health Week 7 th Feb- Internet Safety		Living in the wider World Aiming High Lesson 5 and 6	Leavers preparation/ moving on
6	10 th Oct- Wear Yellow- Mental Health	Making Good Choices Module 2 Unit 3 Lesson 5	Living in the wider world One world Lesson 6			Leavers preparation/ moving on
7		Living in the wider world One world lesson 1 Giving Assistance Module 2 Unit Lesson 6				
8						

Global Money Week - June

Climate Change Week- July