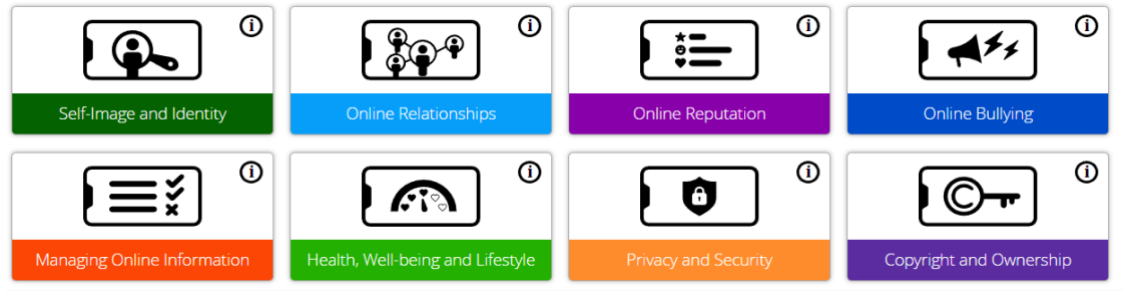




St Matthew's Catholic Primary School
Internet Safety Overview 2023



Internet Safety Overview	Year R	Yr 1	Yr 2	Yr 3	Yr 4	Yr 5	Yr 6
Autumn 1	Health wellbeing and lifestyle	Health wellbeing and lifestyle	Health wellbeing and lifestyle	Health wellbeing and lifestyle	Health wellbeing and lifestyle	Health wellbeing and lifestyle	Health wellbeing and lifestyle
Autumn 2		Privacy and security	Privacy and security	Privacy and security	Privacy and security	Privacy and security	Privacy and security
Spring 1	Online relationship - Trust	Online relationships	Online relationship Online bullying	Online relationships Online bullying	Online relationships Online bullying	Online relationships Online bullying	Online relationships Online bullying
Spring 2	Copyright and ownership	Copyright and ownership	Copyright and ownership Reliability of information	Copyright and ownership Reliability of information	Copyright and ownership Reliability of information	Copyright and ownership Reliability of information	Copyright and ownership Reliability of information
Summer 1				Self-image and identity	Self-image and identity	Self-image and identity	Self-image and identity
Summer 2			Online reputation	Online reputation	Online reputation	Online reputation	Online reputation



St Matthew's Catholic Primary School
Internet Safety Overview 2023
Year 1



1	Health, wellbeing and lifestyle	To identify rules that keep us safe and healthy in and beyond the home when using technology. To give examples of these rules	
2	Privacy and Security	To identify some simple examples of my personal information (e.g. name, address, birthday, age, location) To describe the people, I can trust can share this information with. I can explain why I can trust them. To start to recognise more detailed examples of information that is personal to me (e.g., where I live, my family's name, where I go to school).	
3	Online relationships	To recognise some ways in which the internet can be used to communicate To give examples of how I might use technology to communicate with people I know	
4	Copyright and ownership	To know that work I create belongs to me. I can name my work so others know it belongs to me.	



St Matthew's Catholic Primary School
Internet Safety Overview 2023
Year 2



1	Health, wellbeing and lifestyle	To begin to identify rules that keep us safe and healthy in and beyond the home when using technology.	
2	Privacy and security	To begin to explain why I should always ask a trusted adult before sharing any information about myself online. To begin to explain how passwords are used to protect information and devices.	
3	Online relationships & bullying	To use the internet with adult support to communicate with people I know. To explain why it is important to be considerate and kind to people online. To start to recognise how people can be unkind online.	
4	Copyright and ownership	To explain why work I create using technology belongs to me - e.g. It's my idea, I designed it. To save my work so others know it belongs to me (e.g. filename, name on content).	
5	Reliability of information	To begin to question the reliability of information	
6	Online reputation	To begin to understand that information can be stored online and copied. To describe what information, I should not put online without a trusting adult's advice first.	



St Matthew's Catholic Primary School
Internet Safety Overview 2023
Year 3



1	Health, wellbeing and lifestyle	<p>Digital 5 a day (be mindful, give to others, get creative, connect, be active)</p> <p>To describe and explain some rules for keeping my information private.</p> <p>To identify rules that keep us safe and healthy in and beyond the home when using technology and I can give simple examples.</p> <p>To explain why spending too much time using technology can sometimes have a negative impact on me; I can give some examples of activities where it is easy to spend a lot of time engaged (e.g. games, films, videos).</p> <p>To give simple guidance for using technology in different situations and settings. I can say how those rules/guidelines can help me.</p>	
2	Privacy and security	<p>To describe and explain some rules for keeping my information private.</p> <p>To identify some simple examples of my personal information (e.g. name, address, birthday, age, location)</p> <p>To describe the people, I can trust can share this information with. I can explain why I can trust them.</p>	
3	Online relationships	<p>To describe ways people who have similar likes and interests can get together online.</p> <p>To explain some of the risks of communicating online with others I don't know well.</p> <p>To explain why I should be careful who I trust online and what information I can trust them with.</p> <p>To explain how my and other people's feelings can be hurt by what is said or written online.</p> <p>To explain why I can take back my trust in someone or something if I feel nervous, uncomfortable or worried.</p> <p>To give examples of how to be respectful to others online.</p>	
4	Online Bullying	<p>To describe how people can be unkind online</p> <p>To give examples of how this can make others feel</p> <p>To describe how to behave online in ways that do not upset others and can give examples</p> <p>To give examples of bullying behaviour and how it could look online.</p> <p>To understand how bullying can make someone feel.</p> <p>To talk about how someone can/would get help about being bullied on or offline.</p>	
5	Copyright and ownership	<p>To describe why other people's work belongs to them.</p>	

6	Reliability of information	To question the reliability of information	
7	Self-image and identity	To explain what is meant by the term 'identity'. To explain how I can represent myself in different ways online. To explain ways in which and why I might change my identity depending on what I am doing online (e.g. gaming; using an avatar; social media). To explain how other people's identity online can be different to their identity in real life.	
8	Online reputation	To identify ways that I can put information on the internet.	



St Matthew's Catholic Primary School
Internet Safety Overview 2023
Year 4



1	Health, wellbeing and lifestyle	<p>Digital 5 a day (be mindful, give to others, get creative, connect, be active)</p> <p>To identify rules that keep us safe and healthy in and beyond the home when using technology and I can give simple examples.</p> <p>To explain why spending too much time using technology can sometimes have a negative impact on me; I can give some examples of activities where it is easy to spend a lot of time engaged (e.g. games, films, videos).</p> <p>To give simple guidance for using technology in different situations and settings. I can say how those rules/guidelines can help me.</p>	
2	Privacy and security	<p>To explain what passwords are and can use passwords for my accounts and devices.</p> <p>To describe and explain some rules for keeping my information private.</p> <p>To describe how online information about me can be seen by others.</p> <p>To explain how many devices in my home could be connected to the internet and can list some of those devices.</p> <p>To understand that games and films have age ratings and what that means.</p>	
3	Online relationships	<p>To explain why I should be careful who I trust online and what information I can trust them with.</p> <p>To explain how my and other people's feelings can be hurt by what is said or written online.</p> <p>To explain why I can take back my trust in someone or something if I feel nervous, uncomfortable or worried.</p> <p>To explain what it means to 'know someone' online and why this might be different from knowing someone in real life.</p> <p>To explain what is meant by 'trusting someone online'. I can explain why this is different from 'liking someone online'.</p> <p>To give examples of how to be respectful to others online.</p>	
4	Online Bullying	<p>To describe how people can be unkind online</p> <p>To give examples of how this can make others feel</p> <p>To describe how to behave online in ways that do not upset others and can give examples</p> <p>To give examples of bullying behaviour and how it could look online.</p> <p>To understand how bullying can make someone feel.</p> <p>To talk about how someone can/would get help about being bullied on or offline.</p>	

5	Copyright and ownership	To recognise that content on the internet may belong to other people	
6	Reliability of information	To question the reliability of information	
7	Self-image and identity	To explain what is meant by the term 'identity'. To explain how other people's identity online can be different to their identity in real life. To describe the ways in which people might make themselves look different online.	
8	Online reputation	To explain how information put online about me can last for a very long time. To know who to talk to if I make a mistake about putting something online.	



St Matthew's Catholic Primary School
Internet Safety Overview 2023
Year 5



1	Health well-being and lifestyle	<p>Digital 5 a day</p> <p>To can assess and action different strategies to limit the impact of technology on my health (e.g. nightshift mode, regular breaks, correct posture, sleep, diet and exercise).</p> <p>To explain the importance of self-regulating my use of technology; I can demonstrate the strategies I use to do this (e.g. monitoring my time online).</p>	
2	Privacy and Security	<p>To create and use strong and secure passwords.</p> <p>To understand and can give reasons why passwords are important.</p> <p>To explain how many free apps or services may read and share my private information (e.g. friends, contacts, likes, images, videos, voice, messages, geolocation) with others.</p>	
3	Online relationships	<p>To describe strategies for safe and fun experiences in a range of online social environments.</p> <p>To explain that there are some people I communicate with online who may want to do me or my friends harm. I can recognise that this is not my/our fault.</p> <p>To make positive contributions and be part of online communities.</p> <p>To describe some of the communities in which I am involved and describe how I collaborate with others positively.</p> <p>To show I understand my responsibilities for the well-being of others in my online social group.</p> <p>To explain how impulsive and rash communications online may cause problems (e.g. flaming, content produced in live streaming).</p> <p>To demonstrate ways of reporting problems online for both myself and my friends.</p>	
4	Online Bullying	<p>To identify some online technologies where bullying might take place</p> <p>To describe ways people can be bullied through a range of media (e.g. image, video, text, chat).</p> <p>To explain why I need to think carefully about how content I post might affect others, their feelings and how it may affect how others feel about them (their reputation).</p> <p>To demonstrate ways of reporting problems online for both myself and my friends.</p>	
5	Copyright and ownership	<p>When searching on the internet for content to use, I can explain why I need to consider who owns it and whether I have the right to reuse it.</p> <p>To assess and justify when it is acceptable to use the work of others.</p>	

		To give examples of content that is permitted to be reused.	
6	Reliability of information	To question the reliability of information	
7	Self-image and identity	To demonstrate responsible choices about my online identity, depending on context To describe ways in which media can shape ideas about gender. To challenge and explain why it is important to reject inappropriate messages about gender online. To explain why I should keep asking until I get the help I need.	
8	Online Reputation	To search for information about an individual online and create a summary report of the information I find. To describe ways that information about people online can be used by others to make judgments about an individual.	



St Matthew's Catholic Primary School
 Internet Safety Overview 2023
 Year 6



1	Health well-being and lifestyle	<p>Digital 5 a day</p> <p>To assess and action different strategies to limit the impact of technology on my health (e.g. nightshift mode, regular breaks, correct posture, sleep, diet and exercise).</p> <p>To explain the importance of self-regulating my use of technology; I can demonstrate the strategies I use to do this (e.g. monitoring my time online).</p> <p>To describe common systems that regulate age-related content (e.g. PEGI, BBFC, parental warnings) and describe their purpose.</p>	
2	Privacy and Security	<p>To explain how and why some apps may request or take payment for additional content (e.g. in-app purchases) and explain why I should seek permission from a trusted adult before purchasing.</p> <p>To different passwords for a range of online services.</p> <p>To describe effective strategies for managing those passwords (e.g. password managers, acronyms, stories).</p> <p>To know what to do if my password is lost or stolen.</p> <p>To explain what app permissions are and can give some examples from the technology or services I use.</p> <p>To describe simple ways to increase privacy on apps and services that provide privacy settings.</p> <p>To describe ways in which some online content targets people to gain money or information illegally; I can describe strategies to help me identify such content (e.g. scams, phishing).</p> <p>To become an increasingly savvy online consumer: know that algorithms are used to track online activities</p>	
3	Online Relationships	<p>To explain strategies for assessing the degree of trust I place in people or organisations online.</p> <p>To explain that some people I 'meet online' (e.g. through social media) may be computer programmes pretending to be real people.</p> <p>To show I understand my responsibilities for the well-being of others in my online social group.</p> <p>To explain how impulsive and rash communications online may cause problems (e.g. flaming, content produced in live streaming).</p> <p>To demonstrate how I would support others (including those who are having difficulties) online.</p> <p>To demonstrate ways of reporting problems online for both myself and my friends.</p> <p>To explain how and why people who I communicate with me online may try to influence others negatively and can offer examples. e.g. grooming; radicalisation; coercion</p>	

		<p>To describe the initial signs of potentially problematic situations e.g. grooming, cyberbullying.</p> <p>To assess when I need to act and explain what to do if I am concerned about an online relationship.</p>	
4	Online Bullying	<p>To recognise when someone is upset, hurt or angry online.</p> <p>To describe how to get help for someone that is being bullied online and assess when I need to do or say something or tell someone.</p> <p>To explain how to block abusive users.</p> <p>To explain how I would report online bullying on the apps and platforms that I use.</p> <p>To describe the helpline services who can support me and what I would say and do if I needed their help (e.g. Childline).</p> <p>To describe how bullying may change as we grow older and recognise when it is taking place online.</p> <p>To describe a range of different bullying types and behaviours and assess when these are occurring (e.g. homophobic, racist, gender, exclusion).</p> <p>To identify and demonstrate actions to support others who are experiencing difficulties online.</p> <p>To describe how to capture bullying content as evidence (e.g. screen-grab, URL, profile) to share with others who can help me.</p> <p>To identify a range of ways to report concerns both in school and at home about online bullying.</p>	
5	Copyright and ownership	<p>To demonstrate the use of search tools to find and access online content which can be reused by others.</p> <p>To demonstrate how to make references to and acknowledge sources I have used from the internet</p>	
6	Reliability of information	<p>To question the reliability of information</p>	
7	Self-image and identity	<p>To give examples of how the internet and social media can be used for positive self-promotion.</p> <p>To explain how people can curate and experiment with their identity online and why they might wish to do this.</p> <p>To be aware that my own personal online activity, history or profile (my 'digital personality') will affect the type of information returned to me in a search or on a social media stream, and intended to influence my beliefs, actions and choices</p> <p>RSE – linked to E-Safety. Sending and receiving explicit images.</p>	
8	Online Reputation	<p>To describe and assess the benefits and the potential risks of sharing information online.</p> <p>To describe what is appropriate to say and do in different online settings/ platforms (e.g. opinions, values, information, shares, 'likes', 'forwards')</p> <p>To explain how I am developing an online reputation which will allow other people to form an opinion of me.</p> <p>To describe some simple ways that help build a positive online reputation.</p> <p>To explain how 'liking', 'sharing' or 'forwarding' online content can change people's opinions of me (e.g. contribute to my online reputation).</p>	

