O Lord,

Thank you for everything you do for us; for loving us, guiding us, protecting us and quarding us.

We are grateful to you for giving us a roof over our head and for providing the food we need.

We are sorry for not being more like you and hope that you can forgive us.

Please look after our friends and family. Help those who are in need those who are at war, alone, poorly,

and vulnerable — be with them and lead them from darkness into the light,

Amen

5B family