

Dear Lord,

We would like to share with you how grateful we are for being alive today and being supported by our wonderful family and friends. We are extremely thankful for our clothes, healthy food and shelter.

Please Lord, forgive us for our sins and our mistakes, help us to follow your example so that we can be better people and make the correct choices. We are sorry for the words we may say that may upset others. Please Lord, accept my apologies for destroying our world. Help us, to make better choices when it comes to being greener and living more sustainably.

Please help the people who are less fortunate than ourselves, help them to feel loved and supported like we do.

Thank you for everything that you do and showing us the light in helping us to follow the right path.

Amen

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