

## Progression in Outdoor Education

	Expectations	Key words
EYFS		
Y1		
Y2	<p>Orienteering with Hothersall Lodge</p> <p>To read simple maps to navigate around a given area.</p> <p>To work together and discuss ideas</p> <p>To develop listening skills</p>	<p>Map</p> <p>Navigate</p> <p>Co operation</p>
Y3	<p><b>Team Challenges with Hothersall Lodge</b></p> <p>Develops listening skills.</p> <p>Listens to instructions from a partner/ adult.</p> <p>Beginning to think activities through and problem solve.</p> <p>Discuss and work with others in a group.</p> <p>Demonstrates an understanding of how to stay safe.</p>	<p>Team work</p> <p>Collaboration</p> <p>Equipment</p> <p>rules</p>
Y4	<p><b>Orienteering with Hothersall Lodge</b></p> <p>To read a map to navigate around a given area.</p> <p>Develops strong listening skills.</p> <p>Beginning to think activities through and problem solve.</p> <p>Choose and apply strategies to solve problems with support.</p> <p>Discuss and work with others in a group.</p> <p>Demonstrates an understanding of how to stay safe.</p>	<p>Map</p> <p>Co operation</p> <p>Support</p>



<p>Y5</p>	<p><b>Den building with Hothersall Lodge</b></p> <p>Think activities through and problem solve using general knowledge.</p> <p>Choose and apply strategies to solve problems with support.</p> <p>Discuss and work with others in a group.</p> <p>Demonstrates an understanding of how to stay safe.</p> <p>Develops strong listening skills.</p>	<p>Problem solve Solution</p>
<p>Y6</p>	<p><b>Residential at Hothersall Lodge</b></p> <p>Develops strong listening skills.</p> <p>Use and interpret simple maps.</p> <p>Think activities through and problem solve using general knowledge.</p> <p>Choose and apply strategies to solve problems with support.</p> <p>Discuss and work with others in a group.</p> <p>Demonstrates an understanding of how to stay safe.</p>	<p>Problem solve Solution Orienteering Equipment</p>



## Progression in Swimming

	Expectations	Key words
EYFS		
Y1		
Y2		
Y3		
Y4	Swims competently, confidently and proficiently over a distance of at least 25 metres Uses a range of strokes effectively e.g. front crawl, backstroke and breaststroke. Performs safe self-rescue in different water-based situations.	
Y5	<b>TOP UP LESSONS FOR THOSE WHO HAVEN'T ACHIEVED IN Y4</b> Swims competently, confidently and proficiently over a distance of at least 25 metres Uses a range of strokes effectively e.g. front crawl, backstroke and breaststroke. Performs safe self-rescue in different water-based situations.	
Y6	<b>TOP UP LESSONS FOR THOSE WHO HAVEN'T ACHIEVED IN Y4/Y5</b> Swims competently, confidently and proficiently over a distance of at least 25 metres Uses a range of strokes effectively e.g. front crawl, backstroke and breaststroke. Performs safe self-rescue in different water-based situations.	

