## **Our Services**

## **Contact Us**

# Preston Domestic Violence Services



#### **Sanctuary Service**

Offers victims or survivors who have left the relationship the opportunity of staying in their own home with safety measures put in place to make the property more secure.



#### For more information

You can contact our services via email or through our helpline:

Outreach Service: outreach@pdvs.org.uk

Hope Service: hope@pdvs.org.uk

<u>Sanctuary Service:</u> sanctuary@pdvs.org.uk



Helpline: 01772 201 601 Office Line: 01772 201 301



enquiries@pdvs.org.uk



www.pdvs.org.uk



Harbour House, Port Way, Preston, PR2 2DW



Want to help support PDVS? Follow the QR Code and donate to keep our vital services running!

















Supporting you through difficult times

Charity Number: 1061953
Registered Company Number: 3289949

## Who we are

## **Our Services**

Preston Domestic Violence Services is a charity which supports anyone affected by domestic violence and abuse.

We provide free and confidential support to anyone living in Preston.

Victims or survivors can be referred into our services by agencies or they can refer themselves directly by calling our helpline or viewing our website and social media pages.



#### Helpline 01772 201 601

Confidential helpline open to all who want advice, support or a listening ear. Available Monday to Friday 10am - 3pm and until 6pm on Thursdays.

Out of hours leave a message and we will call you back.



## **Outreach Service**

Flexible individual support for any victim of domestic violence or abuse regardless of if they have left the relationship or not. Non-judgmental approach with one to one practical and emotional support.



## **Hope Service**

This service provides:

- Advice Service, offering a listening ear as well as practical support for those wanting to discuss their options.
- Specialist Counselling Service with experienced counsellors who are members of the BACP offering a personcentred approach.
- The Freedom Programme offers 12 weeks of group sessions where women can learn about the different forms of domestic abuse, coping strategies and warning signs.