

## PSHE- Intent, Implementation and Impact

At St Matthew's we believe that the basic principle of an effective curriculum is that learning makes a change to long term memory. The intent is that our PSHE curriculum facilitates the delivery of this basic principle. In order to do so a strategic approach, based on pedagogical research, must be in place.

### Intent

At St Matthew's, we believe that PSHE plays a fundamental part in the development of our children. PSHE is at the heart of our curriculum. We aim to support all pupils to develop a deep sense of belonging within our school, community and wider world and to ensure they are happy, healthy and safe.

Within our curriculum, it is our intention that all children learn how to build and maintain healthy relationships within school and are equipped with the knowledge and skills to be successful.

We develop learning which results in the ability to enable children to access the wider curriculum and prepare them to be a global citizen now and in their future roles within a global community.

We instil our many values within the whole of our curriculum. With SMSC, the fundamental British Values and our school Christian values are at the heart of all we do, we ensure difference and diversity are celebrated.

We aim to encourage the children to use their voice as a powerful tool for change and we nurture their ability to make healthy choices and decisions that prepare them for the future. We aspire for all pupils to leave St. Matthew's as happy, respectful citizens, who are prepared to make a positive contribution to society.

### Implementation

Our PSHE programme is a spiraled curriculum of study which follows three core themes: Health and Wellbeing, Relationships, and Living in The Wider World.

At St Matthew's, our curriculum design has been linked with a whole school approach to our values and other areas of the National Curriculum.

Each termly theme links with our values and other subject links. For example, in the Autumn Term our whole school theme is 'Altogether Now' this is based on team building and getting to know our classes and new teachers. We focus on being responsible and looking back at our new rules and behaviour at school.

Pupils are given the opportunity to join and contribute to local and national initiatives eg. Anti-bullying week and other school fundraising activities.



# St Matthew's

Church of England Primary Academy

A member of **CDARI**

We also link it to our Christian value 'Community' where we look at how we can help our community, each year group links their PSHE learning to match to how we can help the community, this might be sending plants to the elderly, posters for picking up litter, making eco-friendly bird feeders. Each year group uses their pupil voice to decide what they do so each year is always different.

We have also developed 'Growth Mindset' into our PSHE Curriculum using lessons from Shirley Clarke's 'Every Child the Learner'. Each half term children learn new growth mindset skills to help develop themselves as learners. We have also use whole school Lego characters to promote our school growth mindset approaches to learning.

Alongside other resources, we carry out the programme Kidsafe. We use KS the Kidsafe mascot and yukky feelings to support children's mental health, being safe and an understanding of healthy relationships. If children have these 'yukky feelings' or even general questions from their PSHE lessons, they can ask questions in their classes ask it basket. It is our duty at St Matthew's to create a classroom environment where children feel safe, confident and valued.

## Impact

By the time children leave St Matthew's, we believe our PSHE curriculum will have allowed them to develop the vocabulary and confidence needed to clearly articulate their thoughts and feelings with ever increasing openness, trust and respect. Our children will have the knowledge of how to develop their self-esteem and self-awareness and make informed choices and decisions. They will be able to make more sense of their own personal and social experiences and can understand and manage their own feelings. Our school prioritises physical and mental health, providing children with skills to evaluate and understand their own wellbeing needs in order to move forward with confidence and achieve great things. Children shall understand what is meant by 'persevering', 'effort', 'resilience' and develop the ability to bounce back from life's everyday challenges with a positive growth mindset. Through informative lessons, they will understand the physical aspects involved in RSE at an age appropriate level and share a respect for themselves and that of others. Our children will leave our school family as confident, happy citizens, able to celebrate diversity and encourage each other to respect and embrace differences. With it supporting our vision statement of Be blessed by God, be happy and aspire to be...