

Name: \_\_\_\_\_

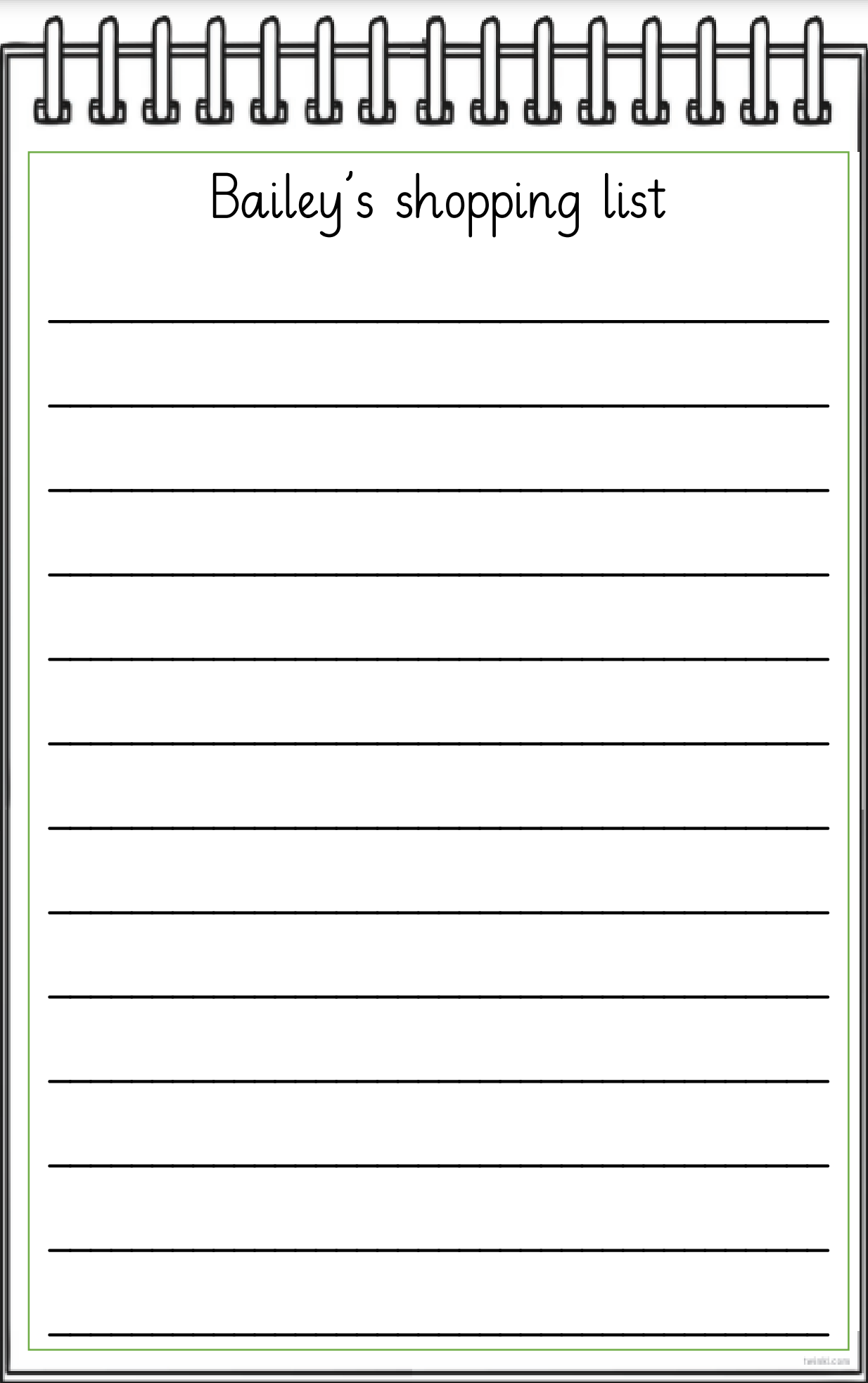
Date: \_\_\_\_\_

To understand the importance of personal hygiene routines during puberty

"Now that you are getting older Bailey, there are some things you must do to make sure you look after your body well. It is really important, especially when you start puberty." "Why?" says Bailey.

Imagine you are in-role as Bailey's mum or dad. Write a short paragraph to explain why this is important and what Bailey should do.

Now draw a stick person with a face. Label all the different parts of the body that the you will need to pay special attention to now in terms of your personal hygiene. Write next to each label why you need to pay particular attention to this part, how you should do this and how often.



# Bailey's shopping list

[illegible]