

W E E K O N E	F+NM Autumn / Winter 2019 / 2020	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY FAVOURITES	
	Choice 1	Vegetable Samosa	Mixed Vegetable Rice	Vegetarian Sausages Yorkshire Pudding & Onion Gravy	Creamed Potatoes Green Beans & Carrots	Homemade Pasta Neapolitan	Homemade Garlic Dough Balls	Homemade Vegetable Balti Curry	Mixed Rice & Naan Bread	Golden Crumb Omega 3 Fish Fingers	Oven Baked Chips or New Potatoes & Garden Peas
	Choice 2	Tomato & Mascarpone Pasta	Homemade Garlic Bread & Broccoli Florets	Crispy Coated Salmon Fillet	Crispy Paprika Potatoes Green Beans & Carrots	Cheddar Cheese Panini Melt	Tortilla Chips & Salad Sticks	Puff Pastry Cheese Lattice	Herby Diced Potatoes & Baked Beans	Homemade Margherita Pizza	Oven Baked Chips or New Potatoes & Sweetcorn
	Choice 3	Sandwiches	Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection
	Dessert	Apple & Banana Flapjack	Fruit Yoghurt Fruit Selection Organic Milk	Marble Sponge & Chocolate Sauce	Fruit Yoghurt Fruit Selection Organic Milk	Fruity Jelly & Ice Cream	Fruit Yoghurt Fruit Selection Organic Milk	Jam Slice & Custard	Fruit Yoghurt Fruit Selection Organic Milk	Chocolate Cookie & Milkshake	Fruit Yoghurt Fruit Selection Organic Milk
W E E K T W O		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY FAVOURITES	
	Choice 1	Vegetarian Brunch	Hash Brown & Baked Beans	Vegetarian Sausage Roll	Herby Diced Potatoes & Baked Beans	Golden Crumb Omega 3 Fish Fingers	Baby Baked Potatoes Broccoli Florets & Carrots	Veggie Burger in a Bun with Tomato Ketchup	Herby Diced Potatoes & Baked Beans	Crispy Battered Fillet of Fish	Oven Baked Chips or New Potatoes & Mushy Peas
	Choice 2	Tomato & Mascarpone Pasta	Homemade Garlic Dough Balls	Quorn Tikka Masala Curry	Mixed Rice & Naan Bread	Cheddar Cheese & Tuna Panini Melt	Tortilla Chips & Salad Sticks	Cheese Pasty	Herby Diced Potatoes & Baked Beans	Homemade Margherita Pizza	Oven Baked Chips or New Potatoes & Sweetcorn
	Choice 3	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Homemade Pasta Neapolitan	Homemade Garlic Bread	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection
	Dessert	Shortbread Biscuit & Melon Wedges	Fruit Yoghurt Fruit Selection Organic Milk	Apple Crunch Tart & Custard	Fruit Yoghurt Fruit Selection Organic Milk	Chocolate Mousse & Mandarins	Fruit Yoghurt Fruit Selection Organic Milk	Vanilla Sponge & Custard	Fruit Yoghurt Fruit Selection Organic Milk	Strawberry Ice Cream Sponge Roll	Fruit Yoghurt Fruit Selection Organic Milk
W E E K T H R E E		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY FAVOURITES	
	Choice 1	Veggie Meatballs Tomato Sauce & Pasta	Homemade Garlic Bread & Broccoli Florets	Jumbo Fish Finger Wrap	Crispy Paprika Potatoes & Garden Peas	Vegetarian Sausages & Gravy	Creamed Potatoes Green Beans & Carrots	Vegetarian Sausage Roll	Herby Diced Potatoes & Baked Beans	Lightly Crumbed Fish Bites	Oven Baked Chips or New Potatoes & Garden Peas
	Choice 2	Tomato & Mascarpone Pasta	Homemade Garlic Dough Balls	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Homemade Vegetable Korma Curry	Mixed Rice & Naan Bread	Homemade Pasta Arrabiata	Homemade Garlic Dough Balls	Homemade Margherita Pizza	Oven Baked Chips or New Potatoes & Sweetcorn
	Choice 3	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Sandwiches	Freshly Prepared Salad Selection	Cheddar Cheese Panini Melt	Tortilla Chips & Salad Sticks	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection	Baked Jacket Potato with a Choice of Filling	Freshly Prepared Salad Selection
	Dessert	Creamy Rice Pudding & Mixed Berries	Fruit Yoghurt Fruit Selection Organic Milk	Syrup Sponge & Custard	Fruit Yoghurt Fruit Selection Organic Milk	Oat & Raisin Cookie	Fruit Yoghurt Fruit Selection Organic Milk	Lancashire Cheese & Crackers with Grapes	Fruit Yoghurt Fruit Selection Organic Milk	Chocolate Brownie & Orange Wedges	Fruit Yoghurt Fruit Selection Organic Milk