

St. Matthew's C.E. Primary Academy

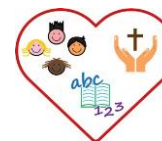


"Be blessed by God, be happy and aspire to be..."

St Matthew's PSHE Whole School Overview 2023-2024

Term	Autumn		Spring		Summer	
	1 (8 weeks) 01.09.2023-20.10.2023	2 (8 weeks) 30.10.2022-22.12.2022	1 (5 weeks) 09.01.2024- 10.02.2024	2 (6 weeks) 19.02.2024-28.03.2024	1 (6 weeks) 15.04.2024-24.05.2024	2 (7 weeks) 03.06.2024-22.07.2024
Christian Values	Community	Respect	Hope	Thankfulness	Trust	Compassion
Half Termly Themes	<i>Altogether now (Team Building)</i> <i>Belonging to a community</i>	<i>Being in harmony (British Values/Traditions/Anti-bullying)</i> <i>Respecting ourselves and others.</i> <i>Families and Friendships</i>	<i>Aspire to be... (Aspirations)</i> <i>Money and work</i>	<i>Healthy Me (Mental health/Food)</i> <i>Physical health and Mental wellbeing</i> <i>Safe relationships</i>	<i>The wider world around me (Being safe)</i> <i>Keeping safe</i> <i>Media literacy and digital resilience</i>	<i>I am unique and special... (Self-esteem/confidence)</i> <i>Growing and changing</i>
Whole School Theme	<i>How can we look after each other and our local community?</i>	<i>How can we live in harmony?</i>	<i>Who do we aspire to be?</i>	<i>How can I keep myself healthy?</i>	<i>What/ who helps us to stay safe?</i>	<i>How do we change as we grow?</i>
Other Subject Links	Subject links- PE, Geography	Subject links- PE (dance), Music, Art, History	Subject links- Maths, Computing, English	Subject links- PE, Science	Subject links- Computing, English	Subject links- Music, PE-dance, gymnastics, English
Calendar Links	Starting school- Rules and responsibilities/ vision recap	Anti-bullying, Bonfire night, Remembrance, Diwali, Christmas, Children in Need	New year, Pancake day/Ash Wednesday- Lent (Half term)	Mental Health, Easter, Mother's Day, Comic Relief, St George's day, Ramadan (Eid)	Local voting, SATS NSPCC Number Day	Father's Day School transitions

St. Matthew's C.E. Primary Academy



“Be blessed by God, be happy and aspire to be...”

Core Theme	Living in the Wider World	Relationships	Relationships	Living in the Wider World	Health and Wellbeing	Relationships	Health and Wellbeing	Living in the Wider World	Health and Wellbeing
Topics	Belonging to a community	Respecting ourselves and others	Families and friendships	Money and work	Physical health and Mental Wellbeing	Safe relationships	Keeping Safe	Media literacy and digital resilience	Growing and changing
Year 1	What rules are; caring for others' needs; looking after the environment	How behaviour affects others; being polite and respectful	Roles of different people; families; feeling cared for	Strengths and interests; jobs in the community	Keeping healthy; food and exercise; hygiene routines; sun safety	Recognising privacy; staying safe; seeking permission KIDSAFE FPI	How rules and age restrictions help us; keeping safe online KIDSAFE FPI	Using the internet and digital devices; communicating online	Recognising what makes them unique and special; feelings; managing when things go wrong
Year 2	Belonging to a group; roles and responsibilities; being the same and different in the community	Recognising things in common and differences; playing and working cooperatively; sharing opinions	Making friends; feeling lonely and getting help	What money is; needs and wants; looking after money	Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help	Managing secrets; resisting pressure and getting help; recognising hurtful behaviour KIDSAFE FP2	Safety in different environments; risk and safety at home; emergencies KIDSAFE FP2	The internet in everyday life; online content and information	Growing older; naming body parts; moving class or year
Year 3	The value of rules and laws; rights, freedoms and responsibilities	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	What makes a family; features of family life	Different jobs and skills; job stereotypes; setting personal goals	Health choices and habits; what affects feelings; expressing feelings	Personal boundaries; safely responding to others; the impact of hurtful behaviour KIDSAFE FP2	Risks and hazards; safety in the local environment and unfamiliar places KIDSAFE FP2	How the internet is used; assessing information online	Personal strengths and achievements; managing and reframing setbacks
Year 4	What makes a community; shared responsibilities	Respecting differences and similarities; discussing differences	Positive friendships, including online.	Making decisions about money; using and keeping money safe	Maintaining a balanced lifestyle; oral hygiene and dental	Responding to hurtful behaviour; managing confidence	Medicines and household products; drugs common to everyday life KIDSAFE FP2	How data is shared and used	Personal identity; recognising individuality and different qualities; mental wellbeing

St. Matthew's C.E. Primary Academy



“Be blessed by God, be happy and aspire to be...”

		ference sensitively			care	tiality; recognising risks online KIDSAFE FP2			
Year 5	Protecting the environment; compassion towards others	Responding respectfully to a wide range of people; recognising prejudice and discrimination	Managing friendships and peer influence	Identifying job interests and aspirations; what influences career choices; workplace stereotypes	Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies	Physical contact and feeling safe KIDSAFE FP2	Keeping safe in different situations, including responding in emergencies, first aid KIDSAFE FP2	How information online is targeted; different media types, their role and impact	Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty
Year 6	Valuing diversity; challenging discrimination and stereotypes	Expressing opinions and respecting other points of view, including discussing topical issues	Attraction to others; romantic relationships; civil partnership and marriage	Influences and attitudes to money; money and financial risks	What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online	Recognising and managing pressure; consent in different situations KIDSAFE	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media KIDSAFE	Evaluating media sources; sharing things online	Human reproduction (OPTIONAL) managing transition