

Useful website for children starting Reception & Nursery

The LCC public health team have put together some useful information on the LCC website on school readiness. www.lancashire.gov.uk/children-education-families/early-yearschildcare-and-family-support/family-support/getting-ready-to-startschool/

Hungry Little Minds has been launched by the DfE to encourage parents and carers to engage in activities that support their child's early learning and help set them up for school and beyond. www.hungrylittleminds.campaign.gov.uk/

The National Literacy Trust's new project, Small Talk, aims to support the language development of 30,000 children under the age of five by equipping parents with the skills and confidence they need to chat, play and read with their child every day. www.small-talk.org.uk/

Bitesize and CBeebies have some activities and games linked to starting school;
<https://www.bbc.co.uk/bitesize/collections/starting-primary-school/1>
<https://www.bbc.co.uk/cbeebies/curations/starting-school-curation>

Book Trust is the UK's largest children's reading charity. Their website has lots of ideas for families. The following link has suggestions for using stories to help children to make sense of their world and support their wellbeing <https://www.booktrust.org.uk/newsand-features/features/2019/september/5-ways-reading-together-can-support-childrens-wellbeing/>

Tom Hardy reads a bedtime story, Don't Worry Little Crab by Chris Haughton. It's all about a little crab overcoming his worries with a little help and encouragement
<https://www.bbc.co.uk/iplayer/episode/m000hs1y/cbeebies-bedtime-stories-753-tom-hardy-the-problem-with-problems>

Book trust has information about supporting bedtime routines <https://www.booktrust.org.uk/books-and-reading/tips-and-advice/bath-book-bed/>

CBeebies have a story time app that can be downloaded for free;
<https://www.bbc.co.uk/cbeebies/watch/watch-presenters-cbeebiesstorytime?collection=apps-collection>

Try out some yoga and mindfulness to help your child to relax and sooth any anxieties
<https://www.youtube.com/user/CosmicKidsYoga>

Characteristics of effective learning – information for parents <https://family.co/blog/the-child/sue-allingham-characteristics-effectivelearning/>