

Positive Affirmations June Calendar

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

1
I am worthy.

2
I am creative.

3
I am unique.

4
I am curious.

5
I am helpful.

6
I can do hard things.

7
I can make a difference.

8
I am free to be myself.

9
I am confident.

10
I always try my best.

11
I am thankful.

12
I am kind.

13
I ask for help.

14
I like challenges.

15
I am a good friend.

16
I believe in myself and my abilities.

17
I am honest.

18
I make good choices.

19
I learn from my challenges.

20
I am a good listener.

21
It is ok if I make mistakes.

22
I stand up for what I believe in.

23
I am patient and calm.

24
I can try again.

25
I am generous.

26
I see the good in myself and others.

27
I am open and ready to learn.

28
I believe in my dreams and goals.

29
I am loved.

30
Today is going to be a great day!