Thursday 27th May 2021 Issue 67

St. Matthew's CofE Primary School

"I am with you always" Matthews 28:20









Perseverance

"I can do all things through him who strengthens me"

Philippians 4.13

This Term's Value is:

A Note from the Headteacher

We have made it to half term! I would like to thank you all for following our routines to help school run as smoothly as possible over the last 6 weeks. I hope everyone has good week's holiday but please remember to follow the government Covid guidance to keep everyone safe and well

We look forward to seeing everyone back in school on 7th June.

Miss Ritchie Headteacher

See what we've been up to this week:

Visit the class pages on the school website to find out more

www.st-matthews.bolton.sch.uk

Dates For Your Diary

School closed Monday 31st May—Friday 4th June—Half Term

Don't forget:

Y4 Swimming lessons are every Tuesday

Y5 Swimming lessons are every Thursday



Important reminders

The timings to the school day. All classrooms will be open at the start of the day from 8:45am. Every pupil MUST be in school ready to learn by 9:00am. If they arrive after this time they will get a late mark.

Children finish at the end of the day at the following times: Y1, Y3, Y5 will finish school at 2:55pm
Reception and Y4 will finish school at 3pm
Y2 and Y6 will finish at 3:05 pm

Uniform

Girls

skirts/pinafore dresses (grey/black), trousers (grey/black) sweaters/sweatshirts/fleece/cardigans (navy blue) blouses/shirts/polo-necked shirts (white) socks/tights (white/grey/black) footwear – black shoes/trainers (all black including laces, no obvious logos)

Boys

trousers (grey/black)
sweaters/sweatshirts/fleece (navy blue)
shirt/polo-necked shirts (white)
socks (white/grey/black)
footwear – black shoes/trainers (all black including laces, no obvious logos)

Children should come dressed to school in school uniform everyday unless they have P.E. when they should come ready dressed in suitable P.E. kit.

PE Kit for both boys and girls is as follows:

White polo shirt or T-shirt

Dark (navy blue, black, grey) jogging bottoms, leggings or shorts

Dark (navy blue, black, grey) sweatshirt/ fleece

Black Trainers or pumps

asse check on your child's class page to see when their P.E. days

Please check on your child's class page to see when their P.E. days are.

St Matthew's Prayer

Lord Jesus

When I feel worried about a new challenge, help me to persevere, when the going gets tough, help me to persevere when I feel like giving up, help me to persevere.

Amen

Ethos Team Challenge

Meditation — listen to a quiet piece of music, think about this question. What are you going to do next time you find it hard to keep going?



Reflection Time

Can you think of a goal that you have had to work hard for? How did you feel when you achieved it? Was the perseverance worth it?



A message from Mrs Sharples, our Pastoral Manager

Parents- Looking after yourself

Being a parent can be challenging in everyday situations. Now, more than ever, taking care of your mental health is important. Staying at home more or having to work during a difficult situation can put different pressures on everyone. If you're struggling, it's okay to reach out for support from friends, families, school and organisations that are here to help.

Changes to our mental health can sometimes affect children and their well-being. They may pick up on your anxiety or low mood.

This doesn't mean you should hide your feelings. You can try to explain them using phrases like, "It's ok to get big feelings, everyone gets big feelings but it's still the grown up's job to look after the children."

When things are different to what we're used to and everyone is going through a big change, it's important to give children reassurance and support. Looking after your own mental health is vital to their well-being so don't be afraid of doing something for yourself to take care of your own well-being. And reach out if you need help. Staff in St Matthew's are here should you need any support or signposting to other services. Don't be afraid to ask for help; we're all in the same boat.

If you would like a confidential chat or signposting to other support services, please call the school office and ask to speak to Mrs Sharples.





Headteachers Award Winners

	14/05/2021	21/05/2021
Rec Owls	Deborah	Robe
Rec Hedgehogs	Gazala	Maryam
Y1 Buttercups	Alicia	Jole
Y1 Poppies	Jacob	Marie
Y2 Snowdrops		
Y2 Bluebells	Рорру	Musa

Headteachers Award Winners

	14/05/2021	21/05/2021
3J Sparrows	Ansam	Madonna
3F Robins	Aine	Bryan
4R Goldfinches	Azza	Eshaal
4C Woodpeckers	Ali	
Y5R Ladybirds	Casey	Ifadat
Y5M Dragonflies	Marvin	Kehinde
Y6 C/ M Honeybees		
Y6P	Hamza	Tahseen

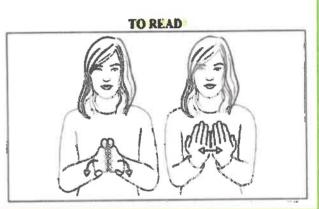


Signs of the Week

We have learnt lots of signs this term! (Hello, good morning, good afternoon, please, thank you, yes, no, mother/mum, father/dad, help me, dinner, sorry, read, wait and listen.) This week we have been practising: **read**, **wait** and **listen**. Visit our website for videos showing you how to sign these words and keep practising them at home. We are making fantastic progress!







Back to school support

Back to School Transition Advice Family Lives have created some useful resources to support the transition from lockdown back to school.

Have a look at their website for more information:

https://www.familylives.org.uk/advice/your-family/familylife/back-to-school-transition-after-lockdown/

Lancashire Cricket Coach

Last Friday we had a visit from a Lancashire Cricket coach. Despite the awful weather, the children really enjoyed some coaching sessions with Chaad. He was very impressed with their focused attitude and thinks we might have some stars in the making!







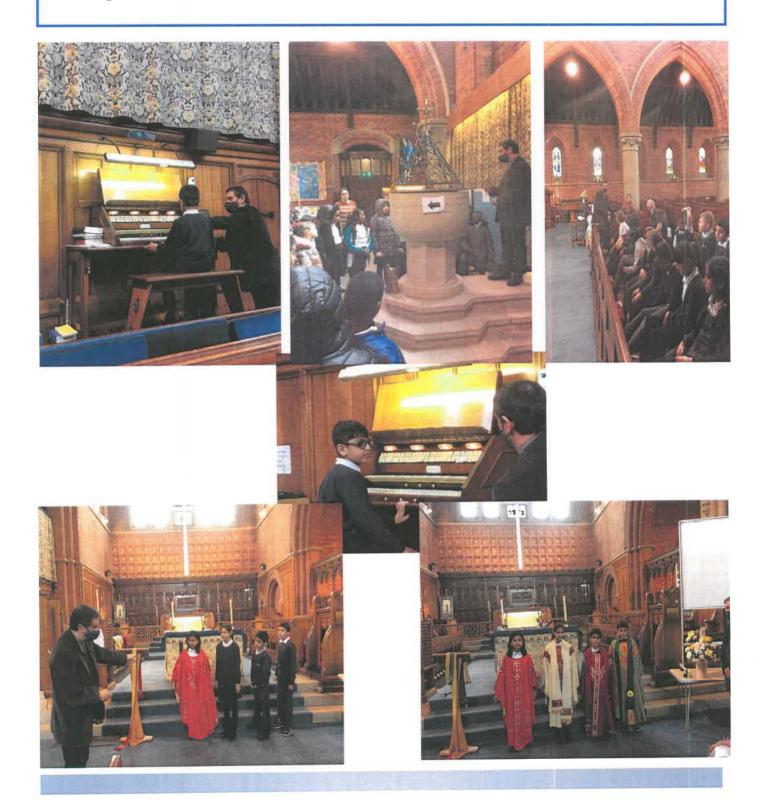


Y4 Church visit.

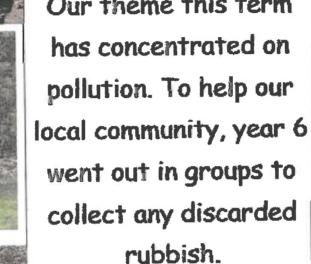
As part of our RE learning, Year 4 visited St Thomas's Church. We listened to a speaker and identified special objects such as the altar, pulpit and lectern.

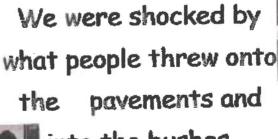
Some children were dressed in the coloured church robes, representing the different times of the Christian year. James was allowed to extinguish the candles, and Umar even got to play the organ!

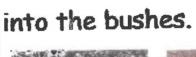
The Revd. Stephen Tranter who is also the vice chair of governors at the school helped us to learn lots of interesting information about the church.























Reception Visit from Zoolab

Reception have been very lucky and had a visit from ZooLab! Our ZooLab ranger brought lots of very interesting creatures for us to look at and even touch! The children listened and learnt about the different creatures and even thought of some very good questions to ask the ZooLab ranger.













Year 3

Cricket:

On Friday, Year 3 Robins had a special visitor who taught them how to play cricket. They had lots of fun learning how to bowl, practising using a bat and fielding.





Eid Ul-Fitr:

Year 3 have really enjoyed celebrating Eid over the past few weeks. They all made a beautiful card to wish their friends and family Eid Mubarak. We also had a wonderful party and had fun learning some Bollywood dances and eating yummy food.



Music:

Year 3 have been practising body percussion in Music and learning how to make different sounds with their bodies. We listened to sounds of a rainforest storm and a rainforest at night. Then, we created our own performances of these, working in groups to create the different sounds of the rainforest.



7 Top Tips to Support Reading at Home

Shared reading is a great way to develop children's language and communication and to boost their reading skills. Regular reading routines can offer lots of opportunities for learning during school closures.

1 Concentrate on reading quality (it isn't all about reading lots!)



Don't worry too much about the 'what' and 'how' of reading each day. Books are great—but leaflets, comics, recipes and instructions on a webpage can all be great too. Following a recipe to make some cupcakes is valuable reading. Be on the lookout for reading, wherever it is!

2 Ask your child lots of questions



All reading matters. Shared reading is about 'reading with', not just 'reading to' (even for older children). So, ask lots of 'Wh' questions, such as Who? What? When? Where? Why? Try them when talking about books; for example, 'what do you think Harry is feeling?'

3 Ask your child to make predictions about what they have read



If it is a book, took at the front cover—or the last chapter—and talk about what might happen next. Look for clues in the book and be a reading detective! For example, 'can you see the bear on the front cover? Where do you think he will go?'

4 Ask your child to summarise what they have read



When you've finished reading, talk about what happened. Acting out the things that happened in the story or describing the big idea of a chapter is really fun and maximises learning. For example, 'can you remember all the things that happened on the bear hunt?'

5 Ask your child to write about what they have read



Write, or draw pictures, from anything you've read! Big writing and pictures are even more fun. For example, use an old roll of wallpaper to make a treasure map with dues from the stories you've read together.

6 Read and discuss reading with friends or family



Make books a part of the family. Encourage your child to share them with a relative or triend, over a video call. Laugh about them when you are making meals together. For example, "I hope the tiger doesn't come to tea today!"

7 Maintain the motivation to read



Talk about the joy of reading whenever you can. Your child is on an amazing journey to becoming a reader. Put them in the driving seat and have fun on the way! For example, "choose your lavourite story for bedfirme tonight."

Education Endowment Foundation (2015)

Preparing for Literacy, Improving Communication, Language and Literacy in the Early Years. Education Endowment Foundation: London. Available craims: and a female study.

Education Endowment Foundation (2019).

Ingrowing Literacy in Secondary Schools, Education Endowment Foundation: London.

Available entires: and Administration Schools.

Emacimons, H.L., Vardy, E.J., Curningham, A.J., Weck, R.K.W., & Carrol, J.M. (2019).
Literacy Development: Estatement Review. Education Endowment Foundation: London.
Available on time: education recognition and defoundation.



An easy way to improve children's reading!





You may have seen some news articles recently about the impact of turning on the subtitles while children are watching television: it can actually double the chances of them becoming good at reading! 10 seconds of effort (if you can work out how to do it on your TV!) can make a huge difference for your children. This is all backed up by decades of scientific research and is a quick, simple, free way to make TV time, reading time.

Visit http://www.turnonthesubtitles.org for further information.

SANCTUARY AWARDS

SCHOOL OF SANCTUARY

Proud to be a Place of Safety

In recognition of its work and ongoing commitment to engage with and celebrate the positive contribution of refugees and asylum seekers,

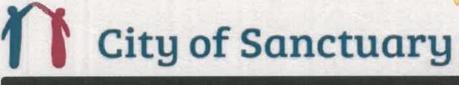
Saint Matthews Church of England Primary School

> is hereby awarded the title of School of Sanctuary

Pamela Spurling, Chair City of Sanctuary Bolton

21st April 2021







NUT Free School

We children in school with a nut allergy which means that all staff and parents must be vigilant about ingredients we use in school and items put into lunch boxes. No nuts or snacks containing nuts should be put into packed lunches.

Peanut allergy is the second most common food allergy in children and this is increasing. It now occurs in 1 in 50 children.

As we now have a pupil in school who suffers from a severe nut allergy please could I take this opportunity to explain to everyone that our school has now become a "Nut Free School." If our pupil comes into contact with a nut product, they can suffer life threatening consequences. It can be easily initiated from a simple handshake or touching of a pupil's table who may have had some nuts in their food. Therefore children **must not** bring nuts or nut products as snacks into school at any time.

We ask that you do not provide your child with any products containing nuts in their lunch box: Some examples:

- Fruit and cereal bars that contain nuts
- Chocolate bars or sweets that contain nuts
- Sesame seed rolls (children allergic to nuts may also have a severe reaction to sesame)
- Nutella
- Peanut butter
- Cakes made with nuts
- Muesli bars
- Baklava
- Any nuts

School will be making regular checks on the children's lunches to ensure these rules are being followed

Whilst we know some children like to bring in cakes/chocolates for their classmates to celebrate their birthday we ask that they do not bring in anything that contains nuts, if they do then unfortunately they will not be handed out and will be sent home unopened, which could lead to lots of disappointment.

We have a rule not to use nuts in any of our food prepared on site at our school. Our suppliers provide us with nut-free products, however, we cannot guarantee freedom from nut traces.

Please help us in providing a nut free school and assisting those parents who have a child who may have a life threatening reaction by children **not** bringing nuts or nut products as snacks into school at any time.

Many thanks for your support.

Free School Meals

Even if your child is currently receiving Universal Free School meals, because they are in either Reception, Year 1 or Year 2, if you think that you might be entitled to standard free school meals, because you meet the criteria below it is very important that you still apply for them.

You can get further help on how to apply at the One Stop Shop in Bolton Town Hall.

What are free school meals? They are school dinners for children between the ages of 4 and 16 who attend full time school (but not private schools). They may also be awarded to some children outside this age range who attend full time school or nursery.

Do I qualify? To qualify you or your partner must be getting one of the following:

- Income Support
- Income Based Job Seekers Allowance
- Income Related Employment and Support Allowance
- Guarantee element of Pension Credit
- Universal Credit
- Support under part VI of the Immigration and Asylum Act 1999
- Child Tax Credit only (but no award of Working Tax Credit) and have an annual income, as assessed by the HM Revenues and Customs, that does not exceed £16,190.

What evidence is required & how do I apply? You need to provide an up to date document showing that you are getting one of the above benefits. You do not need to make a separate claim if you are already getting or have applied for Housing Benefit / Council Tax Support. We will use the information and evidence you have already provided to confirm your entitlement,

If you would like to make a claim this can be done by;

- Telephoning 01204 331590 or
- Visit our website www.bolton.gov.uk (search for free school meals)

In addition from **September 2014** children who are attending full time at any Sixth form college (not private) may also be eligible.





ChatHealth Messaging Service

Text your School nurse/Health Visitor

During these unsettling times, as a parent of child aged between 0/19 years old you may be worried about your child's health and wellbeing and be unsure about how to get the help you need.

Our specialist nurses are still here to help - you can text them for confidential advice and support on a wide range of issues.

Parent/carers of child(ren) aged 0-19 can send a text to:

07507331751

We can help with all kinds of things like:

- Behaviour
- Continence
- Emotional health
- Self-harm
- Bullying
- Minor accidents and illnesses

Your ChatHealth messaging service is run by The Children's Integrated Health and Wellbeing Team, Bolton Foundation Trust and is available Monday to Friday 8am until 8pm

We aim to reply to you within one working day and you should get an immediate bounce-back to confirm we received your text. Texts will not be seen outside of normal working hours. If you need help before you hear back from us, contact you GP, NHS 111 or dial 999 if it is an emergency.

EREE CAKES FORKIDS BOLTON

A community service that provides free birthday cakes for children who might not otherwise receive one.



FREE, FRIENDLY & CONFIDENTIAL SERVICE

Get in touch if you know a child who may benefit, or if you'd like to join us as a volunteer baker.

freecakesforkidsbolton@hotmail.com @freecakesbolton facebook.com/freecakesforkidsbolton

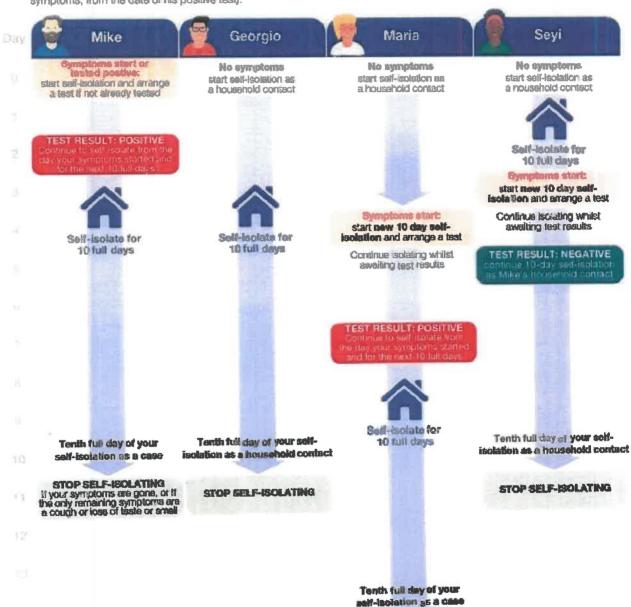




Stay at home and self-isolate.

Please see detailed guidance online.

Mike's household: In this example, Mike lives with Georgio, Maria and Seyi. Mike is the first case of COVID-19 in this household. He and everyone in the household begin self-isolating from the day Mike's symptoms start (or if he had no symptoms, from the date of his positive test).



Self-isolate for 10 full days.

You need to self-isolate from the day the first person in your household started symptoms and for the next 10 full days. If they did not have symptoms, self-isolate from the day of their test and for the next 10 full days.

To self-isolate means:

Do not go to work, school, or public areas and do not use public transport or taxis.

Only leave your home to get to your test if you need to, observe strict social distancing advice and return immediately afterwards.

STOP SELF-ISOLATING
If your symptoms are gone, or if
the only remaining symptoms are
a cough or loss of taxis or smell





