

Positive Affirmations April Calendar

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

4
I can do hard things.

5
I can make a difference.

6
I am free to be myself.

7
I am confident.

8
I always try my best.

9
I am thankful.

10
I am kind.

11
I ask for help.

12
I like challenges.

13
I am a good friend.

14
I believe in myself and my abilities.

15
I am honest.

16
I make good choices.

17
I learn from my challenges.

18
I am a good listener.

19
It is ok if I make mistakes.

20
I stand up for what I believe in.

21
I am patient and calm.

22
I can try again.

23
I am generous.

24
I see the good in myself and others.

25
I am open and ready to learn.

26
I believe in my dreams and goals.

27
I am loved.

28
I am creative.

29
I am worthy.

30
Today is going to be a great day!