

'Act iustly. Love tenderly. Walk humbly with your God.' Micah 6:8

In *Calm Before the Test*, students explore practical strategies to prepare for their GCSE examinations. The focus is on developing healthy study habits, managing time effectively, and creating personalised revision timetables. Students learn how to break down tasks, set realistic goals, and maintain a balanced routine that supports both academic success and mental well-being.

In *False News*, students evaluate the impact of online technology and its influence on modern culture. They critically examine how misinformation spreads, the role of social media, and how technology shapes public opinion. The unit encourages students to question sources, think critically, and understand the consequences of false information.

**GCSEs
Begin**



In *Self-Worth*, students following the TenTen RSE curriculum explore the importance of self-esteem and personal value, while also addressing sensitive topics like birth control and eating disorders. They learn about the physical and emotional aspects of health, understanding how making informed choices can impact their well-being. The unit encourages students to reflect on body image, relationships, and self-care, helping them develop a positive outlook on themselves and make healthy decisions.

Students will participate in *revision activities and Higher Education sessions* during form time, to prepare students for their next steps after St Michael's.

**YEAR
11**



In *The Road to Financial Freedom*, students gain a secure understanding of all post-16 options. They will develop knowledge and understanding of University and apprenticeships.

In *Lead like a Brit*, students explore how British Values apply in the workplace. They examine the importance of respect, fairness, and equality in professional settings, and how values like democracy and the rule of law influence leadership and decision-making. This unit prepares students to uphold British Values as future employees and leaders.

Year 11 Learning Journey: Holistic Development