

Recommended Reading List

Cambridge National Sport Studies (J829)

Cambridge National Sport Studies Revision Guide

Publisher: CGP

Why read it?

- Covers key specification content
- Supports exam preparation for Contemporary Issues in Sport
- Includes practice questions and revision activities

1. *Sportopedia*

Author: Adam Skinner

Why it's useful:

- Introduces sports from around the world
- Explores sporting cultures and traditions
- Encourages wider sporting knowledge

Links to:

- Contemporary sport
- Global sporting events
- Participation in sport

2. *Sport: A Very Short Introduction*

Author: Mike Cronin

Why it's useful:

- Explains the role of sport in society
- Explores ethics, culture and participation
- Suitable for higher-attaining students

Links to:

- Contemporary issues in sport
- Values in sport
- Inclusion and participation

3. *You Are a Champion*

Author: Marcus Rashford

Why it's useful:

- Discusses resilience, leadership and teamwork
- Examines positive sporting values
- Highly engaging for teenagers

Links to:

- Sporting values
- Leadership
- Role models

4. Open

Author: Andre Agassi

Why it's useful:

- Provides insight into elite sport
- Highlights commitment, challenge and motivation

Links to:

- Performance in sport
- Mental wellbeing
- Athlete development

5. *I Am Malala (Young Readers Edition)*

Author: Malala Yousafzai

Why it's useful:

- Encourages discussion around barriers and equality
- Supports understanding of inclusion

Links to:

- Participation barriers
- Equality in sport
- Social issues

6. *The Boys in the Boat (Young Readers Edition)*

Author: Daniel James Brown

Why it's useful:

- Demonstrates teamwork and leadership
- Shows how teams achieve success

Links to:

- Sports leadership
- Team dynamics
- Motivation

7. The Captain Class (Young Readers Version)

Author: Sam Walker

Why it's useful:

- Explores what makes effective leaders
- Links directly to sports leadership units

Links to:

- Leadership qualities
- Team organisation
- Communication skills

8. Women in Sport

Author: Rachel Ignatofsky

Why it's useful:

- Explores the media representation of sport
- Celebrates sporting achievements
- Promotes discussion around equality

Links to:

- Sport and media
- Gender in sport
- Sporting role models

9. A History of Football in 100 Objects

Author: Gavin Mortimer

Why it's useful:

- Shows how media and culture have influenced sport
- Provides engaging sporting stories

Links to:

- Sport history
- Media coverage

- Sporting influence

10. *The Boy Who Biked the World*

Author: Alastair Humphreys

Why it's useful:

- Inspires adventure and exploration
- Introduces outdoor challenges and problem-solving

Links to:

- Outdoor and adventurous activities
- Personal development
- Risk management

11. *Running Wild*

Author: Michael Morpurgo

Why it's useful:

- Adventure-themed fiction
- Encourages interest in outdoor environments

Links to:

- Outdoor education
- Personal resilience