

Suggested Reading, Films and Television Programs

Reading:

- This is going to hurt by Adam Kay - Secret diaries of a Junior Doctor during his medical training from 2004 to 2010.
- The fault in our stars by John Green - Story of two cancer-afflicted teenagers who embark on the adventure of their lives.
- Elizabeth is Missing by Emma Healy - An elderly woman descending into dementia embarks on a desperate quest to find the best friend she believes has disappeared.

Film:

- Still Alice (2014) - Story of a professor developing early onset Alzheimer's disease.
- Hidden Figures (2016) - Three female mathematicians deal with racial and gender discrimination at work.
- Three identical strangers (2018) - Identical triplets become separated at birth and adopted by three different families. Years later, their amazing reunion becomes a global sensation.

Television:

- 24 hours in A&E - Emergency cases entering A&E.
- The Nine to Five with Stacey Dooley: Caring and Sharing (BBC) - Stacey Dooley takes five teenagers to a care home for work experience.
- Crisis in Care (BBC Panorama) - Panorama explores our social care system, as our population gets older and more of us need help with day-to-day living.
- Born to Be Different (Channel 4) - The pressures and joys of bringing up disabled children.
- The Secret Life of 4 and 5 Year Olds (Channel 4) - The award-winning series lifts the lid on the ups, downs, tears, tantrums and triumphs of the playground.