Mock Revision Checklist

Health and Social Care

Topic		٩
Service users rights		
The 6 C's		
Definition of person-centred values		
Active listening and its benefits		Ĵ
Choice, independence and respect		
Specialist methods of communication		
Empowerment and self-esteem		
Needing an advocate		
Valuing individuality		
Security measures		
Personal hygiene		
Why we use DBS checks		
Safeguarding		
Confidentiality		
How PPE protects care workers		
Types of care settings		
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