

St Michael's PSHE Overview 2023-2024



Unit 2- Relationship and Sex Education: Is respect the most important virtue?

Transition to Year 11: Target Setting Modelling the Trust Virtues

Year 11

Unit 3- Dreams and Goals: What is next for me?

Unit 1- Living in Modern Britain: How can we improve our community?



Throughout Key Stage 4, students will attend a range of 'Discovery Days' to visit and explore their options for further education. Unit 3- Dreams and Goals: What do I dream of becoming?

Transition to Year 10: Target Setting Showcasing the Trust Virtues

Unit 2- Relationship and Sex Education: Is love all you need?

Year 10

Unit 1- Living in Modern Britain: Is society equal?

Unit 3- Dreams and Goals: How do I measure success?

In Year 9, students read Noughts + Crosses, a story revealing racial prejudice and societal injustice. The story allows students to consider justice and taking responsibility for their own society.



Unit 2- Relationship and Sex Education: Are we free to choose? Transition to Year 9:
Target Setting
Understanding the Trust Virtues

Year 9



Unit 1- Living in Modern Britain: Is being different a good thing?

In Year 8, students read My Sister Lives on the Mantelpiece. The story sensitively tackles issues of bereavement, addiction, racism, bullying and the breakdown of a family. The story shows the barriers Jamie has overcome, portraying resilience through a honest approach.

Unit 3- Dreams and Goals: Can the choices I make now affect my dreams and goals?

Transition to Year 8:
Target Setting
Exploring the Trust Virtues

Unit 2- Relationship and Sex Education What effects my self-esteem?

Year 8

Unit 1- Living in Modern Britain: How can substances affect my wellbeing?

Unit 3- Dreams and Goals: What do I want to be when I grow up? Year 8 read Fight Back which tackles discrimination and prejudice in society. The protagonist models **self-belief** and **confidence** as she stands up for what she believes in.



Transition to Year 7: Target Setting

Learning Trust Virtues

Year 7

What makes a healthy relationship?

Unit 2- Relationship and Sex Education:

Unit 1- Living in Modern Britain: Why is my physical and mental health important?



All students in Years 7 and 8 read Boy Everywhere. They spend 20 minutes at the start of one dedicated period where the subject teacher reads the story aloud to students. Boy Everywhere is a story highlighting the journey refugees take in order to escape conflict, allowing students to develop respect and compassion for the protagonist.



All students in Year 7 Private Peaceful. They spend 20 minutes at the start of one dedicated period where the subject teacher reads the story aloud to students.

Private Peaceful showcases the love and loyalty of two brothers against the context of World War 1, highlighting the importance of building healthy relationships.