DESIGN TECHNOLOGY

FOOD PREPARATION & NUTRITION



Deepen your understanding of food focusing on the function and properties of ingredients. Develop a range of higher level practical skills in preparation for KS4.

- AO1 Demonstrate knowledge and understanding of food and nutrition
- AO2 Apply knowledge and understanding of food and nutrition
- **AO3** Cook a range of food products
- AO4 Analyse and evaluate the food you have cooked

