

**Make a  
NOISE  
about bullying**



# Learning outcome

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- **Learners understand the meaning of empathy**
- **Learners will explore feelings associated with being excluded**



# Activity: grouping game

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# Discussion point

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# What is empathy?



# Empathy is.....

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**Considering  
other people's  
feelings or being  
able to 'put  
yourself in  
someone else's  
shoes'**



# Can empathy help prevent bullying?

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When we empathise...

we think about how we are making people feel...

this can lead to **changed behaviour....**

and **better relationships!**

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## Discussion point

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**What is  
indirect  
bullying?**



# Indirect bullying

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**Indirect bullying** is about excluding, rejecting or isolating someone from a friendship group, a class or an entire year group.

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# Take a walk in my shoes

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**If people empathised, do you think any of these behaviours would change and why?**

- Preventing people from playing with us
  - Excluding someone
  - Spreading rumours
  - Calling people names
  - Bullying someone because they are 'different'
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# FEEDBACK





# anti-bullying **WORKS**

Thank you!



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