



PE and Sport Premium for Primary Schools



The Premium is designed to help children get an active start in life, supporting primary schools to improve the quality of their PE and sport provision so that pupils experience the benefits of regular exercise – from becoming healthier both mentally and physically to improved behaviour and better academic achievement. The funding is a ring-fenced grant for English primary schools to provide additional and sustainable improvements to the quality of PE, sport and physical activity. Allocations to schools are determined by a formula based on pupil numbers. We will therefore receive £19410.

Schools are free to choose how to spend the PE and Sport Premium funding but are accountable to Ofsted for the impact of this funding.

At St Nicholas C of E Primary School we have a strategic approach to the spending of this funding so that we can maximise its impact and enrich the lives of our pupils so that they are set on the path to healthy and active lifestyles as adults.

Our priorities and vision are as follows:

- To develop the quality of teaching in PE to make sure that teaching of PE is of a sustained high quality.
- To develop healthy lifestyles for all pupils which include regular access to exercise and participation in a range of sports, and an understanding of healthy living and how to lead healthy lives.
- To develop and nurture children with particular talents and abilities giving them a window to participate with equally gifted peers and signpost them to clubs and third parties who can develop their skills and abilities further.
- To provide the children with space and means to be active throughout their school day and after school.
- To target those children in KS1 who are unlikely to or have not mastered the fundamental skills.

St Nicholas Church of England Primary School

Impact Plan for PE Premium Funding 2021-22

Personal Responsible for this plan: Naomi DuQuesnay

Academic Year: 2021/22	Total fund allocated: £19,410	Date Updated: 21/07/2022	
<p>Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school</p>			
Intent	Implementation	Impact	Sustainability and suggested next steps
Introduce the daily mile to aid all pupils to undertake at least 30 minutes of additional activity per day.	<ul style="list-style-type: none"> • Email all the staff outline why and how the daily mile track should be used. • ALL pupils involved in 30 minutes of additional activity at least 3 times per week. • Pupils are more active in P.E lessons- taking part without stopping to rest so much. • Attitudes to learning are improved – better concentration in lessons. 	£50 for daily mile rewards	Daily mile track has been used by some teachers on a regular basis within the school day. Some children have seen an improved level of stamina. Most teachers are using it only as part of their PE lessons.
Reinstate the use of Teach Active across the school. Maths and English objectives taught through physical activity.	Staff meeting for TA's as teachers were finding it difficult to utilise it within lessons. TA's plan intervention groups and focused teaching from the activities.	£500 if licence expires	I delivered a TA meeting in Sept 2021 to outline the benefits of Teach Active and how and when it could be used. Few TA's are using the programme but those who are say that the children are always excited and engaged by the sessions. It is a something that has been
			Send out another email to all staff to remind them of the programme and its benefits. Ask SG, JH to talk during a staff meeting about how she has implemented Teach Active into her weekly planning and The benefits she has seen.

			<p>mainly used in intervention sessions. A Staff meeting was delivered by the Teach Active team on 30/3/22 for all teaching staff. Only one staff member is using the programme on a regular basis. They have reported that it is a very useful tool to revisit prior learning and assess understanding at the end of a unit in a fun, engaging and energetic way.</p>	<p>Meetings with the 1:1 support teachers to promote the use of the Teach Active in their intervention sessions.</p>
<p>Develop and enhance Play leaders on the playground during lunchtimes to increase opportunities for children to be physically active during lunchtimes.</p> <p>Playground Buddies to be selected to deliver and manage the playground equipment.</p> <p>Purchase of PE equipment to engage pupils in all lesson and at lunch time.</p>	<p>PALS training to commence in Sept for all year 6 children. All pupils allocated a lunch time per week.</p> <p>A selection of year 4, 5 and 6 children to monitor the use of the playground equipment across the school. This is to be used to aid the increase in level of activity at playtimes. All pupils allocated one lunch time per week.</p> <p>PALS pupils, Playground Buddies and myself to select equipment required for the year both at playtimes and within lessons.</p>	<p>£400</p> <p>£2,000</p>	<p>Overall, activity levels during playtimes has been increased by most of the children. All year 6 children competed the PALS training and successfully delivered 3 half terms of lunch time activities. Every year group was timetabled for a day per week. New playground equipment was purchased for the school to be used at lunchtimes. Playground buddies/ leaders started at the beginning of the year but then phased off and there were a few issues with storage of and access of equipment.</p>	<p>After another successful year, Blackpool Sport to deliver the Buddies programme to all the year 6 pupils in 2022-2023.</p> <p>Rather than playground buddies for 2022-2023, I will select a group of children from year 6 as PE/sport leaders. These will form a committee that will make decisions about sporting and PE events over the year.</p>

Key indicator 2: The profile of PE and Sport being raised across the school as a tool for whole school improvement			
Intent	Implementation	Impact	Sustainability and suggested next steps:
Develop PE and PSHE teaching to raise the profiles of the subject across the school and to promote healthy, active lifestyles (mind, exercise, nutrition) that continue outside of school.	Healthy Heads initiatives programme will run across the whole school with each class having an hour session per week for 5 weeks.	£2700	Healthy Heads ran throughout the year, delivering sessions to each year group for ½ a term. Healthy Heads will not be returning in 2022-2023 as they have now delivered for 2 years. A health week to be planned during the summer term.
Use newsletter, notice board and assemblies to raise the profile sport within the school. Ensure the PE/sport noticeboard is kept updated to raise the profile of P.E and Sport for all visitors and parents.	Celebration section in the newsletter to celebrate sporting achievements across the school community. Achievements celebrated in assembly e.g. match results, tournaments, festivals, sporting events in the local community, unusual sporting achievements. Year groups to show cast their talents in sport. E.g. dance, gymnastics, rugby Noticeboard updates with teams, fixtures and results. All sporting club activities times and days to be displayed.		Sports display is located in a prominent place in school and updated. Children invited to share their sporting awards in assemblies. Ensure match reports and results are recorded on the school websites. Ensure that there is a WOW sports section on the newsletter regularly.

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				
Intent	Implementation		Impact	Sustainability and suggested next steps:
Teachers to attend CPD to raise teachers confidence levels and improve teaching of P.E. lessons.	Advertise all available CPD to staff members delivered by Blackpool Sport, Lancashire PE membership and BFCCT.	£2000	There have been a limited amount of courses these year but all available CPD courses from Blackpool Sport and BFCCT were shared with staff. No teachers have signed up to the CPD this year.	Blackpool Sport will be delivering sessions next year. Look for other local coaches who can come and deliver sessions, rugby and tennis as priority.
Coaches invited into school to improve quality of P.E lessons. In order to improve progress and achievement of all pupils the focus is on up-skilling the staff.	Throughout the year, depending on COVID restrictions, AA dance academy, Blackpool sports football programme and BFCCT coaches invited to deliver lessons.	£3000	BFCCT, Mrs Sargent (dance) and Helen (Zumba) have delivered sessions this year.	Continue to disseminate all CPD courses to staff. Possibly include a CPD into an INSET.
Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				
Intent	Implementation		Impact	Sustainability and suggested next steps:
Continue to offer a wider range of activities both within and outside the curriculum in order to involve	Undertake all sporting fixtures and events that are offered through Blackpool Sports and	£2500	Pupil conversation day was used to ascertain which sports the children would like. This	More cross year group Level one completions to be planned which link to

<p>more pupils and develop the gifted pupils.</p>	<p>BFCCT Partnerships. Carry out a pupil survey to ascertain which sports pupils would like.</p> <p>Whole school sporting days organised so ALL pupils can take part- outdoor day, health week, level one competitions etc.</p> <p>Target reluctant pupils and pupils who do not attend after school clubs. Offer girls only clubs and set up and 'I Can' club. Lunch time supervisor to work with a targeted group of upper key stage 1 and lower KS2 children who have shown difficulty demonstrating the fundamental skills.</p>	<p>£1500</p>	<p>information was then used to plan the overview for the BFCCT after school provision. There was a fabulous uptake of 192 places in the after school clubs over the academic year.</p> <p>Level one competitions were played at the end of the PE units in most KS2 classes. These have seen an improvement in sportsmanship in most year groups.</p> <p>Girls only year 3&4 and 5&6 football clubs have been created this year. Year 5&6 girls were entered into the Blackpool league and played in other Blackpool competitions and festivals.</p>	<p>the Sport Mark awards.</p> <p>Health week to be planned in 2023 and an in school Sports day to run at the end of Youth Games week to ensure that all the children have an opportunity to participate in a sporting competitions including level one.</p> <p>'I Can ' lunch club to be set up with the help of Miss Pixton.</p>
<p>Targeted booster swimming sessions for year 4 children.</p>	<p>Year 4 children who are non-swimmers or lacking in confidence to be offered a term of swimming lessons in summer 2022 to prepare them for year 5.</p>		<p>10, year 4 children had 1 term of additional swimming sessions in preparation for year 5. All but 2 of those children can now swim without any aids.</p>	<p>Any children who have not successfully attained the government set target of 25m on their front or back have been offered 10 free swim sessions at 2 of our local swimming pools.</p>

Key indicator 5: Increased participation in competitive sport				
Intent	Implementation		Impact	Sustainability and suggested next steps:
To enter the sporting leagues offered in Blackpool -football, cricket, high 5 etc.	Liaise with Blackpool Sports and BFCCT as to when leagues and competitions will begin. Start training accordingly.	£2000	<p>Due to the restrictions that some schools faced this academic year, only the girls and boys football leagues ran. 28 boys and 26 girls regularly trained each week and played in numerous games including the leagues, festivals, BFCCT competitions and Youth Games events.</p> <p>An afterschool netball club ran for year 5 and 6 children on a weekly basis with 24 children attending regularly. They played in the Youth Games event and some friendly matches.</p>	More Blackpool leagues are planned next year which we will be entering.
Set up intra school competitions (level 1)	Where the Key Stage 2 curriculum allows, rounders, cricket, netball, hockey and basketball, arrange some level 1 competitions.	£500	Level one competitions were played within KS 2 but predominantly year 5 and 6.	Roll the competitions out across year 3 and 4.