



# PE and Sport Premium for Primary Schools



The Premium is designed to help children get an active start in life, supporting primary schools to improve the quality of their PE and sport provision so that pupils experience the benefits of regular exercise – from becoming healthier both mentally and physically to improved behaviour and better academic achievement. The funding is a ring-fenced grant for English primary schools to provide additional and sustainable improvements to the quality of PE, sport and physical activity. Allocations to schools are determined by a formula based on pupil numbers. We will therefore receive £19410.

Schools are free to choose how to spend the PE and Sport Premium funding but are accountable to Ofsted for the impact of this funding.

At St Nicholas C of E Primary School we have a strategic approach to the spending of this funding so that we can maximise its impact and enrich the lives of our pupils so that they are set on the path to healthy and active lifestyles as adults.

Our priorities and vision are as follows:

- To develop the quality of teaching in PE to make sure that teaching of PE is of a sustained high quality.
- To develop healthy lifestyles for all pupils which include regular access to exercise and participation in a range of sports, and an understanding of healthy living and how to lead healthy lives.
- To develop and nurture children with particular talents and abilities giving them a window to participate with equally gifted peers and signpost them to clubs and third parties who can develop their skills and abilities further.
- To provide the children with space and means to be active throughout their school day and after school.
- To target those children in KS1 who are unlikely to or have not mastered the fundamental skills.

# St Nicholas Church of England Primary School

## Impact Plan for PE Premium Funding 2022-23

Personal Responsible for this plan: Naomi DuQuesnay

Academic Year: 2022/23	Total fund allocated: £19,410	Date Updated: 05/09/2023	
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school			
Intent	Implementation		Sustainability and suggested next steps
Raise the profile of the Active Mile initiative.	<ul style="list-style-type: none"> <li>Purchase the Marathon Maker package from Kids Run Free. Each child to have their own QR code which will count their miles. Inter class competitions and whole school competitions to be developed. Links to distances travelled to reach countries and landmarks.</li> </ul>	£1 per child	Marathon Maker company closed down at the start of 2023, so I was unable to set this up.
Reinstate the use of Teach Active across the school. Maths and English objectives taught through physical activity.	<ul style="list-style-type: none"> <li>SG and JH to share their experience of using Active Learning in their lessons during a staff meeting.</li> <li>Hold a meeting with 1:1 key workers to explain the programme and how it can</li> </ul>	£500 if license expires	Teach Active was re purchased but despite numerous efforts, including staff meetings, TA meetings and email reminders, it has not been incorporated into lessons and interventions

	<p>be used to support their children.</p> <ul style="list-style-type: none"> <li>• Meet with TA to demonstrate the programme and how it can be used in intervention sessions.</li> </ul>		on a regular basis.	
Continue with the successful playtime PALs initiative during lunchtimes to increase opportunities for children to be physically active during lunchtimes.	<ul style="list-style-type: none"> <li>• Blackpool Sports to come into school on a Tuesday for 6 weeks to train the year 6 children on how to be a play leader. Each child will then be supported in the delivery of this as they carry out their lunch club one break a week. Year 1- year 5 to have this opportunity.</li> </ul>	£900	Sport Blackpool delivered PALS training to all year 6 pupils. From Autumn 2 to Summer 2, every year group was rotated to ensure they had quality delivery of organised games during their lunch hour.	Continue this in 2023-2024
Playground Buddies to be selected to deliver and manage the playground equipment.	<ul style="list-style-type: none"> <li>• Play equipment to be selected by the sports council which will be used in each zone in the playground at lunch times. Playground buddies to monitor its use and support those in Reception</li> </ul>	£400	Boxes of playground equipment were purchased based on suggestions from Sports Council Leaders. These contributed hugely to increasing the activity level of the children. Playground buddies were a success.	Look at improving the line makings and larger fixed equipment on KS1 playground and around the court on KS2.
Increase the confidence of the least active children.	<ul style="list-style-type: none"> <li>• 'I Can ' lunch club to be set up with the help of Miss Pixton. Focus on those</li> </ul>		Equipment was bought to support Miss Pixton to deliver games with the younger children. It was difficult to work	Continue with structured activities within the KS1 playground. Rotation of

	children in KS1 who are struggling with the fundamental skills.		with selected children but they were targeted where possible.	fundamental skill activities. Purchase more equipment to support the delivery of this.
Assist all children in year 5 to achieve the national curriculum of swimming 25m	<ul style="list-style-type: none"> <li>All parents of children in year 4 to be contacted to assess whether their child would benefit from swimming intervention sessions prior to starting year 5.</li> </ul>	£200	10 children from year 4 have has a term and ½ of swimming lessons in year 5. All the children except for 1 are now able to swim without swim aids.	Current children in year 5 will be offered an extra term of lessons if they still haven't achieved the required 25m. At Easter, any children who are complete none swimmers will be assessed to start intervention sessions prior to year 5.
Encourage travel to and from school	<ul style="list-style-type: none"> <li>Free wheeling Friday to continue with prizes awarded to encourage participation.</li> <li>Travel Tracker subscription renewed in all classes. Children rewarded with badges.</li> </ul>		Free wheeling Friday has not yet begun as travel tracker took longer to re-establish.  Travel tracker began after Christmas. Badges have been given out at the end of every ½ term. Decrease in number of children coming to school in car.	Speak to NF to reinstate Free Wheeling Friday. Prizes to be awarded during worship.  Renew Travel Tracker. To raise the profile look at mascot coming into school and book skate boarding sessions.
<b>Key indicator 2: The profile of PE and Sport being raised across the school as a tool for whole school improvement</b>				
<b>Intent</b>	<b>Implementation</b>	<b>Impact</b>		Sustainability and suggested next steps:

Celebrate sporting achievements.	<ul style="list-style-type: none"> <li>Time in awards assemblies for children to bring in and share their sporting awards.</li> <li>A sports section to be included in the Newsletter to allow inter out external sporting success to be shared.</li> <li>Match reports to be published on the website alongside pictures in the WOW Sport section.</li> </ul>		<p>A 'Star of the term' was published in each sports newsletter to showcase talents.</p> <p>Wow Sport section of website was replaced with newsletter to raise the profile of sport across the school.</p> <p>Children given the opportunity to share their sporting awards. More children have taken part in show casing theirs.</p>	<p>Continue with the newsletter. Ensure that is also available to the website.</p> <p>Discuss the possibility of having a worship which is solely dedicated to sporting achievements.</p> <p>All children who represent the school this year were presented with a medal (£200)</p>
Voice of the children to be heard	<ul style="list-style-type: none"> <li>Develop a sports council which will help develop PE and sport over the year both in lessons, playtimes and out of school.</li> <li>Children will be selected from KS2 and will meet once a month.</li> </ul>	£50	Sports council was formed with children from year 2-6. We met to discuss ideas and make plans of how to improve PE and sport across school. They disseminated information to their year groups and collated information to aid decision making.	<p>Continue this in 2023-24.</p> <p>New members to be selected.</p>
At least 4 funded sporting after school clubs to be offered each half term.	<ul style="list-style-type: none"> <li>Blackpool Sports to deliver 2 sports clubs each half term.</li> <li>Staff in school to run the football, netball and cross county teams.</li> </ul>	£2500	Sport Blackpool ran 2 sport clubs per week were 224 children experienced a range of sports. They also provided inclusion support of one term for 3 targeted children.	<p>Sport Blackpool will be delivering programmes again in 2023-24.</p> <p>Clubs to continue in 2023-24</p>

			Netball, cross country and football clubs ran every week (weather and light dependent). Children we entered into the school leagues. Where possible, all the children had an opportunity to participate. 60+ children regularly attended the clubs	
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Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				
Intent	Implementation		Impact	Sustainability and suggested next steps:
Provide CPD opportunities to all staff	<ul style="list-style-type: none"> <li>Blackpool Sports and Lancashire Sports CPD courses will be available to all staff. Supply cover will be arranged where necessary.</li> </ul>	£2000	<p>A number of children attended the PE Passport CPD. Very positive feedback.</p> <p>PE co-ordinator attended the Blackpool Conference in June where local companies and new initiatives were shared. Ideas for playground improvements, increasing numbers of children walking to school, making links with Healthy Blackpool.</p>	<p>Booked J. Squirws to deliver a whole school training session in January.</p> <p>New lines on KS1 playground to increase activity levels. Healthy schools to deliver their workshop to Year 2 in Sept 2023.</p>
Coaches to support the delivery of some units.	Rugby and tennis coaches contacted to support teachers in the delivery of these sessions as these were the ones where	£3000	Staff's confidence and ideas have improved after supporting the coached that have	Liaising with Wigan Warriors to deliver another

	they were the least confident.		delivered curriculum sessions across the school. Amy- Dance to all year 5. Tom- rugby to yr3-yr6. Owen- Crickey to year 3, 4 and 6. Pete- tennis to year 4 and 6.	curriculum and after school programme in 023-2024. Owen, is delivering 6 weeks of cricket coaching to year 6 in sept. Pete, is delivering funded ASC all year round and some curriculum sessions in Summer.
<b>Key indicator 4:</b> Broader experience of a range of sports and activities offered to all pupils				
<b>Intent</b>	<b>Implementation</b>		<b>Impact</b>	Sustainability and suggested next steps:
Continue to offer a wider range of activities both within and outside the curriculum in order to involve more pupils and develop the gifted pupils.	<ul style="list-style-type: none"> <li>Undertake sporting fixtures and events that are offered through Blackpool Sports. These include L2 competitions and Blackpool league fixtures for netball and football. We will also take part in the Youth Games week.</li> </ul>	£2500	In excess of 200 children represented the school over the year in fixtures which included league events and Youth Games activities.	Enter these again next year. With the support of SW, enter more dance events.
	<ul style="list-style-type: none"> <li>As part of the pupil questionnaires, carry out a pupil survey to ascertain which sports pupils' would like.</li> </ul>		Questionnaires were conducted by the sports council and the findings led tome organising specific sports for the children to try during health week.	Questionnaire info was also factored into the sports that were selected for 2023-2024 .
	<ul style="list-style-type: none"> <li>Plan a health week</li> </ul>			

	during the spring or summer term for the whole school.	£1000	Health week ran in May. There were activities for all the year groups which included outside agencies coming in, sports day and competitions.	Plan another for next year. Focus on healthy eating activities for disabilities.
	<ul style="list-style-type: none"> <li>Links made with local sporting clubs (Fylde Rugby, Scorpions Rugby, South Shore Tennis Club, Langley's Dance and Ramp City) to offer in school PE sessions and free after school sessions. These opportunities will hopefully progress to some children joining the clubs out of school.</li> </ul>	£1500	Links made with St Annes tennis club, Wigan Warriors (Stanley Rugby Club), AA Dance Academy and Lancashire Cricket Association as they provided ASC and curriculum clubs. Adverts for each of these local clubs was shared on Parent App including holiday clubs that they offer. Ramp city were not able to offer sessions this year.	Continue with these links. Look at making links with local football clubs to share info about recruitment as this is a common question from pupils' and parents.

Key indicator 5: Increased participation in competitive sport				
Intent	Implementation		Impact	Sustainability and suggested next steps:
To enter a range of competitions against other Blackpool schools.	<ul style="list-style-type: none"> <li>To enter the Blackpool sports leagues in netball, girls and mixed football as well as cross country.</li> </ul>	£500	We entered the football, netball and cross country league. We finished top 3 in all.	Enter them in 2023-2024. Clubs advertised in September 2023.



Enter teams in sporting festival	These will give the children who attend the after school training sessions the opportunities to compete in L2 competitions.			
	<ul style="list-style-type: none"> <li>Enter sporting festivals hosted by Blackpool Sports and BFCCT. These festivals will allow those children who are less confident the opportunity to work alongside other schools in a more relaxed competitive environment.</li> </ul>	£1000	We entered 12 festivals over the year. 2 of which were targeted at SEN pupils.	
	<ul style="list-style-type: none"> <li>Youth Games inter school competition to run alongside Youth Games week to allow all children to experience sporting competition at Level 1.</li> </ul>	£200	Years 3 and 4 held a range of L1 competitions which the children really benefited from.	
	<ul style="list-style-type: none"> <li>Level 1 tournaments planned at the end of games units to allow the children to implement the skills they have learnt in a game situation</li> </ul>		Level 1 competitions were a focus of Health week. These help reinforce the sporting values for all.	Look at organising more L1 tournaments as the end of each games unit in KS2 to reinforce the values on a regular bases.

	against their partner year group.			
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<b>Meeting National Curriculum Requirements for Swimming &amp; Water Safety</b>	<b>2022-2023 60 children</b>
Percentage of current Year 6 cohort who swim competently, confidently and proficiently over a distance of 25 metres	88%
Percentage of current Year 6 cohort who can use a range of strokes effectively (e.g. front crawl, backstroke and breaststroke)	82%
Percentage of current Year 6 cohort perform safe self-rescue in different water based situations	76%

£16,620

Signed off by	
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Subject Leader:	<i>N. Duquesnay</i>