

<b>WEEK ONE</b> <i>Week Commencing:</i> 11th November 2nd & 23rd December 13th January 3rd & 24th February 17th March 7th April	F+ Autumn & Winter 2024-2025	<b>MONDAY</b>	<b>SUGARWISE TUESDAY</b>	<b>WEDNESDAY</b>	<b>SUGARWISE THURSDAY</b>	<b>FRIDAY FAVOURITES</b>
	<b>Traditional Choice</b>	Pork or Vegetarian Meatballs with Mild Chilli & Sweet Pepper Sauce Mixed Rice & Broccoli Florets	Lancashire Butter Pie with Garden Peas & Carrots or Baked Beans (v)	Roast Chicken or Roast Quorn Fillet & Gravy with Roast Potatoes & Seasonal Vegetables	Booths Beef or Vegetarian Burger in a Bun with Paprika Wedges, Sweetcorn & Tomato Ketchup	Golden Crumb Fish Fingers with Oven Baked Chips Garden Peas or Baked Beans
	<b>Alternative Choice</b>	Macaroni & Cheese with Homemade Crusty Bread & Salad Selection (v)	Loaded Vegetable Quesadilla with Herby Wedges & Salad Selection (v)	Tomato & Mascarpone Pasta with Homemade Herby Bread & Salad Selection (v)	Pasta Twists & Tomato Sauce with Homemade Dough Balls & Salad Selection (v)	Homemade Pizza Margherita with Oven Baked Chips Garden Peas or Baked Beans (v)
	<b>Jackets &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwich Roll with Oven Baked Chips Vegetable Sticks & Dips
	<b>Desserts</b>	Toffee Bananas & Custard or Fruit Yoghurt ~ Fruit Selection & Milk	Lancashire Cheese & Biscuits or Low Sugar Jelly ~ Fruit Selection & Milk	Raspberry Bun or Fruit Yoghurt ~ Fruit Selection & Milk	Lemon Biscuit & Fruit Wedges or Low Sugar Jelly ~ Fruit Selection & Milk	Cocoa Krispie Cakes ~ Fruit Selection & Milk

<b>WEEK TWO</b> <i>Week Commencing:</i> 28th October 18th November 9th & 30th December 20th January 10th February 3rd & 24th March 14th April		<b>MEAT FREE MONDAY</b>	<b>SUGARWISE TUESDAY</b>	<b>WEDNESDAY</b>	<b>SUGARWISE THURSDAY</b>	<b>FRIDAY FAVOURITES</b>
	<b>Traditional Choice</b>	Vegetarian Sausage Roll & Tomato Ketchup with Herby Potatoes & Baked Beans (v)	Crispy Chicken or Vegetable Burger in a Bun with Paprika Wedges Garden Peas & Sweetcorn	Booths Pork or Vegetarian Sausage Toad-in-the-Hole with Roast Potatoes, Seasonal Vegetables & Gravy	Cooks Choice of Chicken or Vegetarian Curry with Mixed Rice & Naan Bread	Harry Ramsden's Crispy Battered Fish with Oven Baked Chips & Mushy Peas
	<b>Alternative Choice</b>	Loaded Pizza Pocket with Tortilla Chips Vegetable Sticks & Dips (v)	Pasta Spirals & Tomato Sauce with Homemade Dough Balls & Salad Selection (v)	Oriental Vegetable Noodles with Spring Rolls & Sweet Chilli Sauce (v)	Tomato & Mascarpone Pasta with Homemade Herby Bread & Salad Selection (v)	Homemade Pizza Margherita with Oven Baked Chips Sweetcorn or Baked Beans (v)
	<b>Jackets &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Oven Baked Chips Vegetable Sticks & Dips
	<b>Desserts</b>	Toffee Traybake & Custard or Fruit Yoghurt ~ Fruit Selection & Milk	Vanilla Biscuit & Fruit Wedges or Low Sugar Jelly ~ Fruit Selection & Milk	Strawberry Mousse or Fruit Yoghurt ~ Fruit Selection & Milk	Lancashire Cheese & Biscuits or Low Sugar Jelly ~ Fruit Selection & Milk	Chocolate Cookie ~ Fruit Selection & Milk

<b>WEEK THREE</b> <i>Week Commencing:</i> 4th & 25th November 16th December 6th & 27th January 17th February 10th & 31st March 21st April		<b>MONDAY</b>	<b>SUGARWISE TUESDAY</b>	<b>WEDNESDAY</b>	<b>SUGARWISE THURSDAY</b>	<b>FRIDAY FAVOURITES</b>
	<b>Traditional Choice</b>	Big Brunch Booths Pork or Quorn Sausages Free Range Omelette Crispy Potatoes & Baked Beans	Savoury Beef or Quorn Mince & Dumplings with Mashed Potatoes & Seasonal Vegetables	Roast Chicken or Roast Quorn Fillet & Gravy with Roast Potatoes & Seasonal Vegetables	Puff Pastry Cheese Whirl with Herby Wedges & Baked Beans (v)	Golden Crumb Fish Fingers with Oven Baked Chips Garden Peas or Baked Beans
	<b>Alternative Choice</b>	Golden Crumb Salmon Fillet Fingers with Crispy Potatoes Garden Peas & Sweetcorn	Tomato & Mascarpone Pasta with Homemade Herby Bread & Salad Selection (v)	Vegetable & Chick Pea Curry with Mixed Rice & Naan Bread (v)	Spaghetti Bolognese with Homemade Dough Balls & Salad Selection	Homemade Pizza Margherita with Oven Baked Chips Garden Peas or Baked Beans (v)
	<b>Jackets &amp; Sandwiches</b>	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwich Roll with Oven Baked Chips Vegetable Sticks & Dips
	<b>Desserts</b>	Rice Pudding & Fruit Jam or Fruit Yoghurt ~ Fruit Selection & Milk	Lancashire Cheese & Biscuits or Low Sugar Jelly ~ Fruit Selection & Milk	Oaty Flapjack or Fruit Yoghurt ~ Fruit Selection & Milk	Shortbread Biscuit & Fruit Wedges or Low Sugar Jelly ~ Fruit Selection & Milk	Chocolate Cupcake ~ Fruit Selection & Milk