



Dream big, shine bright

St NICHOLAS

C of E Primary School, Alcester

Keeping Skills Sharp for September 2025

Year 4 to Year 5

We all deserve a well-earned summer break, but in order to keep your skills practised and help to prepare for the challenges of the next academic year, we have suggested some ideas of fun things you can do over the summer holidays to keep your school skills sharp.

Inside this booklet:

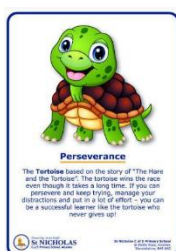
You will find a wide range of activities and links to help keep you occupied at home over the summer and keep those academic skills ticking over whilst you are having fun this summer.

- Ideas of English and Maths activities to try over the holidays.
- Information about the library summer reading challenge.
- Specific spelling, punctuation and grammar which you will be learning about next year and ideas of how to get a head start on this.
- Thrive activities to support wellbeing and regulation

Look out for activities that could earn you a Golden Ticket in September or perhaps even win a prize!

Remember in September bring in your examples of activities that you have completed. Your new teacher will be so proud of your hard work this summer.

You could earn; Golden Tickets, reading stickers/bookmarks/ badges, house points and stamps in your planner.



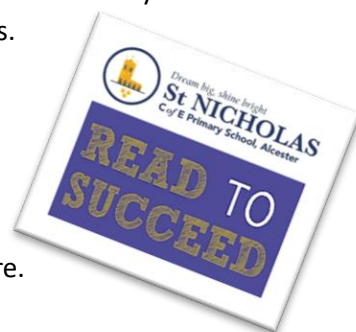
Golden Ticket



Reading



Take part in the Library “Story Garden” Reading Challenge (available from all libraries). Register at [Summer Reading Challenge](#), visit the library and read books over the holiday and earn rewards and badges.



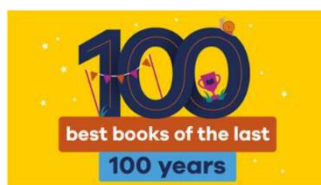
Read as much as you can - try a new author or different genre of book you haven’t tried before.

Recommend and/ or swap books you have enjoyed with friends and family.

There are lots of book recommendations here:

[Our book recommendations | BookTrust](#)

<https://schoolreadinglist.co.uk/Summer Reading Challenge>



What was your favourite summer read?

Book Review

Book review by: _____

Title: _____

Author: _____

Non fiction

☐

Fiction

☐

What is the book about?

Who would this book be suitable for? Age/interests

Would you/would you not recommend the book? Why?



Book Illustration

Writing

Get ahead...

Have a look at your year group's spelling, punctuation and grammar which you will be learning next year on our website: [Year group SPaG objectives | St Nicholas' CofE Primary \(secure-primariesite.net\)](#)

Take a look at the Scode spellings you will be working on next year on our website: <https://st-nicholas-cofe-primary.secure-primariesite.net/scode-spelling-scheme-spelling-lists/> PLEASE NOTE – Year 5 will be working on Year 4's spellings and year 6 will be working on Year 5's spellings this year (2024-25) as we roll out this new scheme across Key Stage 2.

Write a friend/ family member a post card, letter or email. Your child could also let their new teacher know what a lovely holiday they are having by sending a postcard to:

Your new teacher's name & class
St. Nicholas C E Primary School
St. Faith's Road
Alcester
Warwickshire
B49 6AG

Start your new school year off well with a Golden Ticket and house points for every postcard received!

Try these English activities, games and websites:

<https://www.oxfordowl.co.uk/>

<https://www.ictgames.com/>

<http://www.phonicsplay.co.uk/>

[Learning Activities - The Children's University of Manchester](#)

MATHS

Number

- Practise number facts to 10, then extend to 20 and 100, or include decimals to 1
- Keep learning times tables (play board games but use 2 dice and add/ multiply the score).
- Practice the divisions that go with times tables at the same time.

Eg: $3 \times 9 = 27$, $9 \times 3 = 27$, $27 \div 9 = 3$, $27 \div 3 = 9$.

___ $\times 9 = 27$, $3 \times$ ___ $= 27$ ___ $\times 9 = 27$, $3 \times$ ___ $= 27$

$3 \times 90 = 270$, $900 \times 3 = 2700$, $270 \div 9 = 30$, $2700 \div 30 = 90$. $3 \times 0.9 = 2.7$

- Apply all of the above in the context of money,

Time

Practice telling the time (o'clock, half past etc) and finding time durations and differences using both analogue and digital initially an hour later, earlier building up to a journey time eg. 15:36 – 17:04

Shape, Measures and Data

Involve the children in the preparations of events / outings

eg Making the cakes for a picnic

- Weighing,
- Measuring liquids
- Reading scales, Temperature
- Working out time differences,
- Doubling, halving (recipe quantities)

Planning a day out /trip

- Reading bus / train/ plane timetables,
- Working out the cost of the trip, and cheapest way to travel
- How long a journey will take,
- Estimation miles/ kilometres,
- How much petrol is used, How much the petrol costs,

Use the supermarket trip

- Weighing fruit and vegetables
- Estimation of the final bill (round to nearest £ and keep a running total
- Find the best value – look at the deals, Are they really value for money?
- Sale reductions – half price, % reductions,

Notice charts and graphs in magazines and newspapers.

Notice and name shapes, both 2D and 3D, discussing their properties.

Useful Maths Websites:

www.mathszone.co.uk

www.nrich.maths.org

www.mathplayground.com

<https://mathsframe.co.uk/>

<https://ttrockstars.com/>

<https://www.ictgames.com/>

<https://keystagefun.co.uk/>

OPAL and Forest school ideas...

Take your paints and crayons outdoors and get inspired by nature's colours, textures, sights and sounds.

You can even collect natural items to use in their artwork. But remember, only gather things that have fallen naturally to the ground don't break things off trees and plants.



- Create a tree using sticks.
- Use fallen leaves and petals as 'stampers' - paint them, then press onto card to create a print.
- Make a natural collage or sculpture of an animal that lives in your garden, like a bumblebee or a grasshopper.
- Make a repeating pattern using leaves, petals or pebbles.
- Make mud paint by mixing soil with a little water.



Make a maze for a snail



Find the colours of the rainbow



Play noughts and crosses



Assemble a tiny stone tower



Make a potion or perfume

Wellbeing Activities from My Happy Mind:

Support your child at home

Log onto the parent app for more information about the Meet Your Brain module and how you can support your child at home.

There are lots of activities you can do together including Happy Breathing and making a Glitter Jar, listening to the story and song, plus much more.

myHappyMind for Parents

Exclusively for parents with children at a myHappyMind School or Nursery.



Educate yourself

Learn all about what your children are learning in school



To access the materials just go to **<https://myhappymind.org/parent-resources>** and enter your name, email and authentication code.

(Please contact your school for your authentication code.)

Wellbeing Activities with Thrive:

Look after your wellbeing this summer - choose one, two or three activities to complete each week and tick them off as you go! Share your favourite activities on social media and tag @ThriveApproach in your post.

1. Nature week

Explore your garden or local park and see what you can find - sticks, leaves, feathers. Arrange your items on the ground to create a picture.

Make a cake for the birds. Make a small hole in the bottom of a yoghurt pot, thread some string through and tie a knot on the inside. Leave enough string so that you can hang the pot up. Cut some soft lard into pieces and mix with seeds, raisins and cheese. Fill the pots and put them in the fridge. Once set, hang where birds can enjoy, and you can watch them!

Plan a day out with your friends or family. Go for a walk, bike ride, swim or picnic and enjoy being outside in the fresh air.

2. Art Week

Create splatter painting! Dip your paint brush or spoon into the paint then flick your wrist to splatter the paint across the paper. Continue splattering with different colours and movements to create your masterpiece.

Make a fan for a hot day. Decorate one side of a paper plate then fold it in half so the blank side is on the inside. Staple the outer edges together and tape a lolly stick to the middle as a handle - your fan is ready to use!

Try continuous line drawing - the aim is to not take your pencil off the paper. It doesn't matter if it makes the drawing look scribbly or messy - that's part of the fun!

Let's help every child
thrive

Thrive's 6 weeks of summer

3. Mindfulness week

Put a blanket down outside and watch the clouds. Notice how they move and change shape, what do they look like? Take some deep breaths and pretend you're blowing the clouds along.

Go for a mindful walk in your local area. Notice the colours, sounds and smells around you. How does your body feel when you walk slowly or when you go up a hill?

Find a meditation or body scan video to help relax your mind and body. How does it make you feel?

4. Gratitude week

Use the Thrive Gratitude Treasure Hunt to explore your surroundings and find things you're grateful for.

Make a jar of joy! Take note of joyful days, moments or feelings, write them down and put them in your jar. At the end of the year, open it up and remember all of the things that made you smile!

Say thank you to someone you care about by making them a surprise breakfast one morning.

5. Self-care week

Download the Thrive self-care bingo and see how many activities you can cross off in a week. Challenge your friends and family to do the same.

Plan a home spa day. Make your own natural facemasks, have a bubble bath or do your own pedicure. Do anything that makes you feel relaxed and special.

Research yoga and the benefits it can have on your mind and body. Try different poses and build your own sequence to practice.

6. Food week

Find a local market and see what food is on offer - is there something you've never tried before?

Have a picnic outside with your friends or family. Ask everyone to bring their favourite food to share with the group.

Get creative in the kitchen and cook a meal or snacks from a different country.

Yay, you've completed Thrive's 6 weeks of summer! Celebrate by downloading your certificate from thriveapproach.com/resources

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Joy and Celebration activities for children

Write down happy memories and keep them in a jar for when you want to remember them

Create a gratitude tree and hang it in your bedroom

Create a collage to celebrate joyful moments

Celebrate someone you love by giving them a hug or complimenting them

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