

PSHE - Intent, Implementation and Impact Statement

Intent

Here at St Nicholas, we hold children at the heart of our PSHE curriculum. We promote a strong ethos of care and provide the children with a safe, nurturing environment. Within our curriculum, we have a strong emphasis on children developing their emotional literacy, building their resilience and nurturing their mental and physical health. We provide the children with learning experiences to help them to navigate the world around them, as well as developing positive relationships with themselves and others too.

Our PSHE curriculum is underpinned by a mindful approach, which supports the children in identifying their thoughts and feelings. This enables them to regulate their emotions and encourage them to choose their behaviours. Our curriculum is intended to strengthen knowledge, skills and connections, whilst supporting the children with their understanding of how to keep safe. Our curriculum equips them with the tools they will need when facing challenges of adulthood, as well as encouraging the children to have high aspirations and follow our school ethos of dreaming big and shining bright, to help them achieve their potential in later life.

Our broad and balanced PSHE curriculum helps the children to find a sense of belonging within their community; it teaches them to celebrate differences, resolve conflict and understand the importance of building healthy relationships with others in their life.

In addition to this, our curriculum promotes fundamental British values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different beliefs and faiths. SMSC opportunities are distributed throughout the curriculum, to ensure that each year group has balanced coverage. Each PSHE lesson contributes to a SMSC target. Our curriculum also provides our children with the statutory Relationship Sexual Education, which teaches the children to understand and respect their bodies, know how to cope with changes, develop positive relationships, build their self-esteem and empower themselves to be safe.

Implementation

Our PSHE curriculum is delivered through the Jigsaw scheme, which is a comprehensive approach with a mindfulness focus. This scheme is embedded throughout our school, with six lessons taking place across each half term. Jigsaw consists of six half-term units, which are known as puzzles. Each puzzle contains six lessons, known as pieces. Each Year group across the school completes the same puzzle at a time, with each individual lesson being tailored specifically to each Year group.

Term 1: Being Me In My World

Term 2: Celebrating Difference (to include anti-bullying)

Term 3: Dreams and Goals

Term 4: Healthy Me

Term 5: Relationships

Term 6: Changing Me (including Sex Education)

Every piece within the puzzle has two Learning Intentions. One is specific to PSHE and the other is designed to develop emotional literacy and social skills.

Every half term, each puzzle is introduced to the children with a whole school assembly, which has moved to being delivered remotely during the COVID-19 pandemic. The children are able to gain an insight and overview about the upcoming puzzle that they will be focusing on during each half term. This facilitates a whole-school learning theme and encompasses the feeling of togetherness along their journey of learning.

The engaging teaching and learning activities are differentiated across the school to match the children's current year group. To ensure correct delivery and implementation within younger years, the Early Years Jigsaw planning is aligned to the EYFS, which is ideally personalised to their current stage and capabilities of learning.

Each Jigsaw lesson is underpinned by the Jigsaw charter. This charter is designed to promote positive behaviour and encourage the need for respect within the lesson. This should be referred to during lessons and recapped and visited regularly to ensure these rules are embedded within PSHE lessons. Each of the lessons are split into six parts; connect us, calm me, open my mind, tell me or show me, let me learn, help me reflect. The children are engaged from the beginning of the lesson, with a game, followed by an opportunity to be calm, then moving on to introducing new information or a concept, then finally finishing with an opportunity for the children to consolidate their learning and reflect meaningfully.

Impact

At St Nicholas, we encourage and value pupil feedback. We want children to be the drivers of their own learning journey, therefore we ensure that they have the opportunity to take part in pupil discussions. This enables the children to speak openly and honestly about our PSHE curriculum and it ensures that the children are able to express their feelings and iterate the impact that our PSHE lessons are having on their learning. Our PSHE scheme, Jigsaw is a whole-school approach to PSHE. Our strong PSHE curriculum builds upon pupils' previous knowledge and demonstrates a clear progression across year groups. This is evident from the same six puzzle piece titles, which are consistent across the school.

Jigsaw lessons are differentiated accordingly, to ensure that pupil's of all abilities are able to access the PSHE curriculum. This means supporting those who require additional support and challenging those who need further stretching.

Within each Jigsaw lesson, there are opportunities for assessment. When planning lessons, teachers are able to use the two clear Learning Intentions for each lesson to help them to formatively assess the children. Self-assessment is also evident within our PSHE lessons. At the end of each lesson, the children reflect on the lesson, demonstrating their understanding of the lesson. They complete this in a 'jigsaw

piece'. The children also RAG rate their Learning Intentions, which also highlights their level of understanding within the lesson. This allows the children to take ownership and responsibility for their learning, as well as allowing teachers to use this information to inform their PSHE assessment. At St Nicholas, we use 'Insight' to track pupil's progress across the curriculum areas. Insight contains puzzle piece specific statements; which teachers assess their children against.

At St Nicholas, our PSHE curriculum radiates positivity, promotes safety and teaches children about real life, wider issues. It promotes high expectations of children, encourages high aspirations and allows the children to develop and explore their curious nature by becoming actively involved in sessions and divulging in deepening their understanding, through asking questions. The whole-school approach promotes the importance of developing each child holistically, in a mindful and respectful manner.