



**St Oswald's RC Primary School**  
**PE and Sports Grant**  
**2022-23**

<b><u>Funding Received</u></b>	
<p>Number of eligible pupils at September 2022-23: 222</p> <p>Percentage of Year 6 pupils (2018-19) who can swim 25m: 60%</p> <p>Percentage of Year 6 pupils (2019-20) who can swim 25m: 60%</p> <p>Percentage of Year 6 pupils (2020-21) who can swim 25m: N/A due to Covid</p> <p>Percentage of Year 6 pupils (2021-22) who can swim 25m: N/A due to Covid</p> <p>Percentage of Year 6 pupils (2022-23) who can swim 25m: 80%</p>	<p>Total amount received: £ 17,760</p>
<b><u>Objectives</u></b>	
<p><b>Objectives of spending the sports grant:</b></p> <ul style="list-style-type: none"><li>• Staff maintain an up to date knowledge of the PE Curriculum and invest in quality professional development</li><li>• Pupil participation in competitions, events and festivals within and outside of school</li><li>• Improve physical and mental wellbeing</li><li>• Instill in all pupils a love of sport and physical activity</li><li>• Broaden the sporting opportunity available to pupils</li><li>• Increase participation in clubs and sport outside of school</li><li>• Engagement of all pupils in regular physical activity - 60 minutes a day, of which 30 minutes should be in school</li><li>• PE instructors and coaches to develop sporting skills in pupils</li><li>• Continue to replenish and maintain sports equipment - outdoors in particular</li><li>• To enhance the Catholic Life of the school.</li></ul>	

### Breakdown of Spending

<u>Objective</u>	<u>Activity</u>	<u>Approx. Funding Allocated</u>	<u>Impact</u>	<u>Sustainability</u>
Staff maintain an up to date knowledge of the PE curriculum	Annual South Tyneside Sports Network Membership	£3,000	PE Lead will receive up to date curriculum information through regular updates and CPD. This has been shared with staff so they can also be upskilled. Support and development has also been provided for staff who lead after school sport clubs.	Teachers build up increased confidence, knowledge and skills to deliver improved PE lessons through training and working alongside PE specialists.  Staff being upskilled will benefit our future children and give them more confidence to teach high quality PE in the present
Staff maintain an up to date knowledge of the PE curriculum	Sports Coaches to cover 1 PE lesson a week across EYFS, Key Stage 1 and Key Stage 2 (other lessons taught by Class Teacher)	£7,000	Teachers will work alongside specialist coaches to build upon their skills  A broader range of sports will be provided so that children can be engaged in different ways. Research suggests that at a young age, children cognitively develop better when they experience a wider range of activities	New sports created new interests and pathways for the children. Meanwhile, teachers created new links to local community clubs that can be utilised in the future.
Instill in pupils a love of sport and physical activity	Sports Coach for afterschool Clubs min 2 x per week			
Broaden the sporting opportunity available to pupils	Swimming Lesson and Transport			
	Purchase new PE/Sports equipment	£10,000	Pupils will have access to specialist coaching to encourage a love of sport and physical activity	The resources for the new activities will benefit children who attend our school in the future.
Replenish and maintain sports equipment - outdoors in particular	Create a curriculum scheme for whole school through the Trust PE writing day	£0	Pupils learn new skills and gain knowledge of keeping fit and healthy	Teachers will be more experienced by then to develop excellent sessions. Children will have the opportunity to find an aptitude in a

<p>PE instructors and coaches to develop sporting skill in pupils</p> <p>Increase participation in clubs and sport outside of school</p> <p>Engagement of all pupils in regular physical activity - 60 minutes a day, of which 30 minutes should be in school</p>	<p>Membership to Bishops Cup and South Tyneside Schools Football League</p>	<p>£30</p>	<p>New equipment/resources ensures that teachers can plan more exciting lessons throughout the year. It also keeps pupils involved in keeping fit during PE lessons and playtimes, as well as an improvement in behaviour.</p>	<p>different sport. This in turn can lead to new aspirations.</p>
	<p>JumpStart Jonny Subscription</p>	<p>£200</p>	<p>Children develop their stamina, engage with the seasons and take more responsibility for their health and well-being.</p>	<p>Children will notice the positive impact of exercise on their body and learning and consequently take more responsibility in the future for their physical and mental health.</p>
	<p>Daily Mile</p>	<p>Free</p>	<p>Children will be provided with the opportunity to stay active within the classroom during the school day. Jump Start Jonny 'energizers' will help children to be more alert and able to process new learning. Meanwhile, the 'chillouts' will promote calm and positive mental health where necessary.</p>	<p>A well organised and effective Daily Mile that produces positive health and well-being outcomes will be maintained so future children can benefit from the initiative.</p>
<p>Increase pupil participation in competitions and events</p>	<p>Attending local Sports Festivals / Events</p>	<p>£200</p>	<p>Children will develop an understanding of team games and competing</p>	<p>Children that represent their school are shown to have a good chance to stay involved in sport</p>

Overall Spend on objectives for 2022-23: £15,876.35

**Impact of Premium Use**

**Impact on pupils' participation**

Pupils have regularly attended a variety of clubs. They are keen to come along to afterschool clubs with permission slips returned promptly. Pupils have enjoyed attending various festivals and they show enthusiasm during lessons within school.

**Impact on pupils' attainment**

Pupils show a good understanding of various sports and the skills required for them. They can talk in depth about the sports and activities they have taken part in throughout the year and are able to compare and apply the skills they have gained in sporting activities to other sports and lesson tasks.

They are aware of the reasons and benefits of staying active and can talk about what it is important. Pupils have developed a widened knowledge of various sports and games and how to participate. They show a good level of enthusiasm and team work skills within their PE lessons and are able to use these skills in other areas.

**How the premium has allowed pupils to develop active lifestyles**

It has enabled the pupils to attend a variety of sporting events and clubs and they have accessed various activities within lesson. Setting up a Change4Life club has encouraged and promoted healthy lifestyles. Alongside this, the 'Change4Life' information packs on healthy lifestyles and staying active are sent home to help promote these aspects outside of school.

**How the school will sustain the improvements**

The 'Change 4 Life' club will continue, targeting a new set of pupils each time. The PE co-ordinator will attend the regular curriculum meetings to ensure planning and teaching activities are kept up to date. Allow children to share their sporting experiences with others in order to encourage others to take part.

