

THE ASCENSION of the LORD

Entrance Antiphon

Men of Galilee, why gaze in wonder at the heavens?
This Jesus whom you saw ascending into heaven
will return as you saw him go. Alleluia!

Gloria

Glory to God in the highest,
and on earth peace to people of good will.
We praise you, we bless you,
we adore you, we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world, have mercy on us;
you take away the sins of the world, receive our prayer;
you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

The Liturgy of the Word

First Reading: Acts 1:1-11

Psalm: God goes up with shouts of joy;
the Lord goes with trumpet blast.

Second Reading: Ephesians 1:17-23

Gospel Acclamation: Alleluia, alleluia!
Go, make disciples of all the nations;
I am with you always; yes, to the end of time.
Alleluia!

Gospel: Matthew 28:16-20

The Creed

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
At the words that follow, up to and including 'the Virgin Mary', all bow.
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy, catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

The Liturgy of the Eucharist

The mystery of faith.

When we eat this Bread and drink this Cup,
we proclaim your Death, O Lord,
until you come again.

Prayer of Spiritual Communion

My Jesus,
I believe that you are present in the Most Holy Sacrament of the Altar.
I love you above all things, and I desire to receive you into my soul.
Since I cannot at this moment receive you sacramentally,
come at least spiritually into my heart.
I embrace you as if you were already there and unite myself wholly to you.
I love you, my Jesus: never permit me to be separated from you.
Amen.