

Part A

<b>Work related activity assessed:</b>	Swimming Pool – All Risks - Activites / Sessions		
<b>Area / location assessed:</b>	All Pool Areas within IHL Facilities		
<b>Assessor:</b> R Mazey	<b>Date:</b> June 2020	<b>Ref. No</b> Swimming C19 <b>Issue:</b> 1	
<b>Identify who might be at risk:</b>	Participants, Instructors, General Public, Inspiring healthy lifestyle staff and contractors		
<b>No. of persons at risk</b>	1 - 4 <input type="checkbox"/> 4 - 10 <input type="checkbox"/> 10 - 20 <input type="checkbox"/> over 20 <input checked="" type="checkbox"/> (tick)		
<b>Residual risks identified also requiring individual assessments;</b> COSHH <input type="checkbox"/> Manual Handling <input checked="" type="checkbox"/> Noise <input checked="" type="checkbox"/> Display Screen Equipment <input type="checkbox"/> Others <input type="checkbox"/> (tick)			
<b>Any of the above completed:</b>			

Risk ratings B and A represent ratings Before and After control measures are applied.  
(See risk rating chart)

IDENTIFIED HAZARDS & RESULTANT RISKS	EXISTING CONTROL MEASURES IN PLACE	B	A
<b>General Pool Supervision</b>			
(by Lifeguards/Swim Teachers)			
<ul style="list-style-type: none"> <li>Loss of concentration</li> <li>Distraction</li> <li>Glare</li> <li>Poor lighting</li> <li>Blind Spots</li> <li>Staff leaving poolside</li> <li>Improper supervision</li> <li>Potential for death/drowning/near drowning</li> <li>Head injury/various user injuries, accidents and incidents</li> <li>Disorderly behaviour by customers</li> <li>Diving in shallow end</li> <li>2<sup>nd</sup> lifeguard reacting from changing village/other area of the centre to poolside</li> </ul>	<ul style="list-style-type: none"> <li>Lifeguards NPLQ</li> <li>QMS – PSOP/EAP standards, positioning, patrolling,</li> <li>max poolside duty times outlined in PSOP. It is recommended that Lifeguards are not on poolside for longer than 90 minutes.</li> <li>Lifeguard must never leave poolside unattended. Assistance can be requested via radio/pool alarm.</li> <li>All pool staff attend regular NPLQ training (monthly) as well as site specific training.</li> <li>All teachers must hold a teaching qualification and are NPLQ/NRASCT qualified.</li> <li>Emergency pool alarms tested each morning</li> <li>Qualifications; 9<sup>th</sup> Edition NPLQ</li> <li>Structured sessions/Adults only, lifeguard ratio 1:25</li> <li>Reaction time of staff tested from sound of alarm to arrival at pool of resulting in 17 second timeframe.</li> <li>Lifeguard trained to press the alarm then initiate the rescue before 2<sup>nd</sup> lifeguard arrives on poolside</li> <li>Chair/lifeguard positions to minimise glare</li> <li>Blind spots in pool assessed within PSOP by TA.</li> </ul>	16 H	4 L

Date: October 2019

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<ul style="list-style-type: none"> <li>• Single lifeguard clearing the pool before initiating water-based rescue.</li> <li>• Action of lifeguard in changing room operating as single lifeguard backup should an emergency situation in another area of the centre requiring staff attendance</li> <li>• Spread of Covid-19 Coronavirus due to infected individuals (coughing or sneezing directly in the vicinity of others or over surfaces.)</li> </ul>	<ul style="list-style-type: none"> <li>• LZVT completed at 3 separate times, 7.00am, 12.00pm and 6.00pm. Completed in Summer and Winter.</li> <li>• Dynamic Risk Assessments – AM's to assess variances or unusual circumstances in sessions. Lifeguard to radio if they feel the session needs assessing at that particular time due to instances involving weak swimmers, elderly swimmers, disabled swimmers, increased number of children, boisterous behaviour plus anything else they feel needs to be assessed if they are unsure.</li> <li>• If instances where lifeguards are reduced to 1 during casual swim staff must stay within the changing village to ensure a quick response if needed. This decision is only to be made by the manager on duty.</li> <li>• Plan of where the 2<sup>nd</sup> lifeguard working zone is to facilitate a quick response in an emergency detailed within the PSOP</li> <li>• Backup lifeguard remains in the changing village to ensure pool remains supervised directly/indirectly to the levels stipulated in PSOP/EAP</li> <li>• Customers and members of staff displaying symptoms (a new or persistent cough or raised temperature [exceeding 37.8 degrees] will be asked not to attend any of our centres and to stay at home for 10 days or until a negative test result is received. Should individuals live with others who display symptoms they should stay at home in isolation for 14 days.</li> <li>• Customer and members of staff who have been alerted by the NHS track and trace system will be asked to self-isolate for 14 days and not attend the facility.</li> <li>• The above will be communicated via signage and social media communications.</li> <li>• Protect yourself and others from infection by washing your hands or using an alcohol-based rub frequently and not touching your face.</li> <li>• Increase the frequency of cleaning particularly in well used areas</li> </ul>	<p>16 H</p>	<p>4 L</p>
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	<ul style="list-style-type: none"> <li>• Ensure hand washing facilities/ hand sanitisers are well equipped and checked regularly</li> <li>• Provide hand sanitiser on poolside for lifeguards</li> <li>• Cleaning regimes for all equipment must be increased to help reduce the risk of infection and to keep everybody safe.</li> <li>• All rescue equipment such as reach poles, throw bags, should be disinfected after use, additional rescue equipment to be available at lifeguard stations.</li> <li>• Torpedo buoys on poolside, if they are to be carried / shared by lifeguards on shift duty, there must be a system in place to be able to disinfect the buoy at the point of the poolside change over.</li> <li>• It may be more appropriate to position these torpedo buoy's at each lifeguard positions</li> <li>• Rescue boards should be checked / inspected and cleaned on a weekly basis as part of the normal operating procedures. If the rescue board has been used during an incident this will need to be fully disinfected and checked.</li> <li>• Lifeguard chairs and handrails where lifeguard's may be positioned, should be disinfected on a regularly basis during change over periods.</li> <li>• Each member of staff to be allocated one radio per shift and disinfected before and after any use.</li> <li>•</li> </ul>		
<p><b>Use of pools / behaviour by general public</b></p>			
<ul style="list-style-type: none"> <li>• Horseplay</li> <li>• Gymnastics</li> <li>• Boisterous/unruly behaviour</li> <li>• running, diving, jumping.</li> <li>• Non-swimmers, weak swimmers, special populations – disabled, babies, elderly.</li> <li>• Overcrowding</li> </ul>	<ul style="list-style-type: none"> <li>• Lifeguards intervention/supervision ratios</li> <li>• Pool rules</li> <li>• QMS PSOP/EAP. Zones/patrolling/rotations</li> <li>• Pool markers / Signage</li> <li>• Staff training and NPLQ</li> <li>• Supervision ratios/bather policy (Displayed)</li> <li>• All lifeguards trained to spot potentially swimmers most at risk.</li> <li>• Customer information – healthy swimming advice.</li> </ul>	<p>16 H</p>	<p>4 L</p>

**Date: October 2019**

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<ul style="list-style-type: none"> <li>• Drowning, injury to themselves and other bathers, spinal, death, slips, trips, near drowning</li> <li>• Misuse of equipment</li> <li>• Unaccompanied children (Under 8)</li> </ul>	<ul style="list-style-type: none"> <li>• Max. numbers (bather load) in line with HSG179 guidance. 6sqm per person within the pool.</li> <li>• Maximum occupancy set to 100sqf per person within the facility.</li> <li>• First aiders, incident/accident reporting/procedures &amp; analysis.</li> <li>• Emergency panic alarms in operation and tested daily and recorded.</li> <li>• Emergency and rescue equipment (spinal board, torpedo buoy, rope, pole available and checked daily.</li> <li>• All lifeguards trained and instructed to enforce swimming pool safety rules.</li> <li>• All staff should carry a whistle and have a radio available to them.</li> <li>• Spine board / rescue board full inspection to take place every month.</li> <li>• Refer to Providing First Aid / Pool Rescue Risk assessment during COVID-19</li> </ul>		
<b>General consideration of the pool area</b>			
<p><b>Access</b></p> <ul style="list-style-type: none"> <li>• Unauthorised access.</li> <li>• Unaccompanied children</li> <li>• Overcrowding by movement between pools</li> <li>• Violence and aggression.</li> <li>• Drowning</li> <li>• Injury to themselves and other bathers, spinal, death, slips, trips, near drowning</li> </ul>	<ul style="list-style-type: none"> <li>• Admissions policy</li> <li>• Bather policy – admissions</li> <li>• Lifeguard intervention</li> <li>• Violence and aggression policy</li> <li>• Physical barriers to prevent pool access (roller shutter after pre-swim showers, key locked doors from changing village to poolside &amp; from the balcony to poolside, changing village locked to prevent access)</li> <li>• Refer to Providing First Aid / Pool Rescue Risk assessment during COVID-19</li> </ul>	16 H	4 L
<p><b>Depth:</b></p> <ul style="list-style-type: none"> <li>• Swimmers out of depth</li> <li>• Drowning/near drowning</li> <li>• Head injury / Spinal injury</li> </ul>	<ul style="list-style-type: none"> <li>• Depth signs/Change of depth signs</li> <li>• Lifeguards NPLQ</li> <li>• PSOP/EAP – standards</li> <li>• Pool rules</li> <li>• No diving signs in place Refer to Providing First Aid / Pool Rescue Risk assessment during COVID-19</li> </ul>	9 H	3 L
<p><b>Emergency incidents:</b></p> <ul style="list-style-type: none"> <li>• Fire/bomb/structural failure/gas</li> <li>• Leak/electrical failure/panic/collision/slips, trips, falls</li> </ul>	<ul style="list-style-type: none"> <li>• QMS – EAP. Documents procedures for all emergencies.</li> <li>• Staff training. Induction/refresher.</li> <li>• Emergency equipment checked and tested. Exits and escapes routes kept clear</li> </ul>	15 H	5 L

Date: October 2019

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	<ul style="list-style-type: none"> <li>Refer to Providing First Aid / Pool Rescue Risk assessment during COVID-19</li> </ul>		
<p><b>Pool Rescue equipment</b></p> <ul style="list-style-type: none"> <li>Lack of emergency aids – misuse.</li> <li>Lack of communication/assistance</li> <li>Lack of rescues/emergency equipment</li> <li>Failure of rescue equipment</li> </ul>	<ul style="list-style-type: none"> <li>Lifeguard intervention</li> <li>Pool alarm – tested &amp; recorded daily</li> <li>All lifeguards to carry whistle for communication and radios</li> <li>Poolside Equipment (ropes/poles/throw bags/torpedo's). Checked daily by lifeguards prior to opening and monthly.</li> <li>Spinal board.</li> <li>Lifeguards NPLQ</li> <li>QMS/PSOP/EAP</li> <li>Staff training – monthly compulsory attendance.</li> <li>Seasonal staff have to attend training before re-commencing work &amp; complete competency test</li> </ul>	8 H	4 L
<p><b>Poolside equipment</b></p> <ul style="list-style-type: none"> <li>Faulty / unsuitable for use.</li> <li>Floats/lane ropes/starting blocks.</li> <li>Polo nets/push pads/anti wave lane ropes-entanglement/strangulation/arm bands/rings/discs/fins (lessons only)</li> <li>Fun session floats – blind spots, misuse, drowning, user injury, entrapment, manual handling injuries, overcrowding Snorkels, masks, user injury, collision</li> <li>Unhygienic equipment/inflatable</li> </ul>	<ul style="list-style-type: none"> <li>Monthly equipment checks</li> <li>Work instruction for setting up blocks/ropes</li> <li>Swimmer moved to one side when removing ropes from pool</li> <li>Equipment suitably stored (designated areas/locations)</li> <li>Rings/bands/discs/floats etc are purchased from a reputable supplier and all carry the CE mark. Blow up arm bands are not loaned to customers due to hygienic reasons. Armbands can be purchased from the sportsmax sales point in reception. Customers are encouraged to purchase their own flotation aids.</li> <li>Lifeguard positioning and intervention.</li> <li>Manual handling COSWP/training. Work instructions. Bather loads identified</li> <li>Snorkels only allowed in sub aqua sessions.</li> <li>Inflatable follows a cleaning weekly programme</li> <li>Refer to Providing First Aid / Pool Rescue Risk assessment during COVID-19</li> </ul>	12 H	4 L
<b>Activities within the Pool area</b>			
<p><b>Swimming lessons (centre – pre-school, child and adult)</b></p> <ul style="list-style-type: none"> <li>Unqualified staff – drowning, poor supervision</li> </ul>	<ul style="list-style-type: none"> <li>Full teachers to hold level 2. Swim England Level 1 teachers to be utilised as cover staff under supervision of a level 2 teacher and provided with a session plan.</li> </ul>	12 H	4 L

Date: October 2019

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<ul style="list-style-type: none"> <li>Poor communication, collisions, lack of emergency aids</li> <li>Teacher leaving group unattended distracted by situations (parents/other staff)</li> <li>Weak/non swimmers, unaccompanied children</li> <li>Dealing with emergency incident</li> <li>Unaccompanied children walking up to deep end of main pool without floatation aids on.</li> <li>Disabled children accessing the lesson programme – lack of supervision, lack of awareness of needs, drowning, slips/trips, collision. Access/egress issues etc</li> </ul>	<ul style="list-style-type: none"> <li>STA Level 1 teachers are able to teach un supervised up to stage 4 lessons</li> <li>Lane segregation for lessons. Max. no. 1:12 for beginners/improvers in line with Swim England guidance and 1:20 for competent swimmer groups (25m + ability). Bather: water space considered when setting max. numbers for individual classes.</li> <li>National Pool lifeguard/ NRASCT qualification to be completed within 6 months of start of employment. Where not possible a lifeguard to be arranged.</li> <li>When NRASCT teacher is on poolside an NPLQ qualified lifeguard works in the changing village to ensure quick response to any emergency situation</li> <li>Weaker swimmers in shallower water, this can be either, main pool, small pool or where levels are adequate for the session.</li> <li>Refer to QMS procedures</li> <li>Teachers not to engage in lengthy conversations with parents.</li> <li>Radios to be taken onto poolside prior to lessons starting.</li> <li>In QMS – responsibility defined. Instructors encouraged to carry a whistle.</li> <li>Teacher to collect children from pool entrance point for deep water lessons. Support in the water for beginners to aid confidence and provide immediate response. Armbands for all non-swimmers.</li> <li>Case by case basis. Assessed by teacher in-house with parents in order to meet child’s needs. Many include additional staffing in the water/parent on poolside/buoyancy aids/pool hoist etc.</li> <li>Volunteer in the water with stage one swimmers to assist the teacher</li> <li>Specific pick up &amp; drop off areas for all small pool lessons marked out with chain link barriers.</li> <li>Refer to Providing First Aid / Pool Rescue Risk assessment during COVID-19</li> </ul>		
<p><b>Swimming Lessons – education.</b></p> <ul style="list-style-type: none"> <li>Unqualified teacher supervision (teachers/helpers)</li> </ul>	<ul style="list-style-type: none"> <li>3 education teachers splitting the children equally (up to 45 children)</li> <li>Lifeguard intervention</li> </ul>	12 H	4 L

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<ul style="list-style-type: none"> <li>• Distraction of teachers. drowning, poor supervision.</li> <li>• Poor communication, collisions, lack of emergency aids</li> <li>• Teacher leaving group unattended distracted by situations (parents/other staff)</li> <li>• Weak/non-swimmers, unaccompanied children.</li> </ul>	<ul style="list-style-type: none"> <li>• Teacher responsibility before during and after.</li> <li>• Armbands for non-swimmers</li> <li>• Schools informed that we recommend a maximum of 45 children which would be split between 3 level 2 teachers.</li> <li>• Schools can bring 60 children although the school would have to provide a school teacher to instruct the additional 15 children</li> <li>• School teacher would have a lesson plan given to them by a qualified teacher &amp; they would teach next to a qualified teacher who could assist if required</li> <li>• Refer to Providing First Aid / Pool Rescue Risk assessment during COVID-19</li> </ul>		
<p><b>Galas</b></p> <ul style="list-style-type: none"> <li>• Collisions, drowning, overcrowding, misuse of equipment, user injury – bangs to head.</li> <li>• Shallow end diving – spinal.</li> <li>• Insufficient qualification/CRB, child protection</li> <li>• Manual handling injuries</li> </ul> <p>Please also refer to separate Risk Assessment for Gala's</p>	<ul style="list-style-type: none"> <li>• Push pads and timer for galas</li> <li>• Backstroke flags</li> <li>• Organised sessions- managed by club members when using the Pool (only)</li> <li>• Club members are all strong swimmers, there is always a lifeguard situated on the main pool high chair during these times.</li> <li>• Lifeguard required to supervise sessions in the main pool.</li> <li>• Manual handling training/work instructions</li> <li>• Refer to Providing First Aid / Pool Rescue Risk assessment during COVID-19</li> </ul>	12 H	4 L
<p><b>Swimming Clubs Supervision</b></p> <ul style="list-style-type: none"> <li>• Collisions, drowning, overcrowding, misuse of equipment, user injury – bangs to head.</li> <li>• Shallow end diving – spinal.</li> <li>• Insufficient qualification/CRB, child protection.</li> <li>• Manual handling injuries</li> </ul> <p>Please refer to Chase Leisure Centre site pool ratio matrix</p>	<ul style="list-style-type: none"> <li>• Club users must adhere to the conditions of hire and pool side rules.</li> <li>• The club must provide a qualified swimming coach.</li> <li>• Club officials are responsible for all their swimmers who attended.</li> <li>• Chase Swimming Club/Phoenix Swimming Club/Stafford Triathlon Club have their own public liability details</li> <li>• Chase LC staff lifeguard for these sessions (1 lifeguard).</li> <li>• Lifeguard to follow PSOP and all relevant procedures.</li> </ul>	12 H	4 L
<p><b>Adult Only / Lane Swimming/ Ladies Only/Early Bird Swim.</b></p> <ul style="list-style-type: none"> <li>• Entrapment, collisions, bangs to head, arguments, customer congestion, lane rage, loitering, nose to tail swimming.</li> </ul>	<ul style="list-style-type: none"> <li>• Lifeguard to follow PSOP for maximum bather load for this session.</li> <li>• Only certain amount to swim in each lane</li> <li>• Directional signs in place to instruct swimmers to prevent collisions.</li> </ul>	12 H	4 L

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<ul style="list-style-type: none"> <li>• Deep water drowning.</li> <li>• Removal of ropes – entrapment.</li> <li>• Higher risk group (average age of early bird swimmers)</li> <li>• Over-exertion – Due to swimming beyond individual’s limits. This could lead to drowning / illness</li> <li>• Diving Into Shallow Water – Spinal Injuries</li> </ul>	<ul style="list-style-type: none"> <li>• Slow, medium and fast lane signs to be used.</li> <li>• Adults only is 16yrs &amp; above, early bird swim is 14 yrs. &amp; above at Chase currently</li> <li>• Lane swim etiquette displayed and adhered to.</li> <li>• Restricted numbers to prevent overcrowding monitored by reception and lifeguards on duty.</li> <li>• No Diving’ signs are in place before 1.5 metre depth. A spine board is on site. All Lifeguards have regular training in its use.</li> <li>• Only capable swimmers are allowed into this session. Fully qualified lifeguards always supervise the pool. Lifeguard would spot any potential dangers signs and speak to the bather.</li> <li>• As the adult only swimming session is a controlled environment a minimum of one lifeguard may be present with a pool occupancy of &lt;25, with the exception in circumstances where disabled swimmers are present then 2 lifeguards must be on duty irrelevant of the numbers of users.</li> <li>• In situations where &lt;25 users are in the pool and the lifeguard ratio has been reduced to the minimum, the lifeguard on duty MUST be situated in a standing position at the end of the boom on the right-hand side adjacent to the pool alarm. Where &gt;25 users and/or disabled users are within the pool, lifeguard ratios will return to 2 and normal operating positions but be adhered to.</li> <li>• Where &lt;25 users and lifeguard ratios are at a minimum the 2<sup>nd</sup> lifeguard MUST situate themselves in the changing village with a two-way radio where other tasks can be undertaken and to enable them to be immediately available to poolside when required.</li> <li>• Refer to Providing First Aid / Pool Rescue Risk assessment during COVID-19</li> </ul>	<p>12 H</p>	<p>4 L</p>
<p><b>Aqua natal classes</b></p> <ul style="list-style-type: none"> <li>• Overcrowding – Injuries / collisions.</li> <li>• Accidents and incidents</li> </ul>	<ul style="list-style-type: none"> <li>• Maximum bather load for this session is 15. This is based on 4 square metres per individuals.</li> <li>• Water depth is restricted to shallow water, at a maximum depth of less than 1.5 metres (10 metres out)</li> </ul>	<p>12 H</p>	<p>4 L</p>

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<ul style="list-style-type: none"> <li>• Emergency evacuations</li> <li>• Drowning</li> <li>• Over-exertion – Due to pregnancy related problems. This could lead to drowning / illness</li> <li>• Dangers of exercising whilst pregnant - Medical problems / Illness.</li> <li>• Slips, Trips and Falls on poolside – Due to balance when being pregnant.</li> <li>• <b>On – Set of labour</b></li> </ul>	<ul style="list-style-type: none"> <li>• Pool depth of a minimum of 1.0 metre is also available for smaller individuals. The Midwife or pregnancy aquatics qualified instructor will advise the ladies on this.</li> <li>• Pregnancy aquatics instructor takes a session register.</li> <li>• This session is conducted by a pregnancy aquatics qualified instructor.</li> <li>• The pool is always supervised by fully qualified lifeguards. Signs are in place informing the public of the depth of the pool.</li> <li>• Session only takes place in the shallow end of the pool. Pit pool.</li> <li>• All the ladies are screened prior to the classes and the Midwife or pregnancy aquatics qualified instructor monitors their condition throughout the class. The class is low impact.</li> <li>• All participants are informed that they must be referred by their midwife or G.P. before taking part in the activity. New customers are screened prior to the class by the pregnancy aquatics qualified instructor.</li> <li>• A non-slip mat is available for the qualified instructor to use.</li> <li>• The ladies are informed by the pregnancy aquatics qualified instructor to walk on the poolside slowly. The poolside tiles are non-slip.</li> <li>• Lifeguards have access to a radio to contact reception for an ambulance. There are also panic alarms on poolside.</li> <li>• Refer to Providing First Aid / Pool Rescue Risk assessment during COVID-19</li> </ul>		
<p><b>Use of MP3 Players in the water</b></p> <ul style="list-style-type: none"> <li>• Misuse of equipment</li> <li>• Theft</li> <li>• Hearing Damage</li> <li>• Hearing / Paying attention to centre alarms</li> </ul>	<ul style="list-style-type: none"> <li>• These devices are only to be used in certain controlled sessions such as – Lane Swimming Swim Fit Adults only Ladies only.</li> <li>• These devices are use at the owner's risk regarding volume control / theft.</li> <li>• Please see swimming code of conduct for all customers to follow for information regarding these devices.</li> </ul>	8 H	2 L
<p><b>Casual Swim</b></p>	<ul style="list-style-type: none"> <li>• Ratio stated in QMS 1:25</li> </ul>		4

**Date: October 2019**  
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<ul style="list-style-type: none"> <li>• Entrapment, collisions, bangs to head, arguments, customer congestion, loitering.</li> <li>• Children/weak swimmers accessing deep water.</li> <li>• Drowning</li> <li>• Random acts of behaviour</li> <li>• Uncontrolled behaviour</li> </ul>	<ul style="list-style-type: none"> <li>• With all control measures in place and pool bather numbers are between 1-25 the lifeguard would assess the requirement / need for a dynamic Risk Assessment to be undertaken and notify the Manager on duty / Senior Leisure Assistant on duty to attend poolside to perform this and ultimately make the decision if an additional lifeguard is required.</li> <li>• Lifeguard intervention</li> <li>• 2 lifeguards on pool at all times NPLQ.</li> <li>• LZVT completed at 3 separate times, 7.00am, 12.00pm and 6.00pm. Completed in Summer and Winter.</li> <li>• Dynamic Risk Assessments – AM's to assess variances or unusual circumstances in sessions. Lifeguard to radio if they feel the session needs assessing at that particular time due to instances involving weak swimmers, elderly swimmers, disabled swimmers, increased number of children, boisterous behaviour plus anything else they feel needs to be assessed if they are unsure.</li> <li>• With all control measures in place If instances where lifeguards are reduced to 1 during casual swim, a spare lifeguard is on standby &amp; can be requested to the poolside via a 2-way radio.</li> <li>• Refer to Providing First Aid / Pool Rescue Risk assessment during COVID-19</li> </ul>	<p>12 H</p>	<p>L</p>
<p><b>Disabled/Inspiring Healthy Lifestyles Swim</b></p> <ul style="list-style-type: none"> <li>• Entrapment, collisions, bangs to head, arguments, customer congestion, lane rage, loitering.</li> <li>• Children/weak swimmers accessing deep water.</li> <li>• Various disabilities.</li> <li>• Uncontrolled behaviour</li> </ul>	<ul style="list-style-type: none"> <li>• Lifeguard NPLQ</li> <li>• 2 Lifeguards on pool at all times.</li> <li>• Qualified carers on pool at all times.</li> <li>• Carers in water with high risk bathers.</li> <li>• Level 2 swim teacher on pool side at all times to assist with session and provide games/activities.</li> <li>• Lifeguard ratio stated in QMS 1:25.</li> <li>• 3<sup>rd</sup> Lifeguard available if numbers exceed 50 or it is felt necessary based on dynamic risk assessment to ensure safety of bathers</li> <li>• Refer to Providing First Aid / Pool Rescue Risk assessment during COVID-19</li> </ul>	<p>12 H</p>	<p>4 L</p>
<p><b>Parent and Toddler (Small Pool)</b></p> <ul style="list-style-type: none"> <li>• Weak / non-swimmers, babies, out of depth.</li> </ul>	<ul style="list-style-type: none"> <li>• Supervised. lifeguard intervention</li> <li>• Parental responsibility at all times</li> </ul>	<p>12 H</p>	<p>4 L</p>

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<ul style="list-style-type: none"> <li>• Lack of supervision.</li> <li>• Collisions, over tipping in rings.</li> <li>• Running, slips/trips/falls, bangs.</li> <li>• Access to deep water, faecal contamination.</li> <li>• Unsuitable/damaged equipment</li> </ul>	<ul style="list-style-type: none"> <li>• Ratios 1:2 in small pool as per admissions policy.</li> <li>• Healthy swim advice displayed</li> <li>• QMS/PSOP/EAP</li> <li>• Maximum bather loads as per PSOP.</li> <li>• Equipment put out and checked by lifeguards before session.</li> <li>• Refer to Providing First Aid / Pool Rescue Risk assessment during COVID-19</li> </ul>		
<p><b>Sub aqua</b></p> <ul style="list-style-type: none"> <li>• Pressurised containers – specialist training needed.</li> <li>• Insufficient Manual handling – large heavy equipment.</li> <li>• Impedes recovery. Difficulty recognising an underwater emergency.</li> <li>• Snorkellers on top of water – impedes visibility</li> </ul>	<ul style="list-style-type: none"> <li>• Qualified instructor required on pool side</li> <li>• Lifeguard intervention – sessions only to begin once qualified instructor present. Pool rules.</li> <li>• QMS – sub aqua specific guidance.</li> <li>• See PSOP for details</li> <li>• Users adhere to policy on the booking form</li> <li>• Refer to Providing First Aid / Pool Rescue Risk assessment during COVID-19</li> </ul>	12 H	4 L
<p><b>Aqua</b></p> <ul style="list-style-type: none"> <li>• Accidents/incidents/ user injury.</li> <li>• Over exertion</li> <li>• Spinal injuries.</li> <li>• Prior health problems, collision, inadequate supervision – drowning.</li> <li>• Instructor injury – slips, trips.</li> <li>• Inadequate depth for exercises</li> </ul>	<ul style="list-style-type: none"> <li>• All equipment PAT tested annually.</li> <li>• Accident procedures and qualified staff</li> <li>• Equipment checks.</li> <li>• Access to the pool is only allowed once the instructor and lifeguard are on poolside.</li> <li>• All customers must be at least 14 years old to attend this session.</li> <li>• Maximum number for the session based on PSOP.</li> <li>• Pre-class health screening by instructor (verbally)</li> <li>• 1 lifeguard, max. users identified. Instructor to check area – modify delivery as required.</li> <li>• If the instructor taking the session is Lifeguard qualified another lifeguard is not required (Unless instructor isn't confident, or the Assistant Manager deems it necessary)</li> <li>• Non-slip tiles in pool – Pool Alarms</li> <li>• Qualified aqua instructors</li> <li>• Refer to Providing First Aid / Pool Rescue Risk assessment during COVID-19</li> </ul>	9 H	3 L
<p><b>Parties &amp; fun sessions (Fun &amp; Floats)</b></p> <ul style="list-style-type: none"> <li>• Unaccompanied children.</li> </ul>	<ul style="list-style-type: none"> <li>• Bather policy</li> <li>• All customers booking a party must not exceed the bather limit for the relevant</li> </ul>	12	4

Date: October 2019

Approved by: Service Manager – SLF

<ul style="list-style-type: none"> <li>• Weak / non-swimmer.</li> <li>• Boisterous behaviour.</li> <li>• Overcrowding.</li> <li>• Floats – blind spots, incorrect use.</li> <li>• Punctures.</li> <li>• Electrocutation.</li> <li>• Manual handling injuries.</li> <li>• Spinal injuries.</li> </ul> <p><b>Swimmer Training Equipment</b></p> <ul style="list-style-type: none"> <li>• Cuts / bruises from the use of hand paddles &amp; training fins</li> </ul>	<p>pool that is set out in the conditions of hire upon booking.</p> <ul style="list-style-type: none"> <li>• Bather loads to be dictated via PSOP</li> <li>• Small pool – 30 -- persons</li> <li>• Main pool – 70 -- persons</li> <li>• For every 2 children under 8 years of age an adult must accompany the children into the water.</li> <li>• Lifeguard intervention / Pool rules</li> <li>• Pre-party instructions</li> <li>• All weak / non-swimmers must wear buoyancy aids.</li> <li>• QMS – PSOP/EAP</li> <li>• See pool matrix for lifeguard rotas / positioning / rules enforced by lifeguards.</li> <li>• Continuous supervision by qualified lifeguard</li> <li>• Refer to Providing First Aid / Pool Rescue Risk assessment during COVID-19</li> <li>• Main pool fun floats to include:</li> </ul> <p>Main Pool 12x large floats 1 x large inflatable</p> <p>Small pool fun floats to include insert here: 10 small assorted floats</p> <ul style="list-style-type: none"> <li>• Staff will be provided on the entrance to the village changing room to prevent unauthorised access</li> <li>• Additional staff will also be made available throughout these sessions on poolside to assist where required with first aids and crowd control.</li> </ul> <ul style="list-style-type: none"> <li>• Swimmer code of conduct allows the use of hand paddles &amp; training fins in lane swims only.</li> <li>• Short training fins are the only type of fins/flipper permitted</li> </ul>	<p>H</p>	<p>L</p>
<p><b>Cross contamination</b></p> <ul style="list-style-type: none"> <li>• Dealing with blood and faeces causing illness / infection and closure of pools.</li> <li>• Unhygienic poolside tiles.</li> <li>• Illness and infection</li> </ul>	<ul style="list-style-type: none"> <li>• Please see centres Emergency Action Plan. All staff trained on EAP</li> <li>• Assistant Manager will take overall control of the situation as per EAP</li> <li>• Very young children required to wear swim nappies.</li> <li>• Discourage outdoor shoes on poolside.</li> </ul>	<p>12 H</p>	<p>4 L</p>

<ul style="list-style-type: none"> <li>• Spread of Covid-19 Coronavirus due to infected individuals (coughing or sneezing directly in the vicinity of others or over surfaces.)</li> </ul> <p>Coronavirus disease (COVID-19) is an infectious disease. There are two common routes people could become infected:</p> <ul style="list-style-type: none"> <li>• Secretions can be directly transferred into the mouths or noses of people who are nearby or possibly could be inhaled into the lungs.</li> </ul> <p>It is possible that someone may become infected by touching a person, a surface or object that has been contaminated with respiratory secretions and then touching their own mouth, nose, or eyes (such as shaking hands or touching door handles and then touching their own face</p>	<ul style="list-style-type: none"> <li>• All contractors must wear blue overshoe covers when accessing poolside's.</li> <li>• The centre advises parents to bring babies swimming only after their first inoculations.</li> <li>• Centre advises public to shower before using the pools by means of signs.</li> <li>• Swimming codes of conduct signs in place for public.</li> <li>• IRSM signs in place advising against swimming after any sickness or Diarrhoea symptoms.</li> <li>• Microbiological testing of water samples are conducted monthly by external specialist and filed.</li> </ul> <ul style="list-style-type: none"> <li>• Customers and members of staff displaying symptoms (a new or persistent cough or raised temperature [exceeding 37.8 degrees] will be asked not to attend any of our centres and to stay at home for 7 days or until a negative test result is received. Should individuals live with others who display symptoms they should stay at home in isolation for 14 days.</li> </ul> <ul style="list-style-type: none"> <li>• Customer and members of staff who have been alerted by the NHS track and trace system will be asked to self-isolate for 14 days and not attend the facility.</li> </ul> <ul style="list-style-type: none"> <li>• Lifeguard to clean all touch points, lifeguard chair, hand rails and rescue equipment on change over</li> </ul> <ul style="list-style-type: none"> <li>• The above will be communicated via signage and social media communications.</li> </ul>		
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**GENERAL RISK ASSESSMENT**

**REQUIRED CONTROL MEASURES OR REMEDIAL ACTIONS**

**Part B**

**Assessment Ref. No:**

**Risk rating A represents ratings After recommended actions have been completed. (See risk rating chart)**  
**To reduce the identified risks to an acceptable level, the following control measures should be implemented as soon as possible and their effectiveness monitored.**  
**Priority for action can be determined from the A value from the assessment.**

	Action by:	Date:	A

**ADDITIONAL COMMENTS:**



<b>Severity</b>						
<b>5. Very High</b> Injury: Fire: Other:	Fatal Accident, Multiple Deaths Widespread destruction damage HSE prohibition notice	L	M	H	H	H
<b>4. High</b> Injury: Fire: Other:	Fatal Injury RIDDOR Major reportable, Single hospitalization -.24hrs, permanent disability, amputation etc. Major equipment damage, HSE improvement notice,	L	M	H	H	H
<b>3. Medium</b> Injury: Fire: Other:	RIDDOR 7+ day reportable, LWDC or Restricted Duty Case. Public going to hospital from site Equipment damage RIDDOR -dangerous occurrence	L	M	H	H	H
<b>2. Low</b> Injury: Fire: Other:	Minor injury requiring first aid treatment -cut dressing, ice pack Small equipment damage	L	L	M	H	H
<b>1. Very low</b> Injury: Fire: Other:	Accident requiring first aid attendance but no treatment, shaken, soreness No damage None	L	L	L	M	H
<b>Risk Rating</b> <b>GREEN</b> – LOW <b>AMBER</b> – MEDIUM <b>RED</b> - HIGH	<b>Likelihood of Occurrence</b>	<b>1 Very Unlikely</b> Very little risk at Present if all precautions and care taken	<b>2 Unlikely</b> Unlikely to occur though conceivable.	<b>3 Likely</b> Could occur at sometime if no action taken.	<b>4 Very Likely</b> Will occur at sometime if no action taken	<b>5 Almost Certain</b> Occurs repeatedly. Event to be expected.



These ratings can be modified to higher values depending on numbers of persons affected. e.g. - A risk which could affect a whole department would be greater than one which affected just one individual person.

It is important also to remember that the frequency and duration of exposure must also be considered when assessing the probability factor. There will be a far greater risk of injury from a hazard to which employees are exposed on a daily basis as part of their routine jobs than with say a hazard which is only encountered on an infrequent basis such as say some annual maintenance routine. Personal judgement on behalf of the risk assessor and his/her local knowledge will help make such adjustments.

### RISK RATING

<b>Green</b>	<b>Low</b>	Acceptable - no immediate further action required. Review if circumstances change..
<b>Amber</b>	<b>Medium</b>	Investigate and where practical, improve control measures to reduce risk. If a sporting or play activity is being assessed it is inevitable that injuries will occur therefore an element of risk (medium) will always be evident.
<b>Red</b>	<b>High</b>	Unacceptable - risk too high for continued safe working. Apply controls as priority action and re-assess.

A value for A and B ratings can be determined from using the table above, B is the rating of the assessed situation before any improvement or controls are applied. A is the assessor's appraisal of the safety benefit that will be gained by maintaining the existing controls.