



## Listen up!

Begin by listening together to this radio programme from the BBC:  
**Listen and Play - My busy body**

<https://www.bbc.co.uk/teach/school-radio/eyfs-listen-and-play-my-busy-body/zr3vhbk>

## Rhythm and Rhyme

### Body percussion Poem

I can hear my hands go clap, clap, clap.  
And I can hear my feet go stamp, stamp, stamp.  
And I can hear my legs go slap, slap, slap.  
But I can't hear my eyes go blink, blink, blink.

I can hear my knees go knock, knock, knock.  
And I can hear my tongue go cluck, cluck, cluck.  
I can hear my fingers go snap, snap, snap.  
But I can't hear my head go nod, nod, nod.

- Can you try this with different voices? (e.g. loudly, quietly, slowly, quickly, like a robot etc.)
- Can you make up new verses, with other body sounds?

Can you make your actions in time with the words?

## Let's Get Creative!

You can find this picture on [www.pinterest.co.uk](http://www.pinterest.co.uk). Just search for Body Percussion. (msbrelandsmusicroom.com)



Can you repeat each line four times? Try it with your eyes closed!

Why not try mixing them up and creating a new order?

Can you draw your own pictures & make a new pattern?

### Challenge Box

Why not record your body sound pattern and listen back to it?

## Key Songs

- *I've Got a Body*
- *Heads, Shoulders, Knees and Toes*
- *If you're Happy and You Know it*

