

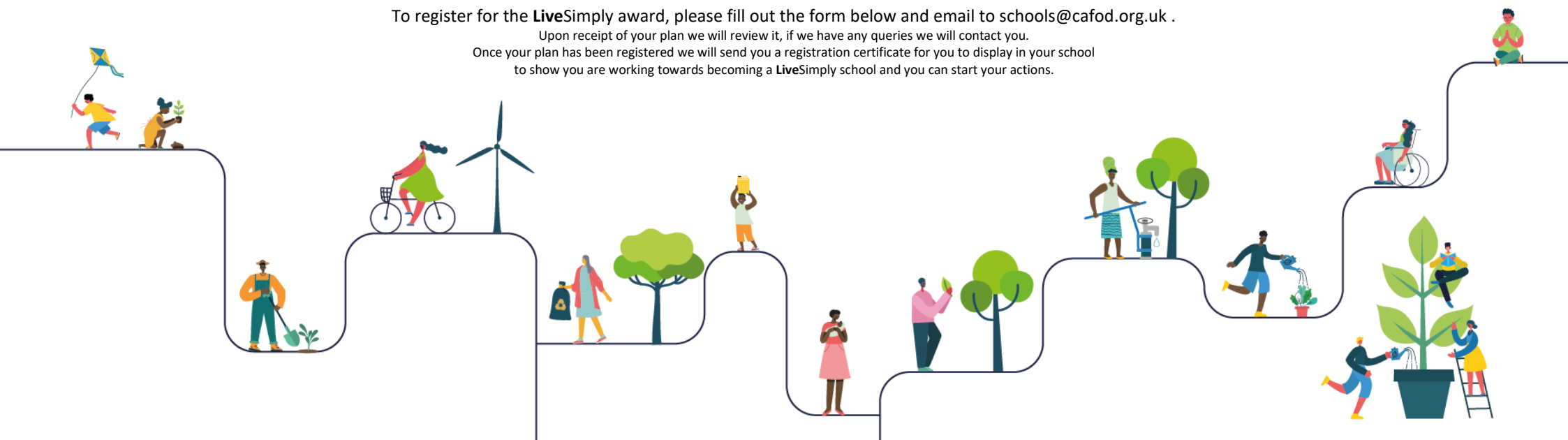
LiveSimply

NAME OF SCHOOL : St Oswald's Catholic Primary School
CONTACT NAME : Miss Vicky Lea

To register for the **LiveSimply** award, please fill out the form below and email to schools@cafod.org.uk.

Upon receipt of your plan we will review it, if we have any queries we will contact you.

Once your plan has been registered we will send you a registration certificate for you to display in your school to show you are working towards becoming a **LiveSimply** school and you can start your actions.



The **Live**Simply action planning form

Please refer to the **LiveSimply** action planning guide for details on how to fill out this planning document.

<p>GLOBAL</p>	<p>Description of action: LIVING IN SOLIDARITY To learn about our global neighbours in Malawi. strengthening our links with Deacon Justin Malewezi. Invite Deacon Justin in school throughout 2024-25 to lead whole school workshops and assemblies. We will share videos on seesaw/school twitter/school you tube channel. Fundraising opportunities - led by the Faith in Action group - where the money will be sent to Malawi. Deacon Justin and ourselves to share letters, photographs and videos of our school and the children in Malawi we are raising money for. For our children to see for themselves where the money we are raising is going and the impact that it has on the lives of other children.</p> <p>Faith Input: "For God loved the world so much that he gave his only Son." John 3:16 "For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in." Matthew 25:35 "Be generous and you will prosper. Help others, and you will be helped." Proverbs 11:25 Catholic Social Teaching - human dignity, solidarity, participation, preferential option for the poor. common good</p> <p>Education input: Assemblies, workshops, fundraising, Faith in Action voice, Invite Deacon Justin into school to further talk to the children about how we can help and how our fundraising can make a difference. Key stage 1 - Contrasting locality - Malawi - unit of study</p>	<p>Description of action: LIVING IN SOLIDARITY The whole school will take part in the CAFOD Big Lent Walk to raise funds and awareness for the global family, supporting people in need and those living in poverty. Angela Corcoran (CAFOD representative) to hold a whole school/class assembly - invite governors to attend. Parents, children, staff and governors to join the walk together.</p> <p>Faith Input: "For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in." Matthew 25:35 Catholic Social Teaching - human dignity, participation, preferential option for the poor.</p> <p>Education input: CAFOD Educational resources to support the campaign Invite a CAFOD school visitor in to explain more about the work of CAFOD and how our actions can help make a difference. For children to understand that in our world children and their families are living in poverty and how this affects their lives Cross-curricular links with science and PE - health and exercise, Geography - mapping and route building skills</p>	<p>Description of action: LIVING IN SOLIDARITY We will take part in Fairtrade Fortnight We will review the products that we use in schools and at home to see how many are already Fairtrade and where we can swap to Fairtrade projects</p> <p>Faith Input: Therefore treat others as you would have them treat you. This is the whole meaning of the Law of the prophets." Matthew 7:12 "Speak up for the people who cannot speak for themselves. Protect the rights of the poor and needy." Proverbs 31:8-9 Catholic Social Teaching - human dignity, solidarity, distributive justice, preferential option for the poor.</p> <p>Education input: We will use the banana game to help the children to understand how the price of an item should be fairly shared. For the children to understand that Fair Trade enables consumers to demand a better deal for farmers and food producers. CAFOD resources Fairtrade.org.uk</p>
<p>LOCAL</p>	<p>Description of action: LIVING IN SOLIDARITY Ashton Food Pantry - we will support our local foodbank. We will check regularly what items are needed and we will share the information with the parents via seesaw, twitter and our school newsletter Children will be involved in checking the items are in date and help to deliver them to the foodbank.</p>	<p>Description of action: LIVING SUSTAINABLY Inspired by Laudato Si, we will organise regular litter picks in the local community and invite others to join us or collect litter when they can so our environment is safer for wildlife and more pleasant for residents. Eco-council and eco-gang to be involved. Any litter picked will be recycled</p>	<p>Description of action: LIVING SIMPLY Build links with the local care home Children will send letters, cards, pictures. Faith in Action children to spend time talking and playing simple games with the residents School choir to visit at Christmas time for songs and hymns Invite local care home residents to our sing a long bingo</p>

	<p>Faith Input: "For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in." Matthew 25:35 "Be generous and you will prosper. Help others, and you will be helped." Proverbs 11:25 Catholic Social Teaching - human dignity, participation, preferential option for the poor.</p> <p>Education input: We will invite Rev. Sue Thomas into school to speak to the whole school about Ashton Food Pantry and how our help will impact on local families. We will ensure that the children are aware of human dignity and we all need support from others at times in our lives. For the children to understand that some people are less fortunate than ourselves and rely on foodbanks to feed themselves and their families. For the children to understand that foodbanks rely on the the donations and good will of others.</p>	<p>Faith Input: "Do not defile the land where you are living, because I am the Lord and I live among the people of Israel." Numbers 35:34 Catholic Social Teaching - common good, creation and environment</p> <p>Education input: Children will watch CAFOD's Laudato Si' animation, Prayer and liturgy focus For the children to recognise that the Earth is special and that God needs us to help look after and protect it.</p>	<p>Faith Input: "Do to others as you would have done to yourself." Matthew 7:12 Pope Francis - "Elderly people have so much to give us because there is wisdom of life," He also urged Christians to bridge the gap between older and younger generations so that the elderly may pass on the 'memory of life, the experience of life, the wisdom of life.' "In the measure that we can help young people and old people connect, there will be more hope for the future of our society."</p> <p>Coming together with our local community to share and celebrate the story of Christ's birth.</p> <p>Education input: Link to music, art For children to develop empathy for the elderly and infirm and to develop their interactions with those from a very different generation.</p>
SCHOOL	<p>Description of action: LIVING SIMPLY Share the live simply award with the school, each class to have their own pledge As a school we will pledge to live simply. Invite governors into school for the prayer and liturgy and share our progress at governors meetings Ask staff and governors to write a Live Simply pledge which will be used on the whole school display. We will refer to our pledges regularly to remind ourselves to live simply, sustainably and in solidarity with the world's poorest communities as we are all part of God's family</p> <p>Faith Input: Share the Laudato Si assembly, videos, prayers and songs Live simply prayer resources (added to website) Whole school prayer and liturgy to launch the 'Live Simply' journey based on scripture led by Deacon Paul and our Faith in Action group, inspired by Laudato Si Create a whole school Live Simply display - showing our actions, class pledges and our work towards achieving our Live Simply actions. The class pledges to be displayed in classrooms alongside our school prayers. Live Simply is based on the teachings of Jesus and Catholic Social Teaching</p>	<p>Description of action: LIVING SIMPLY Design/create prayer garden/space Working alongside our Eco-gang, Faith in Action group and our parents and carers we will enhance an area of our little field to enable prayer and reflection or whole class prayer and liturgy</p> <p>Faith Input: "But when you pray, go to your room, close the door, and pray to your Father, who is unseen. And your Father, who sees what you do in private, will reward you." Matthew 6:6 Outdoor prayer and liturgy area</p> <p>Education input: Learning about nature in our own setting. Bringing nature and outdoor space into our prayer and liturgy. Children will learn about how God can help us pray. For our children to know that they have a special designated place where they can meet our Lord in prayer, either alone or with their peers</p>	<p>Description of action: LIVING SUSTAINABLY LIVING SIMPLY Inspired by Laudato Si we will, as a whole school, I take part in a "Walk once a week" initiative to help protect the environment, cutting our carbon footprint, encouraging walking/scooting/cycling - once a week to school We will ask the children to look for God's creations on their journey and share with us what they have spotted. Encourage parents to walk to work, and parishioners to walk to Mass.</p> <p>Faith Input: "The world and all that is in it belong to the Lord; the earth and all who live on it are his" Psalm 24:1 Laudato Si - caring for our common home, creation and environment</p> <p>Education input: Children will be learning about their responsibility in care for our God given planet. Science - living things, plants, habitats Geography - local area - physical features PE - health and exercise</p>

	<p>Education input: CAFOD resources (assembly, Live Simply animation) children to learn the Laudato Si hymn Children will be learning about their responsibility in care for our God given planet.</p>		
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LiveSimply

Criteria for live simply: To take action towards living a simpler lifestyle including slowing down and finding time to pray and reflect, refusing and reducing on what we consume, spending more time on the simpler things in life including reflective time with family and friends, time in nature.

Brief description of main action:

Children, staff and governors will each write a 'LiveSimply' pledge which we will use to create a whole school display. We will remind ourselves regularly of our pledges - reflecting on how we are to live simply, sustainably and in solidarity with the world's poorest communities as we are all part of God's family.

LiveSimply school prayer that the children can learn

How will you plan for a wider community engagement?

We will invite our families to also made pledges

We will share our pledges and our progress towards achieving our LiveSimply goals on our school newsletter/twitter/seesaw

As RE Lead, I will share our progress and involve our governing body with the LiveSimple pledges and actions.

FAITH | LEARN | ACT

How is faith inspiring this action?

You may wish to include links to scripture, Catholic Social Teaching principles, quotes from Saints/Popes, encyclicals, prayers and other faith-based material.

LiveSimply is based on the teachings of Jesus and Catholic Social Teaching

Matthew 23:36-40 The greatest commandment, Love God and love one another

Catholic Social Teaching - the common good

What will your pupils learn as a result of taking this action?

For example, will specific educational resources be used (visit cafod.org.uk/schools), will you invite a visitor into school, will the students be doing research, will it be personal transformation?

We will use the LiveSimply powerpoint and share the 2 LiveSimply animations so everyone understands why we are taking part in the LiveSimple Awards and how our pledges can help us live simply, sustainably and in solidarity.

CAFOD Live Simply materials

CAFOD's liturgical resources

Live Sustainably

Criteria for live sustainably: To take action towards protecting God's creation through personal actions. This can include taking action on how much we use and throw away, supporting the work of eco clubs and other eco initiatives, taking environmentally positive action in the local community.

Brief description of main action:

LIVING SUSTAINABLY LIVING SIMPLY

Inspired by Laudato Si we wil, as a whole school, I take part in a "Walk once a week" initiative to help protect the environment, cutting our carbon footprint, encouraging walking/scooting/cycling - once a week to school

We will ask the children to look for God's creations on their journey and share with us what they have spotted.

Encourage parents to walk to work, and parishioners to walk to Mass.

How will you plan for a wider community engagement?

Parishoners and parents to walk to Mass/work

Children to walk to school

FAITH | LEARN | ACT

What faith-based resources will you use?

Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials.

Ladauto Si resources for children (CAFOD)

What educational resources will you use?

These can include CAFOD educational resources, or other resources that provide a learning journey.

Laudato Si resources for children (CAFOD)

Catholic Social Teaching -common good, creation and environment

Live in Solidarity

Criteria for live in solidarity: To take direct action to help our global family. This includes campaign action to raise awareness or challenge structures that impact negatively on our global neighbours, fundraising to help communities in need, and other global actions that make a difference to our global family. The live in solidarity main action needs to be from your global actions.

Brief description of main action:

Build on the links we have made with Deacon Justin Malewezi and our global neighbours in Malawi.

Money raised through different events throughout the year.

Open communication between our school and the children in Malawi who we are supporting. As a school we can see the impact the money we raise has on these children in one of the poorest parts of our world.

How will you plan for a wider community engagement?

Prayer and liturgy using the photographs, videos, letters and pictures that the children in Malawi send to us

FAITH | LEARN | ACT

What faith-based resources will you use?

Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials.

"For God loved the world so much that he gave his only Son."

John 3:16

"For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in." Matthew 25:35

"Be generous and you will prosper. Help others, and you will be helped." Proverbs 11:25

Catholic Social Teaching - human dignity, solidarity participation, preferential option for the poor, Common Good,

What educational resources will you use?

These can include CAFOD educational resources, or other resources that provide a learning journey.

Key stage 1 will focus their unit of work - contrasting locality on Malawi

Whole school display - Malawi and what it is like for children living there.

children will learn about the work of Deacon Justin and his team in Malawi and how our fundraising is standing in solidarity and supporting some of the poorest communities in the world.

Before you email your plan please check:

- Are all 9 actions filled in, including faith and learning elements?
- Retrospective actions are not valid for the plan, are all of your actions either ongoing or new actions?
- Will your 3 global actions impact the global community?
- Will your 3 local actions impact your local community?
- Will your 3 school actions impact your school community?
- Across your plan, have you got a good mix of living simply, living sustainably and living in solidarity actions?
- Re your 3 main actions. Will the whole school be able to participate in each of these actions?
- Will the wider community be able to get involved with the action? (parents/parishioners/local people/local businesses/MPs etc.

Name of School

St Oswald's Catholic Primary School

Address

Council Avenue, Ashton-in-Makerfield, Wigan, Wn4 9AZ

Headteacher

Mrs Julie Hassan

Contact Name

Miss Vicky Lea

Email Address

vicky.lea@saintoswalds.wigan.sch.uk

Date 10.7.24

Please email a copy of your plan to schools@cafod.org.uk

**CAFOD Education team,
Romero House,
55 Westminster Bridge Road,
London SE1 7JB.**

- Yes, I would like to join an email list for the LiveSimply award where I will receive updates, ideas, links to action and further support.

CAFOD will process information you provide to us on this form for the purposes of sending you resources for the LiveSimply Award. CAFOD will keep some personal details about you on our database so we can stay in contact with you enabling us to administer and manage the LiveSimply award efficiently.

You can change your communication preferences at any time by contacting us at cafod@cafod.org.uk or 0303 303 3030.

CAFOD will never share your data for marketing. For details, see our privacy statement on www.cafod.org.uk/privacy