

PE Long Term Plan 2021/22 – KS1

There will be no indoor PE during the Autumn Term due to the Coronavirus pandemic. Please feel free to adapt the skills which should be covered to outdoor learning in order to ensure skill coverage.

Class/Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception Eaglets	NO INDOOR PE Unit 1 – Focus on using bean-bags	NO INDOOR PE Unit 2 – Focus on using a ball	Unit 3 – Focus on using hoops and quoits	Unit 4 – Focus on using ropes, bats and balls	Dance with Sports Cool	Gymnastics with Sports Cool
	Outdoor Games with Wigan Athletic – Fundamental movement skills – control and coordination in large and small movements	Outdoor Games with Wigan Athletic – Fundamental movement skills – control and coordination in large and small movements	Outdoor Games with Wigan Athletic – Fundamental movement skills – move confidently in a range of ways, safely negotiating space and controlling and manipulating objects	Outdoor Games with Wigan Athletic – Fundamental movement skills – move confidently in a range of ways, safely negotiating space and controlling and manipulating objects	Outdoor Games with Wigan Athletic – Work as part of a group or class and understand and follow the rules	Outdoor Games with Wigan Athletic – Work as part of a group or class and understand and follow the rules

Year 1 Sparrows	NO INDOOR PE Unit 1 – Focus on Ball Skills and Games	NO INDOOR PE Unit 2 – Throwing and Catching	Unit 3 – Bat/Ball Skills and Games - Skipping	Unit 4 – Developing Partnerwork	Dance with Sports Cool	Gymnastics with Sports Cool
	Outdoor Games with Wigan Athletic - Fundamental movement skills to improve balance and coordination	Outdoor Games with Wigan Athletic - Fundamental movement skills developing simple movement patterns	Outdoor Games with Wigan Athletic - Fundamental movement skills developing coordination individually and with others	Outdoor Games with Wigan Athletic - Fundamental movement skills developing coordination and agility	Outdoor Games with Wigan Athletic - Fundamental movement skills developing agility both individually and with others	Outdoor Games with Wigan Athletic - Participate in team games developing simple tactics

Year 1/2 – Robins	NO INDOOR PE Unit 1 – Throwing and Catching	NO INDOOR PE Unit 2 – Making up games with a partner	Dance with Sports Cool	Gymnastics with Sports Cool	Unit 1 - Athletics	Unit 2 - Athletics
	Outdoor Games with Wigan Athletic - Fundamental movement skills to improve balance and coordination	Outdoor Games with Wigan Athletic - Fundamental movement skills developing simple movement patterns	Outdoor Games with Wigan Athletic - Fundamental movement skills developing coordination individually and with others	Outdoor Games with Wigan Athletic - Fundamental movement skills developing coordination and agility	Outdoor Games with Wigan Athletic - Fundamental movement skills developing agility both individually and with others	Outdoor Games with Wigan Athletic - Participate in team games developing simple tactics

Year 2 – Wagtails	NO INDOOR PE Unit 3 – Dribbling, Kicking and Hitting	NO INDOOR PE Unit 4 – Group games and Inventing Rules	Dance with Sports Cool	Gymnastics with Sports Cool	Unit 1 – Athletics (Y2)	Unit 2 – Athletics (Y2)
	Outdoor Games with Wigan Athletic - Fundamental movement skills to improve balance and coordination	Outdoor Games with Wigan Athletic - Fundamental movement skills developing simple movement patterns	Outdoor Games with Wigan Athletic - Fundamental movement skills developing coordination individually and with others	Outdoor Games with Wigan Athletic - Fundamental movement skills developing coordination and agility	Outdoor Games with Wigan Athletic - Fundamental movement skills developing agility both individually and with others	Outdoor Games with Wigan Athletic - Participate in team games developing simple tactics

PE Long Term Plan 2021/22 – KS2

Year 3 - Blackbirds	Swimming		Unit 1 – Ball Skills	Unit 2 – Creative Games Making	Dance with Sports Cool	Gymnastics with Sports Cool
	Outdoor Games with Wigan Athletic – Develop flexibility, control and balance in athletic type activities	Outdoor Games with Wigan Athletic – Take part in indoor and outdoor adventurous activities including individual and team challenges	Outdoor Games with Wigan Athletic – Use throwing and catching in combination and isolation	Outdoor Games with Wigan Athletic – Use throwing and catching within competitive games	Outdoor Games with Wigan Athletic – Play competitive games whilst communicating and competing with others in different physical activities	Outdoor Games with Wigan Athletic – Play competitive games whilst communicating and competing with others in different physical activities

Year 3/4 - Starlings	NO INDOOR PE Unit 3 – Net/Court/Wall Games	NO INDOOR PE Unit 4 – Striking and Fielding Games	Outdoor Games with Wigan Athletic – Use throwing and catching in combination and isolation	Outdoor Games with Wigan Athletic – Use throwing and catching within competitive games	Dance with Sports Cool	Gymnastics with Sports Cool
	Outdoor Games with Wigan Athletic – Develop flexibility, control and balance in athletic type activities	Outdoor Games with Wigan Athletic – Take part in indoor and outdoor adventurous activities including individual and team challenges	Swimming	Swimming	Outdoor Games with Wigan Athletic – Play competitive games whilst communicating and competing with others in different physical activities	Outdoor Games with Wigan Athletic – Play competitive games whilst communicating and competing with others in different physical activities

Year 4 - Magpies	NO INDOOR PE Outdoor Games with Wigan Athletic	NO INDOOR PE Outdoor Games with Wigan Athletic	Dance with Sports Cool	Gymnastics with Sports Cool	Swimming	Swimming
	Outdoor Games with Wigan Athletic – Develop flexibility, control and balance in athletic type activities	Outdoor Games with Wigan Athletic – Take part in indoor and outdoor adventurous activities including individual and team challenges	Outdoor Games with Wigan Athletic – Use throwing and catching in combination and isolation	Outdoor Games with Wigan Athletic – Use throwing and catching within competitive games	Outdoor Games with Wigan Athletic – Play competitive games whilst communicating and competing with others in different physical activities	Outdoor Games with Wigan Athletic – Play competitive games whilst communicating and competing with others in different physical activities

Year 5 - Seagulls	NO INDOOR PE Unit 1 – Net/Court/Wall Games	NO INDOOR PE Unit 2 – Invasion and Target Games	Unit 3 – Invasion Games	Unit 4 – Striking and Fielding Games	Dance with Sports Cool	Gymnastics with Sports Cool
	Outdoor Games with Wigan Athletic – Develop flexibility, strength, technique, control and balance and compare performances	Outdoor Games with Wigan Athletic – Develop flexibility, strength, technique, control and balance and set individual goals and targets	Outdoor Games with Wigan Athletic – Apply and develop a broad range of skills whilst competing with others	Outdoor Games with Wigan Athletic – Apply and develop a broad range of skills whilst competing with others	Outdoor Games with Wigan Athletic – Play competitive games whilst communicating and competing with others in different physical activities	Outdoor Games with Wigan Athletic – Play competitive games whilst communicating and competing with others in different physical activities

<p>Year 5/6 - Owls</p>	<p>NO INDOOR PE Unit 1 – Invasion Games – Hockey and Football</p>	<p>NO INDOOR PE Unit 2 – Net/Court/Wall Games – Volleyball/Tennis</p>	<p>Dance with Sports Cool</p>	<p>Gymnastics with Sports Cool</p>	<p>Unit 1 – Athletics</p>	<p>Unit 2 - Athletics</p>
	<p>Outdoor Games with Wigan Athletic</p>	<p>Outdoor Games with Wigan Athletic</p>	<p>Outdoor Games with Wigan Athletic – Apply and develop a broad range of skills whilst competing with others</p>	<p>Outdoor Games with Wigan Athletic – Apply and develop a broad range of skills whilst competing with others</p>	<p>Outdoor Games with Wigan Athletic – Play competitive games whilst communicating and competing with others in different physical activities</p>	<p>Outdoor Games with Wigan Athletic – Play competitive games whilst communicating and competing with others in different physical activities</p>

Year 6 - Eagles	NO INDOOR PE Unit 3 – Striking and Fielding Games	NO INDOOR PE Unit 4 – Invasion Games	Dance with Sports Cool	Gymnastics with Sports Cool	Unit 1 – Athletics (Y6)	Unit 2 – Athletics (Y6)
	Outdoor Games with Wigan Athletic	Outdoor Games with Wigan Athletic	Outdoor Games with Wigan Athletic – Apply and develop a broad range of skills whilst competing with others	Outdoor Games with Wigan Athletic – Apply and develop a broad range of skills whilst competing with others	Outdoor Games with Wigan Athletic – Play competitive games whilst communicating and competing with others in different physical activities	Outdoor Games with Wigan Athletic – Play competitive games whilst communicating and competing with others in different physical activities

Gymnastics Dance Outdoor Games Athletics