



St. Patrick's Catholic School PSHE & RSE Curriculum

	Autumn	Spring	Summer
Nursery	<ul style="list-style-type: none"> • • Story sessions – handmade with • • love Role model Who's Who? • You've got a friend in me • Forever friends • Self-image and online identify 	<ul style="list-style-type: none"> • Safe inside and out • My body, my rules • Feeling poorly • People who help us • Online reputation 	<ul style="list-style-type: none"> • • God is love • • Loving God, loving others • Me, you, us • Online bullying • Online relationships • THINK – Takes of the Road
Reception	<ul style="list-style-type: none"> • • Story sessions – handmade with love • • I am Me • Heads, shoulders, knees and toes • Ready teddy? • Health, wellbeing and lifestyle 	<ul style="list-style-type: none"> • I like, you like, we all like! • Good feelings, bad feelings • Let's get real • Growing up • Managing online information • Privacy and security 	<ul style="list-style-type: none"> • • God is love • • Loving God, loving others • Me, you, us • Copyright and ownership • THINK – Stepping stones to road safety • THINK – Be Bright, Be Seen • NSPCC PANTS (sexual harassment)
Y1	<ul style="list-style-type: none"> • • Online Safety (Computing) • • Story sessions – Let the children come • • God loves you • Special people • Self-image and online identify 	<ul style="list-style-type: none"> • Treat others well.....and say sorry • Being safe (online safety and safeguarding) • Good and bad secrets • Physical contact • Online relationships • Online reputation • 	<ul style="list-style-type: none"> • • Harmful substances • • Can you help me? (first aid) • • Trinity house • Who is my neighbour? • The communities we live in • Online bullying • THINK – Safety first • THINK – Road Rangers • NSPCC PANTS (sexual harassment)
Y2	<ul style="list-style-type: none"> • • Online Safety (Computing) • • Story sessions – Let the children come • • I am Unique • Girls and Boys • Clean and Healthy • Managing online information • Health, wellbeing and lifestyle 	<ul style="list-style-type: none"> • Feelings, likes and dislikes • Feeling inside out • Super Susie gets angry • The cycle of life • NSPCC PANTS (sexual harassment) • Privacy and security • 	<ul style="list-style-type: none"> • • God loves you • • Trinity house • • Who is my neighbour? • The communities we live in • Copyright and ownership • THINK – Roads away from home • THINK – Road Safety Warriors

Y3	<ul style="list-style-type: none"> • Online Safety (Computing) Story • sessions – Get up! • The sacraments • Story sessions – Jesus my friend • Friends family and others • Evolve – Self-image and online identify • 	<ul style="list-style-type: none"> • When things feel bad • Sharing online • Chatting online (cyberbullying). • Safe in my body - Physical contact (abuse including sexual abuse) • Drugs, alcohol, tobacco • First Aid heroes • NSPCC PANTS (sexual harassment) • Online relationships 	<ul style="list-style-type: none"> •• Trinity house Who •• is the Church? •• How do I love others? •• Online reputation • Online bullying • THINK – Do you stop, listen, look, think? • THINK – Take the lead • THINK – Map your journey
Y4	<ul style="list-style-type: none"> • Online Safety (Computing) Story • sessions – Get up! • The sacraments • We don't have to be the same • Respecting our bodies What is puberty? • Managing online information • 	<ul style="list-style-type: none"> • Changing bodies • What am I looking at? • I am thankful • Lifecycles • NSPCC PANTS (sexual harassment) • Health, wellbeing and lifestyle • Privacy and security • 	<ul style="list-style-type: none"> •• Trinity house Who •• is the Church? •• How do I love others? • NSPCC Stop Speak Support (bullying/online safety) • Copyright and ownership
Y5	<ul style="list-style-type: none"> • Online Safety (Computing) • Story sessions – calming the storm Is • God calling you? • Under pressure • Do you want a piece of cake? (Consent) • Self:Talk • Online reputation • 	<ul style="list-style-type: none"> • Sharing isn't always caring • Cyberbullying • Types of abuse (abuse including sexual abuse) • Impacted lifestyles • Making good choices • Giving assistance (first aid) • NSPCC PANTS (sexual harassment) • Online bullying • 	<ul style="list-style-type: none"> •• Trinity house •• Catholic social teaching • Reaching out • Self image and online identify • Online relationships

Y6	<ul style="list-style-type: none"> • Online Safety (Computing) • Story sessions – calming the storm • Gifts and talents • Girls bodies • Boys bodies • Spots and sleep • Managing online information • 	<ul style="list-style-type: none"> • Body image • Peculiar feelings • Emotional changes • Seeing stuff online • NSPCC PANTS (sexual harassment) • Health, wellbeing and lifestyle • Privacy and security • 	<ul style="list-style-type: none"> • Making babies part 1 and 2 (Pt 2 may be omitted) Menstruation • Trinity house • Catholic social teaching • Reaching out • Copyright and ownership • NSPCC – It’s not okay (sexual harassment 11+)
KEY	<p>Relationships and Sex Education – some RSE lessons include the following themes:</p> <p>Protected characteristics*</p> <p>Safeguarding* (including road safety)</p> <p>Sexual harassment</p> <p>Child on child abuse*</p> <p>Online safety*</p> <p>Bullying</p> <p>Financial capability – Work starting with GOAL (Game of Actual Life) in the Spring 23.</p> <p>*PREVENT Strategy included</p>		