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**St Paul's**  
Catholic Primary School

**Head Teacher:** Sheena Sinclair

**Deputy Head(s):** Rachel Miller

**BHCET CEO:** Stuart McGhee

**BHCET Chair of Directors:** Yvonne Coates

Monday 9<sup>th</sup> March

Dear Parents and Carers,

I would like to inform you that your child will be participating in Tees Actives School Swimming Programme at Billingham Forum from **Monday 23<sup>rd</sup> March to Thursday 2<sup>nd</sup> April**. Children will be placed in groups according to their ability and will participate in a 45-minute lesson everyday over a 2-week programme.

We will depart school via bus daily at approximately 1.40pm and will return to school at approximately 3.00pm. Lunch time arrangement will not be affected by swimming. Please may we request that the children attend school in their PE kits for the duration of the 2-week programme.

Lessons are delivered by Tees Active School Swimming Teachers (Swim England Level 2 Swimming Teachers) assisted by school staff. The pools will be supervised by fully qualified RLSS Pool Lifeguards.

**School swimming lessons are part of the National Curriculum and therefore it is kindly requested that parents do not attend the pool specifically to watch their child participate in school swimming lessons. This often causes more of a distraction to the child and their classmates.**

Our aim is to remove as many barriers as possible so that children can enjoy their lessons. The following information should help you prepare for your child's lessons.

- Swimwear
  - o Girls – one-piece swimsuit
  - o Boys – swimming shorts or trunks (no long / baggy shorts or football shorts please)
- Towel
  - o Please pack two towels- one for drying and one for your child to stand on while they get dry.
- Goggles
  - o If using goggles, children must be able to put them on independently.
  - o Please be aware that elements of the school swimming programme will at times require the children to remove their goggles. Teachers may also request for goggles to be removed while instruction is being given, to ensure they have eye contact with children.
- Swimming Hat
  - o Children will need a swimming hat.
- Pyjamas (Day 9)
  - o During the 2-weeks of lessons, your child will be asked to swim in pyjamas as part of our water safety programme.
- Jewellery
  - o In line with our uniform policy, no jewellery should be worn. If your child usually wears a watch, we recommend that they do not wear it during the swimming fortnight.

Please do not send soap or shampoo, children will not need them.

Many thanks

Mrs Pemberton and Mrs Craft



***In Him we Live and Move and Have our Being***