

### Parent Information:

- All children are required to have their full PE kit in school at all times; this includes school t-shirts, red shorts, black plimsolls for indoor use and trainers for outside activities.
- Due to Health and Safety children are not allowed to participate in PE whilst wearing earrings or any other form of jewellery.
- Those children who participate in swimming must ALL wear a swimming cap; girls are required to wear a one piece swimsuit and boys' to wear swimming trunks (not shorts).
- As your child will be participating in physical activity it would be advisable if they had a water bottle in school.
- As most PE will be taught outside please be aware of seasonal changes (eg – during cold days/months children to have tracksuit/jogging bottoms and during the summer months children will need sun protection and a cap)