

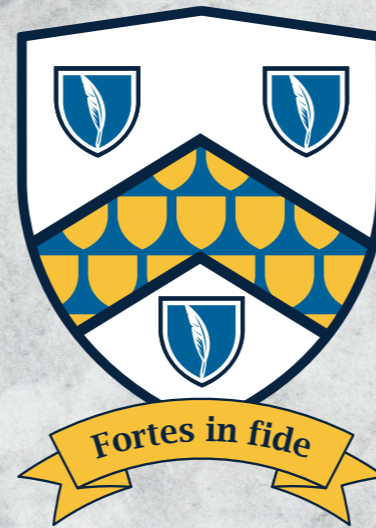
# AUTUMN Wordsearch

Z	S	C	A	R	F
E	L	O	R	A	P
R	E	L	A	P	U
I	A	D	K	P	M
F	F	C	E	L	P
N	E	A	O	E	K
O	S	X	F	R	I
B	T	Y	S	K	N

Leaf      Scarf      Apple  
Pumpkin      Bonfire      Rake  
Acorn      Cold      Squirrel

*What's not there?*

[www.bhcet.org.uk](http://www.bhcet.org.uk)



**BISHOP HOGARTH**  
Catholic Education Trust

## OUR AIM

Our sole purpose is to provide a positive food experience for children which gives you value for money and peace of mind that our meals are healthy and focused on your child and your child's planet.

## OUR COMMITMENT?

### *Unmatched Value!*

From primary school to secondary school and beyond, we keep prices **UNBEATABLE**, giving your child a taste of quality that won't break the bank.

**£2.20 will get your child; 2 courses and 2 sides, a trip to the salad bar and bread, with a drink of chilled water or milk.**

## *Did you know?*

### **Superhero Meals**

Your school lunch is packed with foods that give you superhero energy for learning and playing!

### **Ice Cream Roll Fun**

On special days, you might get a tasty ice cream roll for dessert – cool, creamy, and a fun treat that makes lunch even more exciting!

### **Mystery Veggie Hunt**

Some veggies are hiding in your meal, like secret agents – can you spot them all?

### **Rainbow Power**

The more colourful your plate – red, green, orange – the more healthy powers you get!

## **YOU SPOKE**

### *We Listened!*

**We heard you loud and clear!  
Your feedback matters.**

Here's our new and improved autumn winter 2024 lunch menu.

*Hope you enjoy it!*

# OUR WEEKLY MENUS

## WEEK ONE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Butter Chicken Curry with 50/50 Wholegrain Rice	Meatballs with Spaghetti	Roast Chicken Dinner with New Potatoes Stuffing and Gravy	Ham Pizza with Potato Wedges	Fish Fingers with omega 3 and Potato Croquettes
Quorn Sausages with Spicy Diced Potatoes and Gravy	Halal Beef Meatballs with Spaghetti	Halal Roast Chicken Dinner with New Potatoes Stuffing and Gravy	Sweet Chilli Halal Chicken Noodles	Salmon Fishcake and Potato Croquettes
Macaroni Cheese with Garlic Bread Slices	Cheese Whirl with Potato Wedges	Tuna Pasta Bake	Vegan Sausage Roll with Potato Wedges	Quorn Chicken Dippers and Potato Croquettes
Jacket Potato or Sandwich with Various Fillings	Jacket Potato or Sandwich with Various Fillings	Jacket Potato or Sandwich with Various Fillings	Jacket Potato or Sandwich with Various Fillings	Jacket Potato or Sandwich with Various Fillings
Cauliflower Broccoli	Peas	Carrots Broccoli	Sweetcorn Peas	Peas Baked Beans
Iced Lemon Sponge	Rice Pudding with Jam	Raspberry Ice Cream Roll	Eves Pudding and Custard	Chocolate Cake and Custard

W/C 4 Nov, 25 Nov, 16 Dec, 6 Jan, 27 Jan, 27 Jan, 17 Feb, 3 March, 24 March (After each holiday we start back on week one)

## WEEK TWO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork Sausages and Onion Gravy with Mashed Potato	Minced Beef Lasagne with Garlic Bread Slices	Roast Turkey and Stuffing with Roast Potatoes Yorkshire Pudding and Gravy	Crispy Chicken Wrap Salad and Mayo with Potato Wedges	Fish Fingers with Chipped Potatoes
Halal Chicken Sausages and Onion Gravy with Mashed Potato	Halal Minced Beef Lasagne with Garlic Bread Slices	Halal Roast Chicken and Stuffing Potatoes Yorkshire Pudding and Gravy	Halal Crispy Chicken Wrap Salad and Mayo with Potato Wedges	Salmon Fishcake with Chipped Potatoes
Tuna Pasta Bake with Garlic Bread Slices	Tuna and Cheese Melt Baguette with Potato Wedges	Cheese Pie and Roast Potatoes	Pizza Whirl with Potato Wedges	Quorn Dippers with Chipped Potatoes
Jacket Potato Sandwich with Various Fillings	Jacket Potato or Sandwich with Various Fillings	Jacket Potato or Sandwich with Various Fillings	Jacket Potato or Sandwich with Various Fillings	Jacket Potato or Sandwich with Various Fillings
Cauliflower Carrots	Sweetcorn Broccoli	Carrots Cabbage	Sweetcorn Peas	Baked Beans Peas
Crunchie Biscuit with Fruit Slices	Marble Cake and Custard	Ice Cream	Apple Crumble and Custard	Vanilla Sprinkle Cake and Custard

W/C 11 Nov, 2 Dec, 13 Jan, 3 Feb, 10 March, 1 April (After each holiday we start back on week one)

## WEEK THREE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Minced Beef and Dumplings with Mashed Potato	Chicken Pie with New Potatoes and Gravy	Roast Chicken and Stuffing with Roast Potatoes Yorkshire Pudding and Gravy	Pasta Bolognese and Garlic Bread Slices	Fish Fingers with Omega 3 and Chipped Potatoes
Halal Minced Beef and Dumplings with Mashed Potato	Halal Chicken Pie with New Potatoes and Gravy	Halal Roast Chicken and Stuffing with Roast Potatoes Yorkshire Pudding and Gravy	Halal Beef Pasta Bolognese and Garlic Bread Slices	Veggie Sausage in a Bun with Chipped Potatoes
Veggie Pasta Bake with Garlic Bread Slices	Chinese Veggie Noodles	Plain or Cheese Omelette with Roast Potatoes	Margherita Pizza with Potato Wedges	Southern Style Quorn Burger Salad and Mayo with Chipped Potatoes
Jacket Potato or Sandwich with Various Fillings	Jacket Potato or Sandwich with Various Fillings	Jacket Potato or Sandwich with Various Fillings	Jacket Potato or Sandwich with Various Fillings	Jacket Potato or Sandwich with Various Fillings
Carrots Cabbage	Peas Cauliflower	Carrots Broccoli	Sweetcorn Green Beans	Peas Baked Beans
Flapjack and Custard	Chocolate Crunch	Ice-cream	Feathered Jam Sponge and Custard	Mandarin Muffins

W/C 18 Nov, 9 Dec, 20 Jan, 10 Feb, 17 March, 7 April (After each holiday we start back on week one)

Children get 2 courses and 2 sides, a trip to the salad bar and bread, with a drink and chilled water for the price of a school meal. We offer three main course choices every day, one of which is always vegetarian, and there are always three choices of desserts (main dessert, fruit and yoghurt) all of which are suitable for vegetarians. Your child can also choose up to 5 portions of fruit and vegetables per day. Where else can you get that value? We also provide menus for diabetics, a gluten free, dairy free and vegan menu, other special diets, and halal meat where required. Our service is also totally nut free.

Allergen information correct at time of print - please see staff for up to date information.

**Always Available:**  
Unlimited Salad Bar, Seasonal Fruit and Yoghurt