



Wolviston Mill Lane, Billingham, TS22 5LU



office@stpauls.bhcet.org.uk



(01642) 360022



stpauls.bhcet.org.uk



St Paul's
Catholic Primary School

Head Teacher: Sheena Sinclair

Deputy Head(s): Rachel Miller

BHCET CEO: Stuart McGhee

BHCET Chair of Directors: Yvonne Coates

'The vision of PE within St Paul's Catholic Primary School is to inspire, challenge and motivate pupils so that they can thrive and express themselves in a wide range of sporting activities.'

02/06/2025

Dear Parents and Carers,

I would like to inform you that your child will be participating in Tees Active School Swimming Programme at Billingham Forum from **Monday 9th June to Friday 20th June.**

The government guidelines are that all children should be able to swim 25 metres before the end of Year 6. I am sure you will agree that learning to swim is an important life skill and that this is a great opportunity for your child as they will be taught in a very small group. All lessons are taught by Tees Active Swimming teachers and assisted by school staff. If your child has achieved 25 metres in a private swimming lesson, please can you contact us.

We will depart school via bus daily after lunch for a 45-minute session and children will be back in school for the last lesson of the school day.

School swimming lessons are part of the National Curriculum and therefore it is kindly requested that parents do not attend the pool specifically to watch their child participate in school swimming lessons. This often causes more of a distraction to the child and their classmates.

The following information should help you prepare for your child's lessons.

- Swimwear
 - o Girls – one-piece swimsuit
 - o Boys – swimming shorts or trunks (no long / baggy shorts or football shorts please)
- Towel
 - o Please pack two towels- one for drying and one for your child to stand on while they get dry.
- Goggles
 - o If using goggles, children must be able to put them on independently.
 - o Please be aware that elements of the school swimming programme will at times require the children to remove their goggles. Teachers may also request for goggles to be removed while instruction is being given, to ensure they have eye contact with children.
- Swimming Hat
 - o Children will need a swimming hat.
- Pyjamas (Day 9)
 - o During the 2-weeks of lessons, your child will be asked to swim in pyjamas as part of our water safety programme.
- Jewellery
 - o In line with our uniform policy, no jewellery should be worn. If your child usually wears a watch, we recommend that they do not wear it during the swimming fortnight.

Please do not send soap or shampoo, children will not need them.

Many thanks,
Sharon Tattersdill



In Him we Live and Move and Have our Being

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