

# OUR WEEKLY MENUS

## WEEK ONE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Curry with 50% Wholegrain Rice and 50% White Rice	Beef Meatballs with Spaghetti	Roast Chicken Dinner, Stuffing and Gravy	Ham Pizza	Fish Fingers with Omega 3
Quorn Sausages with Herby Diced Potatoes (vg)	Halal Beef Meatballs with Spaghetti	Halal Roast Chicken Stuffing & Gravy	Vegetable Curry with 50% Wholegrain Rice & 50% White Rice	Fish Fingers with Omega 3
Cheese and Onion Quiche with Herby Diced Potatoes (v)	Cheese Whirl (v)	Roast Quorn Dinner Stuffing & Gravy (v)	Margherita Pizza (v)	Quorn Burger in a Bun (v)
Jacket Potato or Sandwich With Various Fillings	Jacket Potato or Sandwich With Various Fillings	Jacket Potato or Sandwich With Various Fillings	Jacket Potato or Sandwich With Various Fillings	Jacket Potato or Sandwich With Various Fillings
Potato Wedges Peas & Sweetcorn Mix	Herby Diced Potatoes Fresh Vegetable Medley	Roast Potatoes Cauliflower & Broccoli	Spicy Diced Potatoes Baked Beans	Chipped Potatoes Garden Peas
Crunchie Biscuit with Fruit	Mandarin Muffins	Jelly with Fruit	Chocolate Cake and Custard	Ice cream Roll

V - Vegetarian | VG - Vegan | GF - Gluten Free

W/C 15th April, 6th May, 3rd June, 24th June, 15th July, 2nd September, 23rd September, 14th October

## WEEK TWO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese and ham quiche	Pork Sausage Hot Dog	Minced Beef Pie and Gravy	Beef Lasagne with Garlic Bread	Battered Fish Fillet
Margherita pizza	Halal Chicken Sausage Hot Dog	Halal Minced Pie and Gravy	Halal Beef Lasagne with Garlic Bread	Salmon & Sweet Potato Fishcake
Cheese & Onion Pie (v)	Tomato Pasta & Garlic Bread (v)	Macaroni Cheese (v)	Ploughman's Lunch (v): Boiled egg, Cheese, Lettuce, Cucumber, Apple and Crusty Bread	Quorn Sausage (vg)
Jacket Potato or Sandwich With Various Fillings	Jacket Potato or Sandwich With Various Fillings	Jacket Potato or Sandwich With Various Fillings	Jacket Potato or Sandwich With Various Fillings	Jacket Potato or Sandwich With Various Fillings
Potato Wedges Peas and Sweetcorn Mix	Herby Diced Potato Baked Beans	Creamed Potatoes, Seasonal Fresh Carrots and Broccoli	Seasonal Fresh Vegetable Medley	Chipped Potatoes Garden Peas
Iced Lemon Sponge	Vanilla Sponge and Custard	Cornflake Cake and Custard	Apricot Flapjack	Carrot and Orange Muffin

V - Vegetarian | VG - Vegan | GF - Gluten Free

W/C 22nd April, 13th May, 10th June, 1st July, 22nd July, 9th September, 30th September, 21st October

## WEEK THREE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Burger in a Bun	Chicken Korma with 50% Wholegrain Rice and 50% White Rice	Roast Pork Dinner with Stuffing and Gravy	Pasta Bolognese With Crusty Bread	Battered Fish Burger
Halal Beef Burger in a Bun	Halal Chicken Korma with 50% Wholegrain Rice and 50% White Rice	Halal Roast Chicken Dinner with Stuffing and Gravy	Halal Pasta Bolognese With Crusty Bread	Battered Fish Burger
Vegetable Pasta Bake (v)	Pizza Whirl (v)	Vegan Sausage Roll (vg)	Cheese Pasty (v)	Quorn Chicken Nuggets (vg)
Jacket Potato or Sandwich With Various Fillings	Jacket Potato or Sandwich With Various Fillings	Jacket Potato or Sandwich With Various Fillings	Jacket Potato or Sandwich With Various Fillings	Jacket Potato or Sandwich With Various Fillings
Diced Potatoes Cauliflower & Carrots	Spicy Diced Potatoes Seasonal Fresh Broccoli	Roast Potatoes Peas and Sweetcorn	Seasonal Fresh Vegetable Medley	McCains Potato Crisps Garden Peas
Vanilla Shortbread and Fruit Wedges	Gingerbread Person with Fruit	Chocolate Ice Cream Roll	Banana Cake and Custard	Chocolate Crunch

V - Vegetarian | VG - Vegan | GF - Gluten Free

W/C 29th April, 20th May, 17th June, 8th July, 16th September, 7th October

Children get 2 courses and 2 sides, a trip to the salad bar and bread, with a drink and chilled water for the price of a school meal. We offer three main course choices every day, one of which is always vegetarian, and there are always three choices of desserts (main dessert, fruit and yoghurt) all of which are suitable for vegetarians. Your child can also choose up to 5 portions of fruit and vegetables per day. Where else can you get that value? We also provide menus for diabetics, a gluten free, dairy free and vegan menu, other special diets, and halal meat where required. Our service is also totally nut free.

Allergen information correct at time of print - please see staff for up to date information.

**Always Available:**  
Unlimited Salad Bar, Seasonal Fruit and Yoghurt