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**St Paul's Catholic  
Primary School**

Head Teacher: Mrs. S. Sinclair B.A (Hons)  
CEO: M Shorten M.Ed., BA (Hons)  
Chair of Directors: Y Coates

6<sup>th</sup> September, 2023

Dear Parents and Carers,

We are delighted that we are able to enhance our curriculum offer for our children by being a Forest School. We have decided that, each year, Y3 and Y5 will have the opportunity to take part in forest school learning as part of their curriculum. This means that this year it is your child's turn to take part in forest school every Monday afternoon for 1 hour per week.

Each Wednesday, Mrs Katherine Mowbray from 'Sc.out.ed' (Science and Outdoor Education Specialists) will work with Y3 and then Y5. Katherine has planned exciting sessions for the children, providing them with opportunities to learn key concepts and skills in a practical and meaningful way. She has worked closely with myself and class teachers to plan the sessions.

The approach to learning is creatively linked to other areas of learning eg: science, geography. Children will develop teamwork and co-operation skills, increase self-esteem and self-confidence, develop their language skills as well as improve physical and motor skills. The forest school approach is also a very effective stimulus for learning back in the classroom.

The sessions will always be outdoors so it is important that children come prepared for all weathers. From next Monday, it would be useful if your child brings a pair of wellies or a pair of trainers. They should also have a waterproof coat and a pair of jogging bottoms they can change into if they need to – these don't need to be their normal PE joggers. Going forward, it would be really useful if you were able to get your child a pair of waterproof trousers which could be worn over their uniform as well as a proper waterproof jacket. They should bring any items to school in a carrier bag and items should be labelled with your child's name.

I am sure your child will enjoy this opportunity and we look forward to lots of exciting adventures ahead!

Yours sincerely

Sheena Sinclair  
Head Teacher

