



# Physical Education Overview

## Why?

At St Peter's Church of England Primary School, we are committed to the health and wellbeing of our pupils. As staff, we understand how a broad and inclusive provision benefits individuals and the school in general; our approach to Physical Education focuses very much on the holistic child. We strive for excellence in performance, whilst recognising every child's achievements will be different. We also celebrate the creativity, commitment, leadership and analytical skills of our children, skills we look to develop through our curriculum and extra-curricular offer. PE enables children to learn confidence, perseverance, team spirit and organisation. We believe that children must engage in a programme of P.E that encourages fitness, improves their strength, suppleness, stamina and teaches those rules of games and an understanding of how to perform to an audience. This allows pupils to gain a sense of achievement and develop positive attitudes towards themselves and others.

## How?

We aim to provide a well-balanced curriculum which covers the statutory requirements for the Early Years Foundation Stage (EYFS) and the PE National Curriculum.

In the Reception Class (EYFS), opportunities are provided for children to be active and to develop their co-ordination, control and movement through moving and handling activities which involve the use of a range of equipment and involve different spatial experiences. Structured lessons and opportunities for outdoor physical activity amount to at least two hours each week which includes continuous provision in EYFS.

Pupils in both KS1 and KS2 engage in two hours of high-quality PE during the course of each week. In KS1 the curriculum builds on the fundamental movement skills of agility, balance and co-ordination taught in EYFS. Curriculum content includes ball skills and team games, gymnastic and dance activities. At KS2, pupils continue to apply and develop a range of skills and units of work include a range of invasion, net / wall, and fielding and striking games, gymnastics, dance, athletics, swimming and outdoor and adventurous activities.

- All children can achieve the aims of the national curriculum through a broad, balanced and progressive curriculum
- Adaptive planning meets the needs of individuals and groups- this might mean going back to plans programmed for younger groups to secure knowledge and skills
- Staff develop children across different domains- physically, cognitively and socially and emotionally
  - Children learn skills and knowledge and apply it.
- Delivery through the Principles of Assessment for Learning.
- Children experience traditional and 'new' sports.
- Careful monitoring of the progress of individuals, groups, classes and year



What?

Our assessment outcomes focus on the child's holistic development in PE and not merely on performance. It is completed through The Primary PE Passport using a combination of formative and summative assessment. Teacher's assessment through observation forms the basis of assessment for PE. Assessment is against a set of clear objectives and outcomes linked with the national curriculum and assessment outcomes are NOT incremental and are all equally weighted. We assess across a range of units to ensure across the different strands of PE e.g. dance, gymnastics, OAA etc. Video evidence from each unit of work is uploaded on the PE Passport to show attainment and achievement in order to moderate standards across the school.

Our PE curriculum enables our pupils to understand the importance of physical health; how to develop their skills both across a range of disciplines and in game situations; promote social interactions with their peers and develop a positive sense of wellbeing.