

have come that you may have life, life in all its fullness' John 10:10

St. Peter's Newsletter



Friday 24<sup>th</sup> May 2024

## Headteacher Message

## Good afternoon,

It has been another busy week in school with lots of tired children and staff ready for the half term. Y6 have had another wonderful week, auditioning for their end of year performance and completing their bikeability sessions. It was a wonderful worship led by Oystercatchers' class. They were amazing and shared their scientific learning about plants. Well Done!

We hope everyone has a wonderful two week holiday and hopefully the weather improves so you manage to get out and about.



Enjoy your weekend,

Mrs Dodd and the team at St Peter's

## Our School Worship and Christian Characteristics



This week our focus has been self-control. This is part of the Christian Values of the school. We have revisited The Fruit of the Spirit and the values that are important in life.

We have explored things that we are in control over and things that are out of our control. We considered how we treat others and how we demonstrate the Christian values of self-control and kindness. The children were amazing at explaining how they can demonstrate self-control both in and out of school. School Lunches

## School Lunches

All children in EYFS – Y2 are entitled to a universal free school meal and some children are entitled to free school meals. Please encourage your child to take up this offer. There is variety every day and lovely summer treats for pudding!

When we return to school, we are on Week 3:

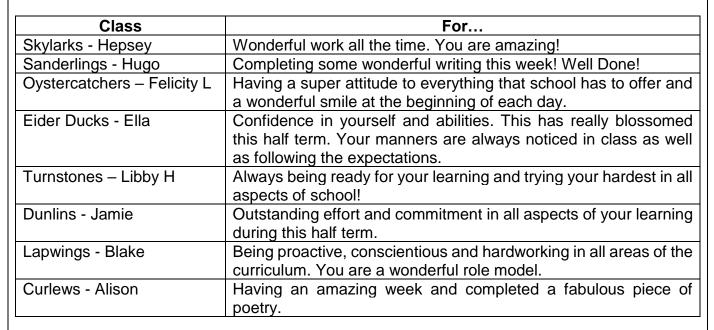
		MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
WEEK THREE 28th April 28th April 28th May 10th June 1st & 2ard July 12th August 2nd & 233 dept 14th October	Traditional Main Course	Booths Pork or Vegetarian Sausages in a Bun with Tortilla Chips Freshly Prepared Salad Selection	Golden Crumb Salmon Fillet Fingers or Vegetable Fingers with Paprika Potato Wedges Mixed Vegetable Medley or Baked Beans	Roast Chicken or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy	Summer Picnic Lunch Assorted filled Sandwich and/or Wrap Mini Sausage Roll Tortilla Chips & Vegetable Sticks	Golden Crumb Fish Fingers or Vegetable Fingers with Oven Baked Chips Garden Peas & Sweetcom or Baked Beans
	Pizza & Pasta	Tomato & Italian Herb Pasta with Freshly Prepared Salad Selection (v)	Tondo Pizza Panini with Paprika Potato Wedges Freshly Prepared Salad Selection (v)	Creamy Tomato & Mascarpone Pasta with Freshly Prepared Salad Selection (v)	Beef or Quom Pasta Bolognaise with Freshly Prepared Salad Selection	Homemade Pizza Margherita with Oven Baked Chips Garden Peas & Sweetcom or Baked Beans (v)
	Jackets & Sandwiches	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwich Roll with Tortilla Chips Freshly Prepared Salad Selection
	Desserts	Chocolate Cupcake or Fruit Yoghurt with Fruit Selection & Milk	Mini Lemon Cookie or Fruit Yoghurt with Fruit Wedges & Milk	Fruit Jelly & Vanilla Cream or Fruit Yoghurt with Fruit Selection & Milk	Mini Shortbread Biscuit or Fruit Yoghurt with Fruit Wedges & Milk	Chocolate Mousse Delight or Fruit Yoghurt with Fruit Selection & Milk

During the Summer Term, Mrs Dodd is meeting with Lancashire Catering to revise the school lunch menu with the goal of bringing back some of the favoured choices. When this is complete, we will send this new menu to all parents with a start date to be confirmed.

In line with the recommendation from Lancashire County Council, the price of school lunches will increase in September 2024 to **£2.60**.



Stars of the Week receiving a Headteacher Award are...



Well done to all of our super stars who have made us all extremely proud this week.

# We also need to celebrate the children who have received the highest amount of credits this half term.

	Bronze	Silver	Gold
Skylarks	Felicity	Flynn	Hepsey
Sanderlings	Bella	Anna	Lexie
Oystercatchers	Sam C Eliahs	Penelope J	William
Eider Ducks	Thomas	Oliver	James
Turnstones	Irma	Meri	Bertie
Dunlins	Megan H Willow	Theo	Bella
Lapwings	Dylan	Theo	Stanley
Curlews		Lucas	Shanaya
		Blaize	Bobby

The overall House Team that have achieved the most credits is <u>Red Team</u>. The children in this team can be in non-uniform on the first Friday back after the holiday. Well Done!

## **Book Club and Reading**

We all attended Oystercatchers class worship this week, so we did not run our usual book club. All classes have been reading a range of texts through the week.

We would love the children to read lots over the next two weeks. Perhaps, a trip to the library or reading new books would be great for the family, helping to maintain our love of reading. We love to celebrate reading in school, so children can discuss their recommended reads during book club on our first week back to school.

## Summer Social



Thank you to 'The Friends' for organising this year's Summer Social. Please see below the details and put it in your calendar - it will be a fantastic event, enjoyed by all!

If you know of any new families who will be joining St Peter's in September, please feel free to invite them along too. We will be sure to share this information when we meet them at induction.

## Our Online Safety Message of the Week

With the school holidays here, it is so easy to let children have extended screen time. Whilst they get great enjoyment from their devices and gaming, it can present many challenges for parents. This week we have therefore included a guide on Managing Screen Time. We highly recommend the other guides and advice that is available on https://nationalcollege.com/parents

## **General Reminders**

## Lost Property

As this is the last day of Summer 1 half term, please aim to check the lost property for anything your child may be missing! All unclaimed lost property that remains in school by the last week of Summer Term 2 will be donated to the Heysham Uniform Hub.

## **PE Kits**

Your child will come home with their PE kit to be washed, so please ensure it is brought back into school on the first day back (Monday 10<sup>th</sup> June) to avoid calls home throughout the week. **Arrival Times** 

We are seeing an improvement once again for arrival times to school – thank you! We have only one half term left of this school year and would love to see our best half term yet for as many children arriving on time before the gates close at 8.45am. Please contact the school office if you would like assistance / advice on how to improve punctuality.

## Spring / Summer Clothing and Sun Safety

As the weather in our part of the world can be very unpredictable, we are seeing some delightful sunshine closely followed by downpours! As such, we ask that you send your child(ren) to school with a raincoat along with a sunhat and full water bottle and having applied suncream on the morning before school. All items to be clearly labelled please, including cardigans and jumpers which seem to be filling up our lost property box at a very fast pace! Thank you

## **Price Increases from September 2024**

As highlighted above for school lunches, there will also be an increase in the price of Afterschool Club from September 2024. We appreciate cost of living continues to rise, however we must ensure we can sustain the costs associated with the provision of this club. The new price will be as follows, effective from Autumn Term 2024:

Afterschool Club will increase to £8 per session

Food Bank – Donations								
Thank you for continued support w	,	Class Friday						
donations to Mor	-	Turnstones	Friday 14 <sup>th</sup> June					
Bay Community Fo		Eider Ducks	Friday 21 <sup>st</sup> June					
We are very grateful for all your donations. Due to the amount of wonderful donations you are making we are now on a collection run!								
Whilst we indicate a class a week, anyone can donate. We have our donation area just in the main entrance to the school. We are extremely grateful for your kind donations.								
Dates for the Diary – Week Commencing 10th June								
Monday 10 <sup>th</sup> June	<ul> <li>Parent Led CBT Session – please see email for details if you are on the first group</li> <li>Y2 Code Club – 3.15 – 4.15pm – emails to confirm places / waiting list have been sent. Please check</li> </ul>							
Tuesday 11 <sup>th</sup> June	Y3 Swimming – PE kits in school please							
Wednesday 12 <sup>th</sup> June	• JAM Club – 3.15 – 3.15pm							
Thursday 13 <sup>th</sup> June	<ul> <li>Mrs Rigby not in school today</li> <li>BLA SSCO Y5/6 Netball Tournament – Thursday 13<sup>th</sup> June @ 12 noon at LMC – see letter</li> </ul>							
Friday 14 <sup>th</sup> June	day piform day							
	<ul> <li>Red House Team – non-uniform day</li> <li>Father's Day Event @ 2pm – 3.15pm</li> </ul>							

## Key Dates for Summer Term 1

• End of May Bank Holiday and Half Term – Week Commencing 27<sup>th</sup> May and 3<sup>rd</sup> June

## Key Dates for Summer Term 2 (to be added to over the forthcoming weeks)

- School Re-Opens Monday 10<sup>th</sup> June
- BLA SSCO Y5/6 Netball Tournament Thursday 13th June @ 12 noon at LMC see letter
- Father's Day Pizza and Games Event Friday 14<sup>th</sup> June @ 2pm 3.15pm. No further bookings can be taken for this event as the deadline has passed and all numbers have been collated for food / activities. If you have brought your return slip in, the event will be added to ParentPay which will require payment asap.
- Y5/6 Cricket Tournament Thursday 20<sup>th</sup> June @ 10am at Westgate / Torrisholme Cricket Clubs – see letter
- Friend's Summer Social Friday 21<sup>st</sup> June @ 3.15pm please see flyer above
- Y4 Nature Reserve Trip Wednesday 26<sup>th</sup> June see letter
- **Ripley Transition Day** Wednesday 26<sup>th</sup> June
- Induction Evening for Reception 2024 Parents Wednesday 26th June @ 5pm 6pm
- New Reception Class Visits Monday 1<sup>st</sup> July @ 1.20pm 2.05pm (A-G) and @ 2.15pm 3pm (H-Z)
- Y2 & Y6 Transition Coffee Morning Thursday 27<sup>th</sup> June @ 9.15am. Please book spaces via the office
- **Sports Day** Wednesday 3<sup>rd</sup> July @ 9.30am until approx. 11am (weather dependent)
- **Back Up Sports Day** Wednesday 10<sup>th</sup> July times as above, if weather dictates a postponement from the week before
- New Reception Teddy Bear's Picnic Thursday 11th July @ 1.30pm

- Turnstones Leighton Hall Trip Friday 12<sup>th</sup> July please see letter and ParentPay
- New Reception Class Visit (without parents) Tuesday 16th July @ 9.30am All children will visit their new class during this time
- Skylarks Trip to Lakeland Wildlife Oasis Thursday 18th July please see letter and ParentPay
- Y6 Production Wednesday 17th and Thursday 18th July in the evening Details to follow
- Y6 Picnic and Leavers Assembly Tuesday 23rd July Details to follow
- Last Day of Summer Term Tuesday 23rd July

## **Community Events / Information**

Join artist Henna Asikainen to explore feelings of belonging and home by working together to build a human sized nest, looking out to sea on Heysham Barrows.

Gather driftwood and foliage or bring along your own natural materials or spare fabrics to help construct a huge nest, connecting us with the natural world.

Situated close to the historic ruins of St. Patrick's Chapel in Heysham Village, all are invited to come and find us between 10am-4pm on Saturday 1 June.

Henna is a Finnish artist based in the UK. Her artwork is concerned with humans' complex relationship with nature and its intersections with social justice, climate justice, migration and notions of belonging.

## Henna Asikainen: NEST



## Juanita's Big Problem Show

## Dukes Theatre 29th May at 11am

The show uses circus skills to discuss recycling with children, it allows them to get hands on and be fully involved in the show.

Juanita the cleaner has been collecting her rubbish for one whole year. But what can she do with her mountain of plastic? Where will it end up? She needs your help!

Climate-conscious Juanita wants to lift the lid on our recycling bins. Where does all that plastic we recycle actually go? What can we do to stop it? Juanita can't answer these questions on her own - she needs you to help her. So she invites you to assist in fulfilling her quest for a plastic-free world. Clown Juanita tackles plastic pollution in a provocative, entertaining and ridiculous way. An important, urgent and utterly hilarious show full of hope for our future. We have to listen to Juanita's Big Problem – because it's time we cleaned up our act!

Discount code is £5tickets can be used on our website or quoted to a member of staff in box office to receive all tickets purchased for the show at £5 each. https://dukeslancaster.org/whats-on/theatre/juanitasbig-problem



# **Top Tips for**

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts - so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

### GET OUT AND ABOUT

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MILK

If the weather's dec If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do: the main thing is g some fresh air and a break fro

## TRY A TIMED TRIAL

30 When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

## **GO DIGITAL DETOX**

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

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## LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go anline.

## AGREE TECH-FREE ZONES

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minate some spots at home ere devices aren't allowed. where your family gathers ether, like at the table or in the 1g room, could become a 'no

# HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

## Meet Our Expert

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National College

**BE MINDFUL OF TIME** 

Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

## PARK' PHONES OVERNIGHT

t up an overnight charging station for everyone's devices – preferably away from bedroo That means less temptation for late-night scrolling.

## SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications con chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

# TAKE A FAMILY TECH BREAK

Set aside certain times wh the whole family puts their gadgets away and enjoys activity together: playing a board game, going for a w or just having a chat.

## SOCIALISE WITHOUT SCREENS

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When you're with friends, try not to autamatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

# WIND DOWN PROPERLY

Try staying off phor tablets and so on ju u a muci







Open to all girls aged 5-14

# LEARN TO PLAY GOLF IN A WAY THAT ROCKS

£40 for six hours of activity
No equipment required
No experience necessary

## HEYSHAM GOLF CLUB (LA3 3JH)

Two Day Camp One: Tuesday 28th May and Wednesday 29th May 1pm - 4pm

Two Day Camp Two: Wednesday 31st July and Thursday 1st August at 1pm - 4pm

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IN GOLF

