



St Peter's
Primary School

ALLERGY SAFETY

A WHOLE-SCHOOL RESPONSIBILITY

**BENEDICT'S
LAW**
IN FORCE FOR
SCHOOLS IN ENGLAND
FROM SEPTEMBER
2026

We must all work together to keep every child with allergies safe.

SUSPECT ANAPHYLAXIS? ACT IMMEDIATELY.

1. USE ADRENALINE



Give adrenaline without delay using the child's prescribed adrenaline device.

Use a **SPARE AAI** if the child's own device is not available.

2. CALL 999



Call 999 immediately after giving adrenaline.

Say **ANAPHYLAXIS** when speaking to the operator.

3. STAY WITH THE CHILD



Lay the child flat (unless breathing is difficult).

Do not leave them.

Monitor breathing and response.

4. FOLLOW THEIR EMERGENCY PLAN



Follow the child's Individual Healthcare Plan (IHP) and any instructions from emergency services.

★ IF IN DOUBT, GIVE ADRENALINE. IT IS BETTER TO TREAT. ★

OUR ALLERGY SAFETY DUTIES FROM SEPTEMBER 2026

- PUBLISHED ALLERGY SAFETY POLICY**
Reviewed at least annually. Published on our website and shared with all staff, pupils and parents.
- INDIVIDUAL HEALTHCARE PLANS (IHPs)**
Children with allergies who require support have an IHP. Staff who support them must know the allergy, avoidance measures, symptoms and emergency response.
- ALLERGY AWARENESS TRAINING FOR STAFF**
Whole-school training so staff understand common allergens, how reactions present, anaphylaxis, prevention and risk reduction, and how to use adrenaline devices.
- SPARE ADRENALINE AUTO-INJECTORS (AAIs)**
We have access to spare, in-date adrenaline devices for emergency use. They are in addition to a child's own prescribed devices.
- EMERGENCY RESPONSE**
If anaphylaxis is suspected, adrenaline should be given without delay. Call 999 immediately after administering adrenaline. Do not wait.
- INCIDENT & NEAR-MISS RECORDING**
We record and learn from serious allergy incidents and near misses to help prevent future harm.

RECOGNISE ANAPHYLAXIS

Symptoms can appear quickly and affect any of the following:



Swelling of lips, face, eyes or tongue



Hives or itchy rash



Difficulty breathing, wheeze, noisy breathing or persistent cough



Feeling of sickness, tummy pain, vomiting or diarrhoea



Pale, floppy, confused, dizzy or collapse / loss of consciousness



Any combination of these symptoms could be anaphylaxis.
Treat as anaphylaxis.

OWN MEDICATION & PRESCRIBED EMERGENCY TREATMENT

Each child's Individual Healthcare Plan (IHP) shows their prescribed emergency medication.



This may be an **ADRENALINE AUTO-INJECTOR** (e.g. EpiPen® or Jext®)

OR



It may be an **ADRENALINE NASAL SPRAY** (EURneffy®) or children aged 4+ who weigh 15–30 kg.

Always follow the child's IHP and the actual medication prescribed for them.

ALLERGY AWARENESS – EVERY MEMBER OF STAFF

We all have a role to play:

- ✓ Know which pupils in your care have allergies.
- ✓ Read their IHP and follow it.
- ✓ Know what to avoid and how to reduce risk.
- ✓ Know the signs of allergic reactions and anaphylaxis.
- ✓ Know where spare AAIs are kept and how to use them.
- ✓ Report and record incidents and near misses.
- ✓ Ask if you are unsure – never assume.

IF YOU ARE UNSURE – ASK.
SAFETY IS EVERYONE'S RESPONSIBILITY.

SPARE ADRENALINE AUTO-INJECTORS (AAIs)

Spare AAIs are for emergency use only when a child's own device is unavailable.

- ✓ They are not a replacement for a child's own medication.
- ✓ They are checked regularly and replaced before expiry.
- ✓ Staff must know where they are stored and how to use them.



CHECK – USE – CALL 999 – STAY
(See emergency steps above)

OUR EMERGENCY ADRENALINE DEVICES (TO BE COMPLETED)

Emergency AAIs stored:	
Backup location (if any):	
Responsible checker:	
Expiry check completed by:	
Last expiry check date:	/ /
Next expiry check due:	/ /

RISK REDUCTION EVERY DAY



Understand common allergens and avoid cross-contact.



Promote good handwashing before eating and after activities.



Check labels and ask if you are unsure.



Supervise carefully at lunch, trips and off-site activities.



Clean surfaces and manage food in spaces.

WHERE TO GO FOR MORE INFORMATION

- Read our Allergy Safety Policy on the school website.
- Speak to the Headteacher, SENCO or School Office.
- Check the Individual Healthcare Plan (IHP) for any child in your care.



SAFE CHILDREN. INFORMED STAFF. PREPARED SCHOOL.

DfE statutory guidance: Allergy safety in schools
Published 6 July 2026. Applies to schools in England from September 2026.