



January 2026

Chicken Pox

We have a child in preschool with a confirmed case of Chickenpox.

Chickenpox is a common illness that mainly affects children and causes an itchy, spotty rash. The person is contagious from 1-2 days before the spots appear, until after the spots have crusted over (usually 5-6 days after the spots appear).

Most children will catch Chickenpox at some point; it can also occur in adults who didn't have it when they were a child.

Chickenpox can be dangerous for some people, those most at risk are newborn babies, pregnant women and those with a weakened immune system. It is advisable to contact your GP or midwife for advice.

If you have chickenpox, you'll need to stay off school, preschool or work until all the spots have formed a scab. This is usually 5 days after the spots first appeared.

We appreciate your understanding and if you have any questions, please do not hesitate to get in touch.

School Office.

Stage 1: Small spots appear



Stage 2: spots become blisters



Stage 3: blisters become scabs

