

St. Peter's Primary School



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Dear Parents

Child with a nut allergy

This letter is to inform you that a child in Year 1 has a serious allergy to nuts. This is a life-threatening allergy and it is not just eating nuts that can cause a severe reaction, just being touched on the skin or smelling the breath of someone who has had nuts or a product containing nuts can trigger anaphylactic shock (which can cause breathing and swallowing difficulties). For this reason, all nut based products are not allowed on the school grounds.

THIS SCHOOL IS
NUT FREE



THANK YOU
for keeping our school safe!

We need your support to keep our school **nut free**. So please can we ask that you have no nut products in the lunch boxes or brought into the school as treats.

For example:

- Peanut butter sandwiches
- Chocolate spreads
- Cereal bars
- Some granola bars
- Cakes that contain nuts
- Biscuits / Cookies that contain nuts
- Peanut butter cakes
- Some Asian food, including satay
- Sauces that contain nuts

This list is not exhaustive, so please check the packaging of products closely.

We appreciate that this is an additional thing to check and we know that you recognise the importance of it. We do have to insist we are a **nut free school**. I know if this was your child you would expect that we all help, especially as it is a life-threatening condition.

Thank you for your co-operation.

Mrs H Yarnold
Head of School

