

Our dishes are freshly prepared each day in your school kitchen, by our highly experienced school cooks and their teams.



We use a huge range of fresh and seasonal ingredients in all our meals.



We purchase as much locally sourced produce as possible.



We are a multi-award winning school meals service, having won a number of prestigious awards for our food and commitment to the school meals sector.



Use ParentPay to easily pay for meals if your child is in Year 3, 4, 5 or 6. Top up your child's account online at www.parentpay.com or at any local PayPoint.

Not sure of your ParentPay account details? Just ask at your school office. By logging in to ParentPay, you can also see what your child eats each day at school.



A Head start for a better future

We deliver healthy and nutritious meals to your children, giving them the best possible chance in their academic lives. Research has shown that children who eat a healthy school meal, perform better in class, are better behaved, have more energy and are less likely to have issues around obesity as they grow and develop.

Universal Infant Free School Meals

All infant pupils are entitled to a free, nutritious school meal at lunchtime! This means it is even easier to enjoy our menus, which are freshly prepared by our catering staff and include lots of fruit, salads and vegetables. All infants get Universal Infant Free School Meals automatically and they will save you at least £399 a year per child.

Free School Meals

Your child may also qualify for a free school meal and if they do, their school will receive on average, £1,320 in pupil premium for the year, which can have such a huge positive impact for their school. You can find out if they are eligible by applying online at www.lbbd.gov.uk/freeschoolmeals, completing a paper form at any 'one stop shop' or phone 0208 227 2970.

We Value Your Views and Thoughts On Our Services

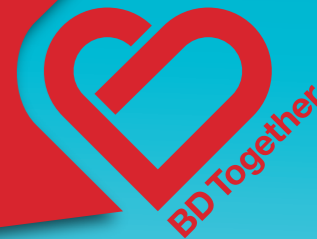
We want your feedback on the service we provide to your children. Please contact us and let us know!

Tel: 020 8227 5498/3141

cateringserviceschoolmeals@bdtp.co.uk

Our office open times are 8am to 4pm, Monday to Friday.
Emails to our office are checked at least once daily (Monday to Friday).
We aim to respond to all enquiries within 24 hours of receipt.

BD Together Catering Services



Winter / Spring 2020
Primary School Lunch Menu



OUR ACCREDITATION

ENJOY THE SEAFOOD YOU LOVE TODAY, TOMORROW AND ALWAYS



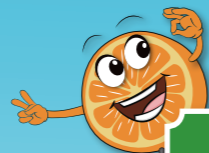
Winter / Spring 2020

28th October 2019 - 3rd April 2020
Still Only £2.10 for a two course meal.

What we offer

This is our delicious and nutritious primary menu, with some of your children's favourites, featuring delicious and nutritious dishes.

- **Ethical** - Our meat is sourced from farms with high standards of animal welfare. All our eggs are free range and our fish are from sustainable sources. We are also reducing our use of single-use plastic by removing more items that use plastic containers to serve them in.
- **Food for Life** - We have retained our Food for Life Served Here silver accreditation, making sure we deliver meals of the highest standard.
- **Outstanding Value** - Primary meals are automatically free for all students in Reception, Year 1 and Year 2. For all other students, meals are priced at just £2.10 a day.



WEEK ONE

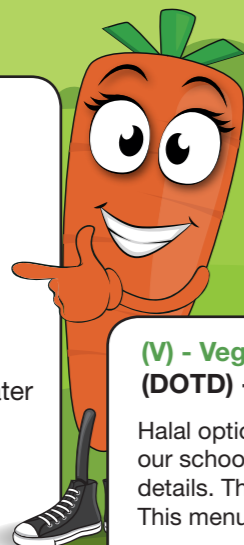
Salad Bar
Choice of Seasonal Salads
(allergy free)

Monday	Tuesday	Wednesday	Thursday	Friday
Pork Sausages & Halal Chicken Sausages with Mashed Potato & Gravy	Minced Beef Lasagne (Halal Option) with Garlic Bread	Roast Chicken & Yorkshire Pudding (Halal Option) with Roast Potatoes & Gravy	Sweet Sticky BBQ Chicken (Halal Option) with Boiled Rice	Fish Fingers with Tomato Sauce with Oven Chips
Vegan Sausages with Mashed Potato & Gravy (V)	Cheesy Baked Bean Pasta with Garlic Bread (V)	Roast Quorn & Yorkshire Pudding with Roast Potatoes & Gravy (V)	Chunky Vegetable Curry with Boiled Rice (V)	Homemade Cheese & Tomato Quiche with Oven Chips (V)
Jacket Potato with Assorted Filling (Cheese, Tuna, Beans)	Jacket Potato with Assorted Filling (Cheese, Tuna, Beans)	Jacket Potato with Assorted Filling (Cheese, Tuna, Beans)	Jacket Potato with Assorted Filling (Cheese, Tuna, Beans)	Jacket Potato with Assorted Filling (Cheese, Tuna, Beans)
Chicken or Cheese (V) Roll	Ham or Egg (V) Roll	Tinned Tuna or Cheese (V) Roll	Ham or Cheese (V) Roll	Tuna Mayo or Egg (V) Roll
Sides	Sides	Sides	Sides	Sides
Peas or Baked Beans (V)	Mixed Peas & Carrots (V)	Honey Roast Parsnips & Broccoli (V)	Side Salad or Sweetcorn (V)	Baked Beans or Peas (V)
Dessert	Dessert	Dessert	Dessert	Dessert
American Style Pancakes with Dessert Topping (DOTD)	Chocolate Beetroot Brownie & Custard (DOTD)	Fruit Jelly (DOTD)	Apple Crumble & Custard (DOTD)	Shortbread Biscuits (DOTD)
Fresh Fruit Platter or Cheese & Crackers	Fresh Fruit Platter or Raisins	Fresh Fruit Platter or Fruit Yoghurt	Fresh Fruit Platter or Raisins	Fresh Fruit Platter or Cheese & Crackers

Week Commencing: 28/10/19, 11/11/19, 25/11/19, 9/12/19, 6/1/20, 20/1/20, 3/2/20, 24/2/20, 9/3/20, 23/3/20.

Special Dietary Requirements

Please let us know if your child has a food allergy or intolerance. We have a Menu Development Team who can create a bespoke menu to cater for your child's needs. Any special dietary requirements supplied by parents are recorded on our system and confidentially displayed on our tills whenever your child receives their meal. This ensures they are only served dishes they are allowed.



(V) - Vegetarian
(DOTD) - Dessert of the Day

Halal options are served at the majority of our schools, please ask your school for more details. There are no nuts in any of our dishes. This menu may be subject to change.

Organic bread basket as well as a selection of organic yoghurt, fresh fruit, cheese and crackers are available daily. Included in your £2.10 are freshly baked bread and self-serve salad bar.

WEEK TWO

Monday	Tuesday	Wednesday	Thursday	Friday
Gluten Free Pork & Carrot Meatballs or Halal Chicken Meatballs in Tomato Sauce with Boiled Rice	Lemon Crumb Salmon Fillet with Potato Wedges	Roast Chicken & Yorkshire Pudding (Halal Option) with Roast Potatoes & Gravy	Homemade Cheese & Tomato Pizza with Potato Wedges (V)	Flipper Dippers with Tomato Sauce and Oven Chips
Quorn Bolognese with Boiled Rice (V)	Macaroni Cheese with Garlic Bread (V)	Country Vegetable Bake with Roast Potatoes & Gravy (V)	Rich Tomato Pasta (V)	Quorn Dippers with Tomato Sauce and Oven Chips (V)
Jacket Potato with Assorted Filling (Cheese, Tuna, Beans)	Jacket Potato with Assorted Filling (Cheese, Tuna, Beans)	Jacket Potato with Assorted Filling (Cheese, Tuna, Beans)	Jacket Potato with Assorted Filling (Cheese, Tuna, Beans)	Jacket Potato with Assorted Filling (Cheese, Tuna, Beans)
Chicken or Cheese (V) Roll	Ham or Egg (V) Roll	Tinned Tuna or Cheese (V) Roll	Ham or Cheese (V) Roll	Tuna Mayo or Egg (V) Roll
Sides	Sides	Sides	Sides	Sides
Sweetcorn (V)	Peas or Baked Beans (V)	Broccoli & Carrots (V)	Coleslaw or Sweetcorn (V)	Baked Beans or Peas (V)
Dessert	Dessert	Dessert	Dessert	Dessert
Tinned Fruit Cocktail with Fresh Melon Pieces (DOTD)	Chocolate Sponge & Chocolate Custard (DOTD)	Fruit Jelly (DOTD)	Shortbread Biscuits (DOTD)	Rice Pudding & Jam Sauce (DOTD)
Fresh Fruit Platter or Cheese & Crackers	Fresh Fruit Platter or Raisins	Fresh Fruit Platter or Fruit Yoghurt	Fresh Fruit Platter or Raisins	Fresh Fruit Platter or Cheese & Crackers

Week Commencing: 4/11/19, 18/11/19, 2/12/19, 16/12/19, 13/1/20, 27/1/20, 10/2/20, 2/3/20, 16/3/20 30/3/20.