



Physical Education Statement of Intent



At St Peter's we strive to deliver a broad and balanced curriculum that through variety and challenge entuses students to acquire the skills, fitness and knowledge to follow a healthy lifestyle from school to community. The curriculum will meet the needs of all abilities and recognises issues surrounding students from varying genders and students with SEND.

We aim to provide opportunities for children to compete in sport and other activities that build character and help to embed values such as fairness and respect. We aim to teach pupils the skills and theory that enable pupils to co-operate effectively as part of a team and work strategically in order to achieve a goal- skills that can be transferred into other aspects of academic life.

Children learn to make decisions on behalf of the team and look at the big picture. This can be a very tough skill to teach a child, but playing sports can help them to learn this very easily. Constant exercise and practice improves learning in all subjects as the mind learns to focus and retain better. Children with dyslexia and ADHD benefit considerably from sports as it presents them with new challenges and learning moments on a daily basis.

Our improvement priority this academic year is to provide teachers with the knowledge and resources to enable them to teach P.E with confidence. We have introduced our new scheme of work, 'Complete P.E'- an online planning and assessment resource which provides teachers with lesson plans and resources to support the delivery of high quality P.E. The scheme outlines a clear success criteria set against age related expectations and ensures all learning outcomes are achievable, which provides a simple and accurate system for teachers to monitor progress and attainment. The scheme ensures complete inclusion by suggesting games and equipment that can be adapted to meet the needs of children with SEND.

As well as learning through the curriculum, the children at St Peter's have access to a wide range of inclusive high quality extra-curricular activities before and after school, including: multi-sports, football and gymnastics.