

St Peter's Catholic Primary School

PSHE Policy



Policy	PSHE
Date	September 2018
Date of review	September 2020
Signed Chair of Governors	<i>George Lopez</i>
Signed Headteacher	<i>Clare Scott</i>

We, the family of St Peter's, united in faith by God strive to learn and grow together to be the best we possibly can every day.

St. Peter's is a two form entry Catholic primary school located in Dagenham. We have a nursery which runs morning sessions. We have strong links with the parents and parish community. In this school we follow the Borough scheme for PSHE and Citizenship but support this with resources from 'Dot.Com' a recommended PSHE scheme supported by the Home Office. We also incorporate the school's Catholic ethos into this. Our school ethos is crucial to the implementation of PSHE and Citizenship. Whilst PSHE education remains a non-statutory subject, section 2.5 of the National Curriculum framework document states that:

'All schools should make provision for personal, social, health and economic education (PSHE), drawing on good practice.' In order to help schools to meet this objective, our programme of study identifies the key concepts and skills that underpin PSHE education and help schools to fulfil their statutory responsibility to support pupils' spiritual, moral, cultural, mental and physical development and prepare them for the opportunities, responsibilities and experiences of life as set out in [Section 78 of the Education Act 2002](#).

Moral and Values Framework

Our school mission statement is:

We, the family of St Peter's, united in faith by God strive to learn and grow together to be the best we possibly can every day.

Our Mission Statement is embedded in all that we do, explicitly and implicitly.

Aims and Objectives

The aims and objectives of our PSHE and Citizenship policy are:

- To raise students' self esteem and confidence, especially in their relationship with others.
- To develop skills in language, decision making and assertiveness.
- To help young people gain access to information and services.
- To enable children and young people to participate in society and value themselves and others.
- To develop confidence and responsibility and make the most of their abilities.
- To encourage children to prepare to play an active role as citizens and members of a democratic society.

Equal Opportunities

St. Peter's is committed to providing PSHE and Citizenship to all. We will provide resources and support so that all can access the curriculum and feel secure and valued.

Implementation of the PSHE and Citizenship Curriculum

The scheme of work for our school has been adapted from the Borough's PSHE and Citizenship programme which has three overlapping and linked '**Core Themes**'; Relationships, Health and Wellbeing and Living in the wider world. Throughout the scheme core knowledge and understanding is taught in accordance with pupils' readiness and appropriateness across all Key Stages, building upon Early Years Foundation Stage Learning. It is important to recognise that many decisions about both health and lifestyle are made in a social context or are influenced by the attitudes, values and beliefs of significant others. PSHE education should respect and take account of pupils' prior learning and experiences. PSHE education should be taught through a spiral programme, revisiting themes, whilst increasing the challenge, broadening the scope, and deepening pupils' thinking.

PSHE education prepares pupils for both their futures and their present day-to-day lives. It is essential that pupils have the opportunity to recognise and reflect on how learning is relevant to them and can be applied in their own lives. PSHE education has a rich body of knowledge taught through topics.

In the theme of Relationships pupils should be taught:

1. How to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts
2. How to recognise and manage emotions within a range of relationships
3. How to recognise risky or negative relationships including all forms of bullying.
4. How to respond to risky or negative relationships and ask for help
5. How to respect equality and diversity in relationships

In the theme of Health and Wellbeing pupils should be taught:

1. What is meant by a healthy lifestyle?
2. How to maintain physical, mental and emotional health and wellbeing
3. How to manage risks to physical and emotional health and wellbeing
4. Ways of keeping physically and emotionally safe
5. About managing change, including puberty, transition and loss
6. How to make informed choices about health and wellbeing and to recognise sources of help with this
7. How to respond in an emergency
8. To identify different influences on health and wellbeing

In the theme of Living in the wider world pupils should be taught:

1. About respect for self and others and the importance of responsible behaviours and actions
2. About rights and responsibilities as members of families, other groups and ultimately as citizens
3. About different groups and communities
4. To respect equality and to be a productive member of a diverse community
5. About the importance of respecting and protecting the environment
6. About where money comes from, keeping it safe and the importance of managing it effectively
7. How money plays an important part in people's lives
8. A basic understanding of enterprise.

Organisation

PSHE and Citizenship will be taught in Key Stages One and Two for a forty minute session each week. In the Foundation Stage it will be taught within the personal, social and emotional development as part of the 'Early Learning Goals.'

The class teacher will be responsible for teaching this subject using the 'Dot Com' books, however it is recognised that PSHE and Citizenship is also a cross curricular subject and may also be taught as part of other subjects.

About Dot.Com

Dot Com is also a 'safeguarding tool' to raise awareness and keep pupils safe from the dangers of abuse, sexual exploitation, radicalisation and extremism. It promotes children's rights and fundamental British values. The programme helps St Peter's school comply with the 'Keeping Children Safe in Education' legislation and provides evidence that the children are being taught how to stay safe.

DFE – KEEPING CHILDREN SAFE IN EDUCATION (September 2018)

Each year group have individual journals or scrap books based on the Dot.Com characters. There are Teacher's Guides for each year group to support the planning, implementation and assessment of this programme.

Safety Week

From September 2018, each year St Peter's will hold a 'Safety Week' where many aspects of the PSHE Curriculum are addressed. During this week many visitors and outside organisations will be invited into school to work with pupils, staff and parents.

Financial Education

Each year, St Peter's School arranges a 'Money Week' which runs alongside the national 'My Money Week' organised by 'Young Money' (formerly pfeg). It provides a fantastic opportunity for young people to gain the skills, knowledge and confidence in money matters to thrive in our society.

SRE and Drugs Education

These important issues are addressed in separate policies.

All issues brought up during PSHE and Citizenship will be dealt with in a confidential manner.

Monitoring and Evaluating work

Assessment in PSHE and Citizenship should be active and participatory, helping children to recognise the progress they are making. Children need to reflect on their experiences, ask questions, make judgements and begin to make plans about how to progress and set personal targets. The progress of each child will be recorded according to the assessment policy and the results will be kept in the class assessment folder.

Events linked to the PSHE

Documents used

Keeping Children Safe in Education – (DFE September 2018)

Early Learning Goals

Health for life

Barking and Dagenham scheme of work for key stage 1 and key stage 2

PSHE- Association

Guidance from the Department of Education for PSHE

Dot.Com Scheme