

# RSHE Curriculum Map



## EYFS

Term	Module and Unit	Session Title
Autumn II	EYFS, Module 1, Unit 1	Story Sessions: Handmade With Love
	EYFS, Module 1, Unit 2	Session 1: I Am Me
		Session 2: Heads, Shoulders, Knees and Toes
Spring I	EYFS, Module 1, Unit 3	Session 3: Ready Teddy?
		Session 1: I Like, You Like, We All Like!
		Session 2: Good Feelings, Bad Feelings
Spring II and Summer I	EYFS, Module 1, Unit 4	Session 3: Let's Get Real
		Session 1: Growing Up
		Session 1: Role Model
	EYFS, Module 2, Unit 1	Session 1: Who's Who?
		Session 2: You've Got A Friend in Me
		Session 3: Forever Friends
EYFS, Module 2, Unit 3	Session 1: Safe Inside and Out	
	Session 2: My Body, My Rules	
Summer II	EYFS, Module 3, Unit 1	Session 3: Feeling Poorly
		Session 4: People Who Help Us
		Session 1: God is Love
		Session 2: Loving God, Loving Others
EYFS, Module 3, Unit 2	Session 1: Me, You, Us	

## KS1

### YEAR 1 & 2

Term	Module and Unit	Session Title
Autumn II	KS1, Module 1, Unit 1	Story Sessions: Let the Children Come
	KS1, Module 1, Unit 2	Session 1: I Am Unique
		Session 2: Girls and Boys
		Session 3&4: Clean and Healthy (My Body)
Spring I	KS1 Module 1, Unit 3	Session 1: Feelings, Likes and Dislikes
		Session 2: Feeling Inside Out
		Session 3: Super Susie Gets Angry
	KS1 Module 1 Unit 4	Session 1: The Cycle of Life
Spring II	KS1, Module 2, Unit 1	Session 1: God Loves You
	KS1, Module 2, Unit 2	Session 1: Special People
		Session 2: Treat Others Well...
		Session 3: ...and Say Sorry
Summer I	KS1, Module 2, Unit 3	Session 1: Being Safe
		Session 2: Good and Bad Secrets
		Session 3: Physical Contact
		Session 5: Can You Help Me? (Part 1)
		Session 6: Can You Help Me? (Part 2)
Summer II	KS1, Module 3, Unit 1	Session 1: Three In One
		Session 2: Who is My Neighbour?
	KS1, Module 3, Unit 2	Session 1: The Communities We Live In

# LKS2

YEAR 3 & 4

Term	Module and Unit	Session Title
Autumn II	LKS2 Module 1, Unit 1	Story Sessions: Get Up!
		Session 2: The Sacraments
	LKS2 Module 1, Unit 2	Session 1: We Don't Have to be the Same
		Session 2: Respecting our Bodies
		Session 3: What is Puberty?
		Session 4: Changing Bodies
Spring I	LKS2 Module 1, Unit 3	Session 1: What Am I Feeling?
		Session 2: What Am I Looking At?
		Session 3: I Am Thankful
	LKS2 Module 1, Unit 4	Session 1: Life Cycles
Spring II	LKS2 Module 2, Unit 1	Story Sessions: Jesus, My Friend
	LKS2 Module 2, Unit 2	Session 1: Friends, Family and Others...
		Session 2: When Things Feel Bad
Summer I	LKS2 Module 2, Unit 3	Session 1: Sharing Online
		Session 3: Safe In My Body
		Session 5: First Aid Heroes
Summer II	LKS2 Module 3, Unit 1	Session 1: A Community of Love
		Session 2: What is the Church?
	LKS2 Module 3, Unit 2	Session 1: How Do I Love Others?

## UKS2 YEAR 5

Term	Module and Unit	Session Title
Autumn II	UKS2 Module 1, Unit 1	Story Sessions: Calming the Storm
	UKS2 Module 1, Unit 2	Session 1: Gifts and Talents
		Session 2: Girls' Bodies
		Session 3: Boys' Bodies
	Session 4: Spots and Sleep	
Spring I	UKS2 Module 1, Unit 3	Session 1: Body Image

		Session 2: Peculiar Feelings
		Session 3: Emotional Changes
Spring II	UKS2 Module 2, Unit 1	Session 1: Is God Calling You?
	UKS2 Module 2, Unit 2	Session 1: Under Pressure
Session 2: Do You Want A Piece of Cake?		
Session 3: Self-Talk		
Summer I	UKS2 Module 2, Unit 3	Session 1: Sharing Isn't Always Caring
		Session 2: Cyberbullying
		Session 6: Giving Assistance

Term	Module and Unit	Session Title
Summer II	UKS2 Module 3, Unit 1	Session 1: The <b>Holy</b> Trinity
		Session 2: Catholic Social Teaching
	UKS2 Module 3, Unit 2	Session 1: Reaching Out

## UKS2 YEAR 6

Term	Module and Unit	Session Title
Autumn II	UKS2 Module 1, Unit 1	Story Sessions: Calming the Storm
	UKS2 Module 1, Unit 2	Session 1: Gifts and Talents
		Session 2: Girls' Bodies
		Session 3: Boys' Bodies
	Session 4: Spots and Sleep	
Spring I	UKS2 Module 1, Unit 3	Session 1: Body Image
		Session 2: Peculiar Feelings
		Session 3: Emotional Changes
		Session 4: Seeing Stuff Online YEAR 6 ONLY
	UKS2 Module 1, Unit 4	Session 1: Making Babies (Part 1) YEAR 6 ONLY
		Session 2: Making Babies (Part 2) YEAR 6 ONLY
		Session 3: Menstruation YEAR 6 ONLY
Spring II	UKS2 Module 2, Unit 1	Session 1: Is God Calling You?
	UKS2 Module 2, Unit 2	Session 1: Under Pressure
		Session 2: Do You Want A Piece of Cake?
		Session 3: Self-Talk
	Session 4: <b>Build Others Up YEAR 6 ONLY</b>	
Summer I	UKS2 Module 2, Unit 3	Session 1: Sharing Isn't Always Caring
		Session 2: Cyberbullying
		Session 3: Types of Abuse <b>YEAR 6 ONLY</b>
		Session 4: Impacted Lifestyles <b>YEAR 6 ONLY</b>
		Session 5: Making Good Choices <b>YEAR 6 ONLY</b>
		Session 6: Giving Assistance

Term	Module and Unit	Session Title
Summer II	UKS2 Module 3, Unit 1	Session 1: The <b>Holy</b> Trinity
		Session 2: Catholic Social Teaching
	UKS2 Module 3, Unit 2	Session 1: Reaching Out