



## RSHE

### Statement of Intent

The RSHE Curriculum across the school seeks to prepare children for the rich, diverse and sometimes difficult lives they will face both in school and in the wider world. Through the roots of our curriculum, we provide children with the knowledge they need to show respect to all members of their diverse communities, whilst also developing a profound sense of self-esteem and self-worth: through this, children will be empowered to recognise a variety of issues, such as unhealthy relationships, online conduct or mental/physical health. This will enable them to seek appropriate support and safeguard themselves from any difficulties they may face.

Through our whole-school approach to RSHE, we believe that excellence in these areas will lead to excellence across the curriculum and beyond in later life. RSHE is taught across the school from EYFS - Year 6 on a weekly basis, following the Catholic, diocese approved scheme, **Life to the full**.